

DISCHARGE AT REQUEST

Name	Baby Of SHAYESTA	UHID	HNH-00016537
Father/Guardian	Mr MOHD SAIF KHAN	Age/Gender	0 Y 0 M 0 D 2 H/ Female
Address	8-1-299/b/19 madhur hills shaikpet, Tolichowki, Hyderabad, Telangana, INDIA, 500008		
IP No	IP26-00006824	Admission Date	12-07-2026
Ref Doctor	Self.		
Discharge Date	15.07.2026		

Consultant:
Dr. DILNAAZ FAROOQUI
MBBS DNB
56763

DIAGNOSIS	ICD CODE
LATE PRETERM (36 weeks + 6 days)/AGA/BABY GIRL	

History: Baby Of SHAYESTA is a late preterm (36 weeks + 6 days) baby girl, delivered to a G3P1L1A1 mother by emergency lscs on 12.07.2026 at 11:45 am with birth weight of 2.94 kgs in Rainbow Children's Hospital, Himayatnagar Hyderabad. Baby cried immediately after birth. Apgar scores were 9/10 at 1 min, 10/10 at 5 min. Inj. Vitamin K 1mg IM was given after delivery. Delayed cord clamping done. Fetal presentation was Vertex.

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Maternal History: Mrs. SHAYESTA is a 32 years old G3P1L1A1 mother.
G1 - 2023 - FTNVD, history of GDM on diet and PROM , 2.84kg, A&H.
G2 - 2025 - Spontaneous miscarriage (9⁺⁶ weeks), MERPC done
G3 - Present Pregnancy, Spontaneous conception, had regular Antenatal checkup's, received 2 doses of Injection.Tetanus Toxoid. Antenatal scans were normal. History of Gestational Diabetes Mellitus noted , Antepartum Haemorrhage noted and the mother is a known case of beta thalassemia trait. No history of Pregnancy Induced hypertension/ Urinary Tract Infection/ Hypothyroidism/ Oligohydramnios/ Polyhydramnios/ Prolonged Rupture Of Membranes/ Fever.

Mother's Blood group is B positive. Baby's blood group is B positive.

Examination: Baby was euthermic (36.5 *F), euvolemic and was maintaining saturations at room air. On auscultation of chest, air entry was bilaterally equal with normal heart sounds. Bilateral femoral pulses well felt. Abdomen was soft with no organomegaly. Cry and activity were good. Anterior fontanelle was at level. No obvious external congenital anomalies were noted clinically. All external orifices were patent and open. All neonatal reflexes were normal.

Anthropometry:

Weight at birth : 2.78 kgs.
Weight at discharge : 2.78 kgs.
Head Circumference : 35 cms.
Length : 49 cms.

Investigations: Enclosed reports.

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Management:
Course during hospital:

In view of maternal history of gestational diabetes mellitus, baby's blood sugar levels were serially monitored which remained stable.

Serum bilirubin at 48 hours of life was 11.6 mg/dl with indirect fraction of 11.5 mg/dl. Baby had yellowish discoloration of skin, baby need double surface phototherapy, but parents are not willing for phototherapy. Hence discharge is being given on request, to follow-up in OPD with bilirubin values in 24 hours.

Feeding: Breast feeding was initiated (First feed was given within 30 minutes), but in view of insufficient mother milk / excessive weight loss, measured feeds were started. Baby tolerated the feeds well.

Vaccination: Baby was given following vaccination:

Vaccine Name	Status	Date
BCG	Given	13.07.2026
OPV	Given	13.07.2026
HEPATITIS B	Given	13.07.2026

TEOAE (Transient Evoked Otoacoustic Emissions): Hearing test: Parents not willing.

Newborn screening advanced / Newborn screening-4: Parents not willing.

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SPO2 : 98 % at room air
Red Reflex: Present & Symmetrical
Hip Examination was normal.

Baby tolerating feeds well, hemodynamically stable, passed urine and meconium, hence being discharged with the following advice.

Condition at discharge: Baby is pink, warm, active and on direct breast feeds + measured feeds.

Advice:

Keep the baby clean & warm

Regular breast feeding

Continue direct breast feeds + measured feeds as advised.

Monitor urine output

Immunization as per schedule

Vitamin D3 Drops (1ml/800IU) 0.5ml once daily till further advice (after 5 days of life).

Nasoclear Nasal drops 2 drops in each nostril SOS for nose block.

Plan:

- 1. Newborn screening advanced / Newborn screening-4/ Thyroid function test to be done on followup.**
- 2. Hearing test (TEOAE-Transient Evoked Otoacoustic Emissions) to be done on followup.**
- 3. Serum Bilirubin to be done / decided on followup**

Review consultation with Dr. DILNAAZ FAROOQUI on Thursday(16.07.2026) at Himayatnagar with prior appointment **(Review consultation will be**

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IP No	IP26-00006824	Admission Date	12-07-2026

charged).

Review back to Hospital: If baby is not feeding continuously for > 6 hours, If breathing fast, Fever or poor activity or lethargy, Bluish discolouration of lips, Increase in jaundice, Abnormal movements occurs.

The content of the patient discharge summary, medication, food & drug interaction, care to be provided at home, nutrition, immunization and safe parenting, when and how to obtain emergency care etc also have been explained by doctor in a language that I can understand and I acknowledge.

Parent/ Attender

In case of emergency contact 9154865030 emergency pediatrician on duty.

To take appointment for OPD consultation at Rainbow **Himayatnagar / Banjara Hills / Rainbow Clinic Madhapur / Kukatpally / Vikramপুরi / LB Nagar** dial just one toll free number **18002122**.

You can also take appointments at any time by going **online** to our website **www.rainbowhospitals.in**


Registrar/Resident/C.M.O

Dr. DILNAAZ FAROOQUI



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MBBS DNB
56763

ADMISSION SHEET

Registration Details :



Admission No : IP26-00006824 Admit Date : 12-Jul-2026 Admit Time : 12:40 PM UHID : HNH-00016537

Patient Details :

Patient Name	: Baby Of SHAYESTA	Age	: 0 D
Guardian	: Mr MOHD SAIF KHAN	DOB	: 12-07-2026 11:45 AM
Gender	: Female	Religion	:
Occupation	:	Martial Status	:
Address (H)	: 8-1-299/b/19 madhur hills shaikpet Tolichowki Hyderabad Telangana INDIA 500008	Phone No	: 6281881686/ 9676860646
		E-mail	: shayestavasi@gmail.com

Admission Details :

Bed Type : BASINET Bed No : CRDL-HNPDA-413-1 Ward Name : 4F -OT
Room No : CRDL-HNPDA-413-1 Admission Type : First Visit

Contact Details :

Name : Mr MOHD SAIF KHAN Relationship : Father
Contact Address : 8-1-299/b/19 madhur hills shaikpet Tolichowki Phone No : 6281881686
Hyderabad Telangana INDIA 500008


Signature

Doctor Details :

Doctor Name : Dr. DILNAAZ FAROOQUI Specialisation : GENERAL PEDIATRICS
Referral Doctor : Self. Phone No :
Co-Consultant :

Payment Details :

Deposit Amount : 10000.00
Payment Mode : DC/CC Card Payor Name : SELFPAY

ERROR LOG

LOCATION : OT / Birthing Centre / BirthRight Premium / 3rd Floor (Zone A,B,C) / NICU / PICU /
2nd Floor Ward / Oncology / 1st Floor Wards.

OBSERVATION :

DATE :

SIGNATURE OF MRD INCHARGE / EXECUTIVE

CONSENT FOR FORMULA FEEDS

Patient Name : HNH-00016537 IP26-00006824 Age : Gender : ☐ Male ☐ Female
UHID No : Baby Of SHAYESTA 12-07-2026 0 Y 0 M 0 D 7 H (F)
I Mr / Mrs. : Dr. DILNAAZ FAROOQUI Date :
I aged years, hereby declare that I have
admitted my ☐ son / ☐ daughter in the Neonatal Intensive Care Unit of Rainbow Children's Hospital, Hyderabad on
..... I hereby give consent for formula feed for my child. Doctors have explained me
about the formula feeding benefits, risks, alternatives in the language I best understand.

Patient Attendant :

Signature :
Name : SHAYESTA
Relationship with Patient:
Date & Time :

Witness :

Signature :
Name :
Date & Time :

Doctor (who is taking the consent) :

Signature :
Name :
Date & Time : 12/7/2026 ; 5pm

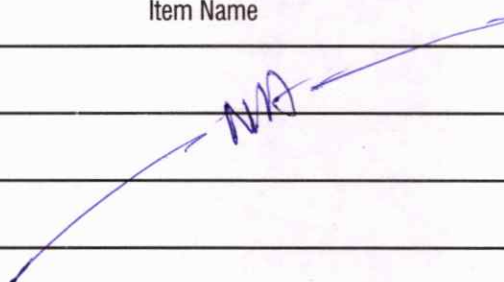
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9

10

PATIENT TRANSFER FORM

Patient Name & UHID No. HNH-00016537 Baby Of SHAYESTA 12-07-2026 Dr. DILNAAZ AROOQUI IP26-00006824 OYOMODOH (F) 		Date & Time of Admission 12/7/26 @ 12:40 PM	Date & Time of Transfer Order 12/7/26 @ 11:20 PM
Transfer Ordered by Dr. Dilnaaz		Reason for Transfer OBG	
From Unit PresPost	To Unit ()	Information to Attendant Yes ☒ No ☐	
Number of Sheets in Clinical File 30	Number of Imaging Films Nil	Personal belongings including clinical documents. If any handed over to attendant Yes ☐ No ☒ If yes, what ?	
Medications / Consumables / Surgicals / Hand over			
Sl.No.	Item Name	Quantity	
1.			
2.			
3.			
4.			
5.			
Shifting Summary / Notes Written by Doctor : Yes ☒ No ☐			
Name & Signature of Person who is Transferring Mouni Ka		Name of Person Ordered Transfer Dr. Anusha	
Patient & Clinical Records Received by : Dina @ 4:30 PM 13/1/26			
Date & Time of Patient Received :			

If the transfer order time & Completion time is more than 30 minutes, please tick the reason mentioned below :

☐ Unavailable Bed

☐ Nurse not Available

☐ Available Bed not ready

[illegible]



NEONATAL IN-PATIENT MEDICAL RECORD

ADMISSION INFORMATION

Mother's Name: Shayesta Age: 32y Father's Name: Age:
 Date of Birth: 12/7/2026 Date of Admission: 12/7/26 UHID No.:
 NICU Consultant: Referring Consultant:
 Transferring Unit: ☒ OT ☒ Labour Room ☐ ER ☐ Ward
 Transported? ☐ Yes ☐ No - If yes: ☐ Long (> 30 kms) ☐ Short (< 30 kms)

BIRTH INFORMATION

Name: B/o Shayesta Mother's Blood Group: B+
 Gender: ☐ M ☒ F Blood Group: Birth Weight (gms): 2940gm Length (cms):
 Date of Birth: 12/7/26 Time of Birth: 11:45AM OFC (cms):
 Place of Birth: RCH, HmNR Estimated Gesth Age: 36+6w

Current Obstetric History: (Booked / Unbooked Case)

Maternal Age: 32y Ht: Wt: BMI: Married Life: LMP: 27/10/2015 EDD: 3/8/26

Conception: Spontaneous or with Rx:

Booked at what GA: AN Steroids Drugs / Doses:

Last Scans Details: SLUG 35+4w Vp Pl. Previa Low os IAP 15 cm

TT Immunization and Iron / Folic Acid: ✓

MATERNAL RISK FACTORS

Age: ☐ <18 yrs ☐ >35yrs

Consanguinity: ☐ Yes ☐ No

If yes, degree of consanguinity: ☐ 1 ☐ 2 ☐ 3

H/o PIH (after 20 weeks) / PE

How many Drugs / Doses / Since how long:

H/o value of recent BP recording, proteinuria, edema,

oliguria, any investigations (LFT, platelet count):

IUGR - when detected:

Doppler (Increased Resistance / ADEF / REDF /

Redistribution in MCA) / Ductus Venosus:

AFI:

H/o GDM/ pre GDM/ on diet or insulin

Controlled or not, recent values, HbA1 values:

GDM on diet

Compliance with Rx:

Scans: LGA, TIFFA, Fetal Echo:

H/o Hypothyroidism: when diagnosed? Medication?

Any other Chronic Medical Problems, when detected

drugs? 2 Bthal trait

(Anemia, SLE, Jaundice, CHD, Heart Disease)

Infection: H/O, Fever

(☐ Malaria ☐ UTI ☐ TORCH ☐ TB ☐ HIV ☐ HBV)

UTI: when: Any culture:

PPROM: Duration: ☐ Uterine Tenderness ☐ Foul Smelling Liquor ☐ HVS (if taken) - Results:

Bleeding per vaginum: 1 hour & clots

Medication during Pregnancy: Duration:



PAST OBSTETRIC HISTORY

3 P: 1 A: 1 L: 1

Sl. No.	Age	GA wks	B. W	Gender	Significant	Details
		G1	3840		A&H. GDM ~ 36w	SUB SVB / ROW
		G2			SP miscarriage	
		G3			PP	

PERINATAL HISTORY

Treating Obstetrician : Hospital : ☐ Inborn ☐ Outborn

Duration of Labour

First stage (> 18 hours sig)

Second stage (> 2 hours after dilation)

LSCS : ☐ Elective ☒ Emergency Indication : APH

Specify the reason :

Augmentation of Labour : ☐ Induced ☐ Assisted Vaginal

CTG : ☐ Normal ☐ Suspicious ☐ Pathological

MSL :

Resuscitation : ☐ Yes ☐ No

Cord ABG :

Placenta : (weight, surface, No. of cotyledons, calcifications, malformations, clots etc :

NEONATAL RESCUSTITION DETAILS

APGAR SCORE

Gestational Age : Weeks :

SIGN	0	1	2
COLOUR	Blue or Pale	Acrocyanotic	Completely Pink
HEART RATE	Absent	< 100 Minutes	> Minutes
REFLEX IRRITABILITY	No Response	Grimace	Cry or Active Withdrawal
MUSCLE TONE	Limp	Some Flexion	Active Motion
RESPIRATION	Absent	Weak Cry; Hypoventilation	Good, Crying

TOTAL

1 Minute	5 Minutes	10 Minutes
9/10	10/10	

Resuscitation

Minutes	1	5	10
Oxygen			
PPV / NCPAP			
ETT			
Chest Compressions			
Epinephrine			

Comments :

POSTNATAL / HISTORY OF PRESENT ILLNESS

Chief Complaints :

late preterm / AGA / E pl. previa / GDM on diet / Bthal trait
 36+6w / APH



History of Present Illness.

Pre term | G3 P, L, A, 1 | B. thal | GDM | CAPH
36+6 | Pre SUB | trait | on diet |

↓
E m. LSCS

↓
Cried imm After birth

↓
Cry, Tone, Colour Activity - Good -

↓
Initial steps done

↓
Shift to mother's
Side

Investigation details in previous Hospital :

Feeding History :



Family History :

Socio Economic History :

GENERAL EXAMINATION ON ADMISSION

General Disposition :

fair

VITALS : Temperature : 36.5 HR : 168 RR : 30 NIBP : CFT : 13 sec

Color of the extremities : Acrocyanosis

Jaundice : Pallor : SpO2 : 96+

Anthropometry : Birth Weight : 2990 Length : HC : Present Weight :

Ponderal Index : AGA : SGA : LGA :



HEAD TO TOE EXAMINATION

HEAD :
 Fontanelles :
 Sutures
 Shape / Moulding :
 Edema / Bruising :
 Size - (H.C.) :

} (n)

Facies :
 (Any Facial
 Dysmorphism)

NO

**NECK and
 CLAVICLES :**

Range of Motion :
 Asymmetry :
 Masses :

} (n)

EYES :

Symmetry : *Asymmetrical*
 Red Reflex : *→ Not done*
 Discharge : *NO*

**EARS, NOSE
 MOUTH and
 THROAT :**

Ear set / Shape :
 Periauricular Pits / Tags :
 Nasal shape / Patency :
 Palate :
 Gums :
 Lips :
 Tongue :

} normal.

**THORAX and
 BREASTS :**

Shape of Thorax :
 Position of Nipples and Number :

} normal.

**ABDOMEN and
 UMBILICUS :**

Shape :
 Organomegaly :
 Bowel Sounds :
 Umbilical Stump : *— 2A+IV*
 Discharge : *no*

} (n)

GENITALIA :

Labia / Hymen :
 Testicles/penis :
 Anus :

(n) female Genitalia
— patent

HERNIAL ORIFICES

n

TRUNK and SPINE :

} n

SKIN LESIONS :

no

EXTREMITIES :

Fingers / Toes :
 Arms / Legs :
 Deformities :
 Mobility :
 Hip Joint Examination :

} normal

no DPH



SYSTEMIC EXAMINATION

Respiratory System :

Breathing Pattern : ☒ Regular ☐ Periodic ☐ Shallow ☐ Gasping

Mention If baby has Respiratory distress : RR : SCR / ICR / See - Saw breathing :

Scoring of respiratory distress if present (Silverman or Downe's) :

Mention if baby is on : ☐ Hood box ☐ CPAP ☐ Ventilator

Settings :

Spo2 : 96+ Auscultation : clear Breath Sounds : NOBS Added Sounds : NO

Cardiovascular System :

HR : 156/min BP : Precordial Activity :

Femoral Pulses : 11 weak feet Murmurs :

Other Peripheral Pulses : Signs of Cardiac Failure :

Abdomen :

Shape : (n) Hernia orifice :

Palpation : soft Anal Patency : patent

Palpable masses : Umbilical Cord : 2A+IV

Abdominal girth : First urine passed : 1 NO

Nervous System : Higher intellectual functions (Sensorium) : Junc

State of wakefulness :

Prechtle Score :

Nerves :

Junc Cry

Tone Good

Motor System :

Passive Tone : Junc Activity

Active Tone : Junc

Neonatal Reflexes :

Grasp : ☐ Palmar ☐ Plantar ☐ Sucking ☐ Rooting ☐ Crossed adductor :

Moro's : DTR :

ATNR : Skull and Spine :



Any Congenital Anomalies :

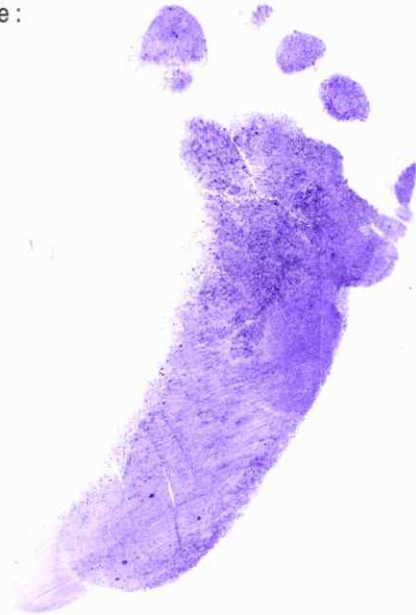
Diagnosis : Late Preterm | 1 Dm | AGA | GDM on diet | APH
36+6 | ♀ | in mother

FOOT PRINTS

Left Side :



Right Side :



Resident Doctor :

Signature : [Signature]

Name : Dr. Drabanti

Date & Time : 12/7/26

Consultant :

Signature : [Signature]

Name : Dr. Dilneez

Date & Time : 13/7/26

PLEASE FILL UP THE FOLLOWING DETAILS

1. Name of the referring Doctor :
2. Name of the referring Hospital :
Address :
Contact Numbers :
3. Contact Details of the referring Doctor :
Mobile No. : E-mail ID :
4. Name of the Doctor in Rainbow Team :
..... on whose name the patient is being referred.



AT THE TIME OF TRANSFER TO THE WARD

Final Diagnosis :

Present Issues :

Vital : ☐ HR : ☐ RR : ☐ BP : ☐ SP02 : Weight :

Any Oxygen requirement :

Systemic :

Medications :

Plan during ward follow up :

- Re
- DBF q 2H. (if not able to feed d/t ^{Gr}).
 - spoon feed 14ml q 2H.
 - vaccination
 - Inj. Vit K 0.5ml IM

investigations

1) GRBS
0, 2, 6, 12, 24, 48, 72 hrs. of life

2) Blood Grouping

12 pm
2 pm
6 pm

12 am] 18/7/26

12 pm] 19/7

12 pm] 15/7

12 pm] 16/7

Feeding Plan at the time of shifting :

Screenings done during NICU Stay :

NSG :

Hearing Screen :

ROP :

TFT :

NP2 :

HNH-00016537

IP26-00006824

Baby Of SHAYESTA

12-07-2026

O Y O M O D O H (F)

Dr. DILNAAZ FAROOQUI



DATE :

NEWBORN ANOMOLY ASSESSMENT CHECKLIST

S.NO	ASSESSMENT PARAMETERS	CHECKED BY REGISTRAR	CHECKED BY CONSULTANT	REMARKS
1.	Palate	NO cleft	no cleft palate	
2	Pre natal teeth	no	Nil.	
3	Anal opening	Patent	Patent anal orifice	
4	Genitalia	Female ^{Labia} (n)	(n) Female genitalia	
5	Spine	(n)	(n)	
6	Red reflex	not checked	Red reflex seen in both eyes	
7	4 limb saturation (before discharge)		Equal in all 4 limbs	

Ped.Registrar signature

Ped.Consultant signature

Date & Time	Progress Notes	Doctor's Order
12/7/26 6pm	ulb ex. oradim 36+6 10m / pleuritic pneumonia c APH	β Thal resist
	- feeds ✓ - urine ✓ - did not pass stool yet	
	OK enthusiastic U/A: good ex: flat men (A) URT 2 sec slt - (N)	<u>Plan</u> 1) warm case 2) DBF every 2nd h flb sleeping 3) ct. YRBS monitoring 4) vaccination to be done 5) monitor mlats <u>Noted by</u>



PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
13/7/26	cls/b Dr. Dilnaaz	
10:30 AM	Late PT (3Lfb) / AHA/funde / IDM	
	pink, anemic.	
	Log Time Activity (N)	Plan
		- Warm Care.
		- Trace baby's blood sp.
		- HRBS monitoring as per orders.
	PE - vitals stable.	
	PE - NAL.	
	Head to toe examination - (N)	
13/7/26	BIG op HepB } given	- SBI NSI OAT } @ 48#0L. - check 4 link 902
		Dilnaaz
	Dr. DILNAAZ FAROOQUI Reg. No: 38285	

HNH-00016537

IP26-00006824

Baby Of SHAYESTA

12-07-2026

0 Y 0 M 2 D

(F)

Dr. DILNAAZ FAROOQUI



Rainbow
Children's
Hospital
It takes a lot to treat the little.

BirthRight™
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
14/7	CS/B Dr. Pranam / Dr. Prashanthi	
7:00 AM	Late PT / 36°C / En LSCS (APM) / C/AB / GDM on Diet	
		Mat - B Thal Tran
	T-Wt - 2780	m) B+
	↓ - 160g	B
	% - 5.4+	
	Baby on DBF + FF	Ph
	Baby Birthmarks	1) SBR } 11:45 AM
	Vitals stable	NBS
	Cry } Good	DBF
	Tone } Good	2) DBF x16 bumping
	Activity } Good	3) To check red heels
		4) Monitor Vitals
	Urine & Stool - Passed	
		Ph
		noted by sv. Sandhya
		14/7/26



PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
14/7 9:00 AM	CLIS Dr. Dilnaz LPT Em LSC CIAB ZDM. Active C/TIA - Good RLS NAD PIA Urine & stool passed B/L red reflex - present.	Plan SBR NBS/TFT OAG 11:45 AM. DBF for keeping 2nd hourly warmth care Noted by Divya 14/7/26
14/7 2:00 PM	CLIS Dr. Naipunya / Dr. Archana LPT AGA ZDM em LSC Active C/TIA - Good RLS NAD PIA	Plan Trace SBR, TFT, OAG DBF 2nd hourly for keeping warmth care Noted by Divya 14/7/26

HNH-00016537

IP26-00006824

Baby Of SHAYESTA

12-07-2026

0 Y 0 M 2 D

(F)

Dr. DILNAZ FAROOQUI



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Your Right to a Safe Delivery

PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
14/7/26 4 PM	C/S Dr. Dilnaz SBR - 11.6 Adv - Start DSPT now.	✓
14/7 4:30 PM	C/S Dr. Dilnaz LPT / AGA / IDM Euthermic CIT / A - Good Vitals - Stable RLS / NAD PIA	Plan Start DSPT DBF 2nd hauls jhs burying plan d/s tomorrow plan SBR during follow up Noted by Divya 14/7/26 Dr. DILNAZ FAROOQUI Reg. No: 35655 Signature
	Baby BG } BPOS Mother BG }	

HNH-00016537

HNH-00016537
Baby Of SHAYESTA

12-07-2026

Dr. DILNAAZ FAROOQ

IP26-00006824

(F)



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Date & Time	Progress Notes	Doctor's Order
19/7/26 7 AM	S/D Dr. Sreyha / Dr. Nazim Δ hok prebu (36 wk + 6d) / FIC JAB	
	Further	PG
	T. wt 2.78 kg Same wgt /	DBK + Bupry 2mg L
	CS - S, S, S R - BU - AIB	Plan discharge
	PHA 50h r TAGood	SBR on flap
		Plan discharge
		noted by Sr. Sanchy 15/7/26 7 AM

Patient Sticker

PROGRESS NOTES AND DOCTOR'S ORDER

[illegible]

Patient Sticker



PROGRESS NOTES AND DOCTOR'S ORDER

[illegible]



INFANT (<1 year)
Children's Observation &
Early Warning Scoring

Rainbow®
Children's
Hospital
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EARLY WARNING SCORE: CHILDREN'S UNIT

Date: 12/7/26 Time: 12pm 2pm 3pm 4pm 5pm 6pm

Doctor/Nurse/Family Concern?

Temperature
(°F)

104
103
102
101
100
99
98
97
96
95
94

36.5°C

36.5°C

*

*

*

*

Heart Rate
(bpm)

190
180
170
160
150
140
130
120
110
100
90
80
70
60
50

and

Blood Pressure
(mmHg) *

*

*

*

*

*

*

Note:

BP does not score
in early
warning scoring

Heart Rate (Number)

154

160

150

142

140

144

Resp. Rate (bpm)
(Over 1 Minute) *

70
60
50
40
30
20
10

*

*

*

*

Resp Rate (Number)

46

56

55

40

41

44

Resp Mod/ Severe
Distress None / Mild

Receiving O₂(l/min)
O₂Saturations (%)

99%

99%

97%

99%

99%

99%

Conscious Level
Normal
Altered

GCS *

TOTAL SCORE

Number of shaded boxes

Pain Score

Observer's Initials

Score 1 : Continue normal observation by staff nurse

Score 2 : Shift in charge nurse to be informed and continue hourly observations

Score 3 : Shift in charge AND ER doctor/Floor Registrar to see and half hourly to hourly Observation to continue.

Score 4 : Shift in charge AND treating consultant(till 8 PM) or On call night duty consultant to see

Score 5 & 6 : Shift incharge and PICU /NICU fellow or PICU/NICU consultant to be informed

ACTIONS

NB: Scores 3 should be
recorded overleaf

* NB: If GCS is below 12 or the Oxygen requirement is >3 Lit./min. , then irrespective of rest of the score, the Nurse MUST inform the PICU team.

CHILDREN'S OBSERVATION and EARLY WARNING SCORING TOOL

INSTRUCTIONS:

- The paediatric Early Warning Score i) seeks to identify the abnormal physiological finding seen during serious childhood illnesses and ii) offers a method to interpret such physiological derangements with clearly defined actions, ensuring that suitably experienced staff are involved with the care of the sickest children.
- The Early Warning Score does not replace clinical experience and acumen and should not be relied upon for such purpose.
- 6 clinical parameters are assessed and recorded as part of the child's routine clinical observation, providing a Early Warning Score between 0-6 (Higher Early Warning Score are seen in sicker children)
- Detailed actions are described according to increasing Early Warning Score.
- Some children with complex medical needs e.g. cyanotic heart disease may require modification to their trigger thresholds/ action plan- this should follow discussion with senior colleagues.
- Any Early Warning Score of 3 or above should be recorded below with details of any subsequent action initiated

Record Details when EARLY WARNING SCORE > 3			Record Time of Review and Plan		
Date	Time	Early Warning Score	Date	Time	Name

- If at any time additional help is required, call help – regardless of the Early Warning Score!
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The SBAR communication tool (situation, background, assessment, recommendations) is a helpful mnemonic that can be used to describe a child's clinical condition to a colleague.

I	IDENTITY: I am (name), a nurse on ward (X). I am calling about (child X)
S	SITUATION: I am calling because I am concerned that ... (e.g. BP is low/high, pulse is XXX, Temperature is XX, Early Warning Score is XX)
B	BACK GROUND: Child (X) was admitted on (XX date) with (e.g. respiratory infection). They have had (X operation/ procedure/ investigation). Child (X)'s condition has changed in the last (XX mins). Their last set of observations were (XXX). The child's normal condition is ... (e.g. alert/ drowsy/ confused, pain free)
A	ASSESSMENT: I think the problem is (XXX) and I have ... (e.g. given O2/ analgesia, stopped the infusion), OR I am not sure what the problem is but child (X) is deteriorating, OR I don't know what's wrong but I am really worried.
R	RECOMMENDATION: I need you to ... come to see the child in the next (XX mins) AND Is there anything I need to do in the meantime ? (e.g. stop the fluid/ repeat observation)



INFANT (<1 year)
 Children's Observation &
 Early Warning Scoring Chart

EARLY WARNING SCORE: CHILDREN'S UNIT

Date: 13/7	Time: 10 am	2 pm	6 pm	10 pm	2 am	6 am
Doctor/Nurse/Family Concern?						
Temperature (°F)	96.8	98.2	97.8	98.3	97.8	98.3
Heart Rate (bpm)	130	138 bpm	140 bpm	140 bpm	142 bpm	146 bpm
Blood Pressure (mmHg) *	140	140	140	140	140	140
Resp. Rate (bpm) (Over 1 Minute) *	36	30 bpm	40 bpm	40 bpm	40	41
Receiving O ₂ (l/min)	0.9	0.9%	100%	100%	100%	100%
O ₂ Saturations (%)	99	99%	100%	100%	100%	100%
Conscious Level	Normal	Normal	Normal	Normal	Normal	Normal
GCS *	15	15	15	15	15	15
TOTAL SCORE	0	0	0	0	0	0
Number of shaded boxes	0	0	0	0	0	0
Pain Score	0	0	0	0	0	0
Observer's Initials	e	e	e	e	e	e

ACTIONS

NB: Scores 3 should be recorded overleaf

- Score 1 : Continue normal observation by staff nurse
- Score 2 : Shift in charge nurse to be informed and continue hourly observations
- Score 3 : Shift in charge AND ER doctor/Floor Registrar to see and half hourly to hourly Observation to continue.
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HNH-00016537 IP26-00006824

Baby Of SHAYESTA

12-07-2026

0 Y 0 M 2 D

(F)

Dr. DILNAZ FAROOQUI

FRM / CLINICAL / 124

INFANT (<1 year)

Children's Observation &
Early Warning Scoring Chart

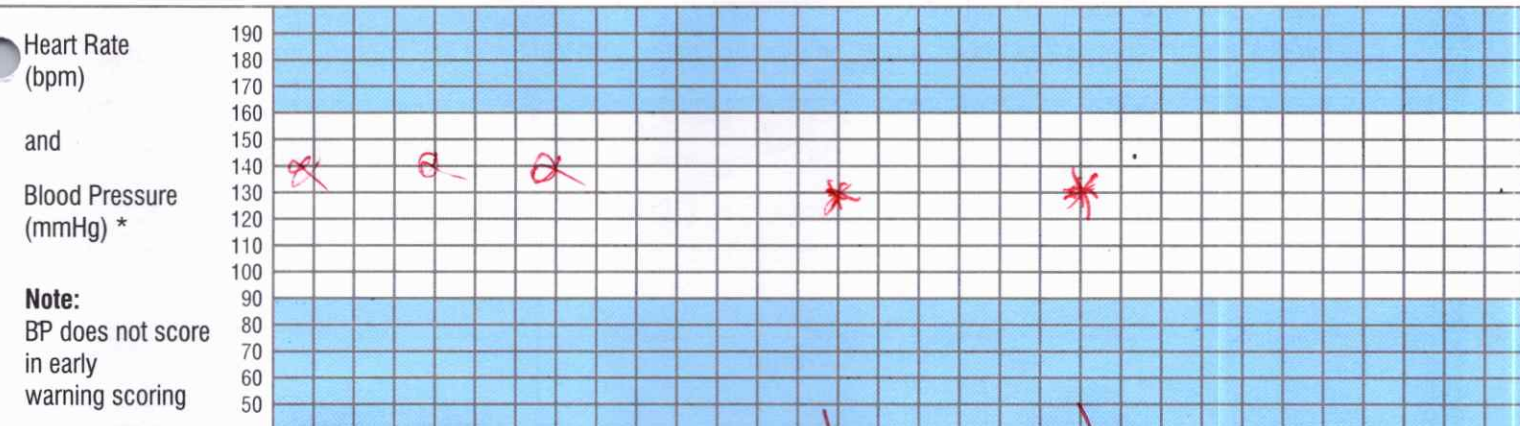
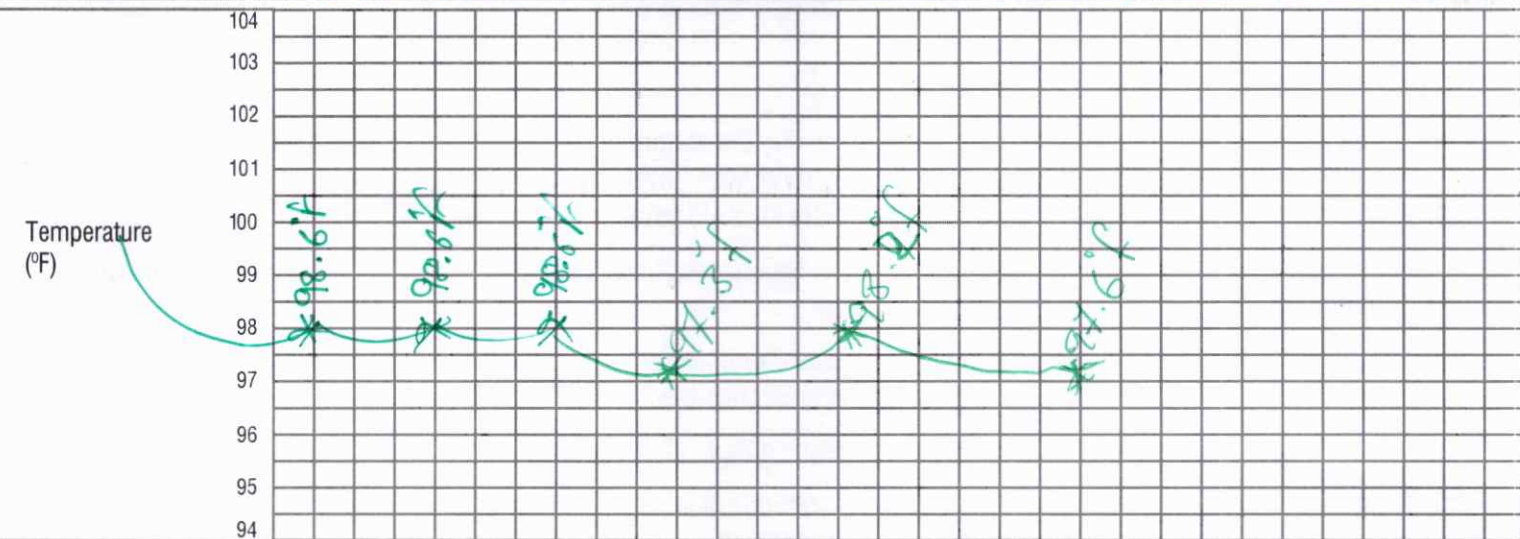
Rainbow®
Children's
Hospital
It takes a lot to treat the little.

BirthRight™
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

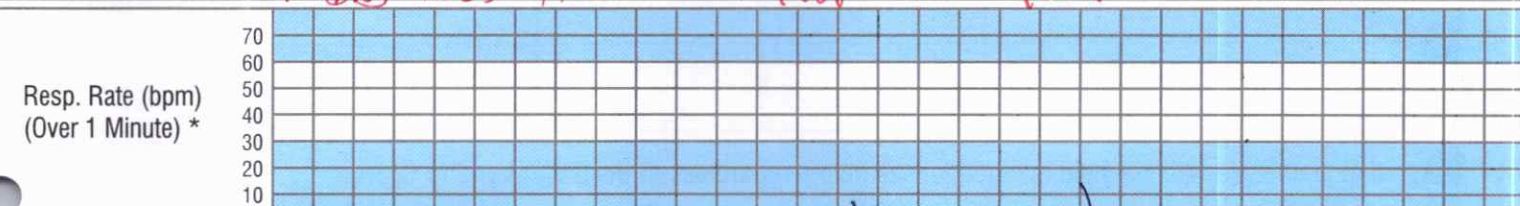
EARLY WARNING SCORE: CHILDREN'S UNIT

Date: 14/7/26 Time: 10 AM 2 PM 6 PM 10 PM 2 AM 6 AM

Doctor/Nurse/Family Concern?



Heart Rate (Number)



Resp Rate (Number)

Resp Mod/ Severe Distress None / Mild

Receiving O₂ (l/min) O₂ Saturations (%)

Conscious Level Normal / Altered

GCS *

TOTAL SCORE

Number of shaded boxes

Pain Score

Observer's Initials

ACTIONS

Score 1 : Continue normal observation by staff nurse

Score 2 : Shift in charge nurse to be informed and continue hourly observations

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FLUID CHART

Sheet No. : ①

1. All measurements in ml.
2. Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

		Intake			Output					IV Site Thrombo- phlebitis Score	Sign. Nurse	
Date	Time	Nature of Fluid	Route			NG	Diarrhoea	Vomit	Drainage	Urine		
			Mouth	I.V	N.G							
12/7/26	08:00 am											
	09:00 am											
	10:00 am											
	11:00 am											
	12:00 pm	DBF										
	01:00 pm											
Total Intake :					Total Output : not passed							
12/7/26	02:00 pm											
	03:00 pm	DF (1ml)										
	04:00 pm											
	05:00 pm	DBF										
	06:00 pm											
	07:00 pm	DBF										
Total Intake : taken					Total Output : not passed							
(2) 12/7	08:00 pm	DBF										
	09:00 pm	DBF										
	10:00 pm	FF 15ml										
	11:00 pm											
	12:00 am	DBF										
	01:00 am	FF (30ml)										
Total Intake : Taken					Total Output : passed							
12/7	02:00 am											
	03:00 am	DBF										
	04:00 am	FF (30ml)										
	05:00 am											
	06:00 am	DBF										
	07:00 am	FF (30ml)										
Total Intake : Taken					Total Output : passed							

Total 24 hrs. Intake

Total 24 hrs. Output

FLUID CHART

Sheet No. : ①

- All measurements in ml.
- Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

		Intake				Output					IV Site Thrombo- phlebitis Score	Sign. Nurse	
Date	Time	Nature of Fluid	Route			NG	Diarrhoea	Vomit	Drainage	Urine			
			Mouth	I.V	N.G								
13/6/26	08:00 am												
	09:00 am	DBF+FF					✓		✓	0			
	10:00 am												
	11:00 am	DBF+FF											
	12:00 pm												
	01:00 pm	DBF+FF											
Total Intake :						Total Output :							
13/7/26	02:00 pm						✓						
	03:00 pm	DBF+FF											
	04:00 pm												
	05:00 pm	DBF+FF											
	06:00 pm												
	07:00 pm	DBF+FF											
Total Intake : taken						Total Output : pulled							
13/7/26	08:00 pm	DBF+FF											
	09:00 pm												
	10:00 pm	DBF+FF											
	11:00 pm												
	12:00 am	DBF+FF											
	01:00 am												
Total Intake :						Total Output : U-2 M-							
14/7/26	02:00 am	DBF+FF											
	03:00 am												
	04:00 am	DBF+FF											
	05:00 am												
	06:00 am	DBF+FF											
	07:00 am												
Total Intake :						Total Output : U-2-M-B							

Total 24 hrs. Intake

Total 24 hrs. Output

HNH-00016537 IP26-00006824
 Baby Of SHAYESTA
 12-07-2026 0 Y 0 M 0 D 0 H (F)
 Dr. DILNAZ FAROOQUI



FLUID CHART

Sheet No.

1. All measurements in ml.
2. Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

Date	Time	Nature of Fluid	Intake			Output					IV Site Thrombo-phlebitis Score	Sign. Nurse
			Mouth	I.V	N.G	NG	Diarrhoea	Vomit	Drainage	Urine		
14/7/26	08:00 am	1									1	
	09:00 am	DBF + FF									1	
	10:00 am	0								0		
	11:00 am	1								0		
	12:00 pm	1								1		
	01:00 pm	DBF + FF								1		
Total Intake : <u>taken</u>						Total Output : <u>U-2 M-1</u>						
	02:00 pm	1									1	
	03:00 pm	DBF + FF									1	
	04:00 pm	0								0		
	05:00 pm	1								0		
	06:00 pm	1								1		
	07:00 pm	DBF + FF								1		
Total Intake : <u>Taken</u>						Total Output : <u>U-2 M-1</u>						
14/7/26	08:00 pm	1									1	
	09:00 pm	DBF + FF									1	
	10:00 pm	0								0		
	11:00 pm	1								1		
	12:00 am	1								1		
	01:00 am	DBF + FF								1		
Total Intake : <u>Taken</u>						Total Output : <u>U-2 M-1</u>						
15/7/26	02:00 am	1									1	
	03:00 am	DBF + FF									1	
	04:00 am	0								0		
	05:00 am	1								1		
	06:00 am	1								1		
	07:00 am	DBF + FF								1		
Total Intake : <u>Taken</u>						Total Output : <u>U-2 M-1</u>						

Total 24 hrs. Intake

Total 24 hrs. Output

Patient Sticker

FLUID CHART

Sheet No. :

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		Intake				Output					IV Site Thrombo- phlebitis Score	Sign. Nurse
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	10:00 am											
	11:00 am											
	12:00 pm											
	01:00 pm											
Total Intake :						Total Output :						
	02:00 pm											
	03:00 pm											
	04:00 pm											
	05:00 pm											
	06:00 pm											
	07:00 pm											
Total Intake :						Total Output :						
	08:00 pm											
	09:00 pm											
	10:00 pm											
	11:00 pm											
	12:00 am											
	01:00 am											
Total Intake :						Total Output :						
	02:00 am											
	03:00 am											
	04:00 am											
	05:00 am											
	06:00 am											
	07:00 am											
Total Intake :						Total Output :						

Total 24 hrs. Intake

Total 24 hrs. Output



NURSING CARE RECORD

Date: 12/7/26

Goals

- ☒ Maintain Airway and Oxygenation
- ☒ Relieve Pain & Discomfort
- ☒ Maintain Fluid Balance
- ☒ Improve Activity Tolerance
- ☒ Maintain Good Nutritional Status
- ☒ Maintain Skin Integrity
- ☒ Maintain Personal Hygiene
- ☒ Prevent Infection
- ☒ Meet Elimination Needs
- ☒ Ensure Safety
- ☒ Early Ambulation Reduce Anxiety
- ☒ Patient & Family Education
- ☒ Identify Potential Complications
- ☒ Any Others. Specify.....

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning	8am	Plan for vitals	8am	vital checked & recorded.			
	2pm	Plan for DBF Plan for warm care.	2pm	provided DBF provided warm care.	→ vitals is normal	→ vitals is normal	Mumila
Afternoon	2pm	Assess the baby condition.	2pm	Assess of the baby condition			
	8pm	DBF and my & bustrian maintain SLO chart & ewmf	8pm	monitored the vitals & ewmf maintained SLO chart & ewmf → P standing my	baby is stable	maintain SLO chart & ewmf	Akib
Night	8pm	plan for vitals	8pm	vitals Normal			
	8am	plan for DBF plan for warm care plan for SLO chart	8am	DBF given warm care given SLO chart maintained.	Stable	Normal	Amushed

Patient Sticker

NURSING CARE RECORD

Date: 13/2

Goals

- | | | | | | |
|---|---|---|--|---|---|
| ☐ Maintain Airway and Oxygenation | ☒ Relieve Pain & Discomfort | ☐ Maintain Fluid Balance | ☒ Improve Activity Tolerance | ☐ Maintain Good Nutritional Status | ☐ Maintain Skin Integrity |
| ☐ Maintain Personal Hygiene | ☐ Prevent Infection | ☐ Meet Elimination Needs | ☐ Ensure Safety | ☐ Early Ambulation Reduce Anxiety | ☐ Patient & Family Education |
| ☐ Identify Potential Complications | | | | | |
| ☐ Any Others. Specify..... | | | | | |

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning	8AM to 2P	→ Assess the baby condition → monitor vitals → maintain I&O	8AM to 2P	→ assessed the baby condition → monitored vitals → maintained I&O	Now pt is stable	Re-checked	meah tu
Afternoon				day duty			
Night		→ Assess the pt condition → monitored vitals → maintain I&O chart → PBF + H 2nd hourly		→ Assess the pt condition → Monitored vitals → maintain I&O chart	Now pt is stable	Re-checked	meah

HNH-00016537 IP26-00006824
 Baby Of SHAYESTA
 12-07-2026 0 Y 0 M 0 D 15 H (F)
 Dr. DILNAZ FAROOQUI



NURSING CARE RECORD



Date: 14/7/26

Goals

- ☐ Maintain Airway and Oxygenation
- ☐ Relieve Pain & Discomfort
- ☐ Maintain Fluid Balance
- ☐ Improve Activity Tolerance
- ☐ Maintain Good Nutritional Status
- ☐ Maintain Skin Integrity
- ☐ Maintain Personal Hygiene
- ☐ Prevent Infection
- ☐ Meet Elimination Needs
- ☐ Ensure Safety
- ☐ Early Ambulation Reduce Anxiety
- ☐ Patient & Family Education
- ☐ Identify Potential Complications
- ☐ Any Others. Specify.....

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning	8am 2pm	→ Assess the baby condition → monitor vitals → maintain glo chart → baby DBT + FF 2nd hourly	8am 2pm	→ Assessed the baby condition → monitored vitals & recorded → maintained glo chart → baby DBT + FF 2nd hourly → warm case	→ baby is stable	→ rechecked vitals	Qm
Afternoon		Day					
Night	8pm 8am	→ Assess the patient general condition → monitor vitals → Administer medication as per doctor's orders	8pm 8am	→ Assessed the patient general condition, → monitored vitals → Administered medications as per doctor's orders.	Baby is stable	Rechecked vitals	Sh

Patient Sticker

NURSING CARE RECORD



Date:

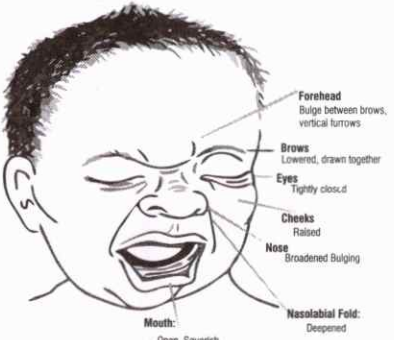
Goals

- | | | | | | |
|---|--|---|---|---|---|
| ☐ Maintain Airway and Oxygenation | ☐ Relieve Pain & Discomfort | ☐ Maintain Fluid Balance | ☐ Improve Activity Tolerance | ☐ Maintain Good Nutritional Status | ☐ Maintain Skin Integrity |
| ☐ Maintain Personal Hygiene | ☐ Prevent Infection | ☐ Meet Elimination Needs | ☐ Ensure Safety | ☐ Early Ambulation Reduce Anxiety | ☐ Patient & Family Education |
| ☐ Identify Potential Complications ☐ Any Others. Specify..... | | | | | |

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning							
Afternoon							
Night							



NEONATAL PAIN AGITATION SEDATION SCORE (N-PASS)

Assessment Criteria	Sedation		Normal	Pain / Agitation		Date	Date	Date	Date	Date	Date	Date	Date
	-2	-1	0	1	2	Time	Time	Time	Time	Time	Time	Time	Time
						12/7/26	12/7/26	12/7/26	12/7/26	12/7/26	12/7/26	12/7/26	12/7/26
						Time	Time	Time	Time	Time	Time	Time	Time
						12	N	M6	2PM	nr	nr		
						Procedure →							
Crying Irritability	No Cry with painful stimuli	Moans or cries minimally with painful stimuli	Appropriate crying Not irritable	Irritable or crying at intervals consolable	High-pitched or silent-continuous cry Inconsolable	0	0	0	0	0	0	0	0
Behavior State	No arousal to any stimuli No spontaneous movement	Arouses minimally to stimuli Little spontaneous movement	Appropriate for gestational age	Restless, squirming Awakens frequently	Arching, kicking constantly awake or Arouses minimally / no movement (not sedated)	3	0	0	0	NA	NA	NA	
Facial Expression	Mouth is lax No expression	Minimal expression with stimuli	Relaxed Appropriate	Any pain expression intermittent	Any pain expression continual	0	0	0	0	NA	NA	NA	
Extremities Tone	No grasp reflex Flaccid tone	Weak grasp reflex decreased muscle tone	Relaxed hands and feet Normal Tone	Intermittent clenched toes, fists or finger splay Body is not tense	Continual clenched toes, fists, or finger splay Body is tense	0	0	0	0	NA	NA	NA	
Vital Signs HR RR, BP, SaO₂	No variability with stimuli Hypoventilation or apnea	Less than 10% variability from baseline with stimuli	Within baseline or normal for gestational age	Increase 10-20% from baseline SaO ₂ 76-85% with stimulation - quick recovery	Increase greater than 20% from baseline, SaO ₂ less than or equal to 75% with stimulation - slow recovery Out of sync or fighting ventilator	7	0	0	0	NA	NA	NA	
 Premature Pain Assessment: Scoring +3 if less than 28 weeks gestation age / Corrected Age +2 if 28 - 31 weeks gestation age / Corrected Age +1 if 32 - 35 weeks gestation age / Corrected Age Intervention Deep Sedation: Score = -10 to -5 Light Sedation: Score = -5 to -2 Pain Score less than or equal to 3 - No Intervention Pain Score greater than 3 - Intervention						Gestational Age / Corrected Age	36	36	36	36	36		
						Total Pain / Agitation Score	1	1	1	1	1		
						Intervention	1	1	1	1	1		
						Effectiveness	1	1	1	1	1		
						Signature							

NPASS: Neonatal Pain, Agitation & Sedation Scale

	Sedation	Pain / Agitation
How to use	- Observe the infant for a minute before selecting a score for each behavior. - Stimulate the infant and observe and select a score for each behavior. - Select only one numeric value (Highest) per behavior.	- Observe the infant for a minute before selecting a score for each behavior. - Select only one numeric value per behavior.
Scoring/ Documentation	- Sedation scores are negative scores only - Add the scores from the 5 individual behavior areas to generate a total NPASS Sedation score. (Do not add points for correcting gestational age) - NPASS Sedation total score has a range from 0 to -10 possible. - Document total NPASS Sedation score in the medical record.	- Pain/Agitation scores are positive scores only - Determine if scoring needs to be adjusted based on the patient's gestational age. See Premature Pain Assessment criteria. - Add the scores from the 5 individual behavior areas and for corrected gestational age (if indicated) to generate a total NPASS Pain/Agitation score. - NPASS Pain/Agitation total score has a range from 0 to 13 possible. - Document the total NPASS Pain/Agitation score in the medical record
Interpretation	- Desired levels of sedation vary according to the situation. - Discuss and determine sedation goal with provider. "Deep sedation": goal score of -10 to -5 - Deep sedation is not recommended unless an infant is receiving ventilator support, related to the high potential for hypoventilation and apnea "Light sedation": goal score of -5 to -2 - Reassess patient per frequency in local sedation policy - A negative score without the administration of opioids/ sedatives may indicate: - The premature infant's response to prolonged or persistent pain/stress - Neurologic depression, sepsis, or other pathology	- Does not provide pain intensity rating. - Any score greater than 3 indicates the possibility of the presence of pain in the infant - Continue evaluation to determine individualized patient interventions (non-pharmacological and pharmacological). - Reassess patient per frequency of local pain policy. - If upon reassessment, the NPASS pain/agitation total score remains consistent or higher, consider pharmacologic intervention.

HNH-00016537

IP26-00006824

Baby Of SHAYESTA

12-07-2026

OYOMODOH (F)

Dr. DILNAAZ FAROOQUI



BRADEN 'Q' SCALE

Rainbow
Children's
Hospital
It takes a lot to treat the little.

BirthRightTM
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

					Date :	12/22	12/27	12/28	1/3/26
					Time :	8:00 AM	6:00 AM	1:00 PM	
Mobility	1. Completely immobile: Does not make even slight changes in body or extremity position without assistance.	2. Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.	3. Slightly limited: Makes frequent through slight changes in body or extremity position independently.	4. No limitations: Makes major and frequent changes in position without assistance.	2	2	2	2	
"Activity The degree of physical activity"	1. Bedfast : Confined to bed	2. Chairfast : Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair."	3. Walks occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. All patients too young to ambulate; OR walks frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during walking hours.	2	2	2	2	
Sensory Perception	1. Completely limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation, OR, limited ability to feel pain over most of the body surface.	2. Very limited: responds to only painful stimuli, cannot communicate discomfort except by moaning or restlessness; OR, has sensory impairment that limits the ability to feel pain or discomfort over half of body.	3. Slightly limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned; OR, has some sensory impairment that limits ability to feel pain, or discomfort in one or two extremities.	4. No impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.	4	2	2	2	
Moisture Degree to which skin is exposed to moisture	1. Constantly moist: Skin is kept moist almost constantly by perspiration, urine, drainage, etc. Dampness is detected every time patient is moved or turned.	2. Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.	3. Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.	4. Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.	4	4	2	2	
FRICTION-SHEAR Friction Occurs when Skin moves against support surfaces Shear Occurs when skin and adjacent bony surface slide across one another	1. Significant problem: Spasticity, contracture, itching, or agitation leads to almost constant thrashing and friction.	2. Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.	3. Potential problem: Moves freely or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints, or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.	4. No apparent problem: Able to completely lift patient during position change, moves in bed and in chair independently and has sufficient muscle strength to life up completely during move. Maintains good position in bed or chair at all times."	3	3	3	2	
Nutritional Usual food intake pattern	1. Very Poor: NPO/or maintained on clear liquids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings or meat or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement.	2. Inadequate: Is on liquid diet or tube feedings/TPN, which provides inadequate calories and minerals for age OR albumin < 3 mg/dl OR rarely eats a complete meal and generally eats only about half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.	3. Adequate: Is on tube feedings or TPN, which provide adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered.	4. Excellent: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.	4	3	3	3	
Tissue Perfusion & Oxygenation	1. Extremely compromised: Hypotensive (MAP < 50 mm Hg; < 40 in a newborn) or the patient does not physiologically tolerate position changes.	2. Compromised: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is < 7.40.	3. Adequate: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be 2 seconds; serum pH is normal.	4. Excellent: Normotensive, oxygen saturation > 95%; normal hgb; capillary refill < 2 seconds.	3	3	4	4	
Severe Risk : less than 9 High Risk : 10-12 Moderate Risk : 13-14 Mild Risk : 15-18 Not at Risk: 19-23									
Docu. No. : RCH /FRM / CLINICAL / 119									
					TOTAL SCORE	26	20	20	20
					Evaluator's Name	⑩	②	④	②

Risk Score	Category	Action	Support Surfaces (Please Note: Only required for children who are deemed at risk due to altered mobility, consider occupation therapy referral for advice)
15-18	At Risk	• Regular Turning Schedule • Enable as much activity as possible • Protect the heels • Use pressure redistribution surfaces • Manage moisture, friction and shear • Advance to a higher level of risk if other major risk factors are present	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
13-14	Moderate Risk	• Use the Same Protocol as for “At Risk” Patients • Position patient at 30 degree lateral incline using foam wedges	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
10-12	High Risk	• Follow the same protocol as for “Moderate Risk” Patients • In addition to regular turning schedule • Make small shifts in their position frequently	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
Less than 9	Severe Risk	• Use same protocol as for “High Risk” Patients • Add a pressure redistribution surface for patients with severe pain or with additional risk factors.	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay

BRADEN 'Q' SCALE

					Date :	13/7	13/7	14/7/26	14/7/26
					Time :	2PM	2PM	MS	MS
Mobility	1. Completely immobile: Does not make even slight changes in body or extremity position without assistance.	2. Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.	3. Slightly limited: Makes frequent through slight changes in body or extremity position independently.	4. No limitations: Makes major and frequent changes in position without assistance.	4	4	4	4	
"Activity The degree of physical activity"	1. Bedfast : Confined to bed	2. Chairfast : Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair."	3. Walks occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. All patients too young to ambulate; OR walks frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during walking hours.	4	4	4	4	
Sensory Perception	1. Completely limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation, OR, limited ability to feel pain over most of the body surface.	2. Very limited: responds to only painful stimuli, cannot communicate discomfort except by moaning or restlessness; OR, has sensory impairment that limits the ability to feel pain or discomfort over half of body.	3. Slightly limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned; OR, has some sensory impairment that limits ability to feel pain, or discomfort in one or two extremities.	4. No impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.	4	4	4	4	
Moisture Degree to which skin is exposed to moisture	1. Constantly moist: Skin is kept moist almost constantly by perspiration, urine, drainage, etc. Dampness is detected every time patient is moved or turned.	2. Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.	3. Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.	4. Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.	4	4	4	4	
FRICTION-SHEAR Friction Occurs when Skin moves against support surfaces Shear Occurs when skin and adjacent bony surface slide across one another	1. Significant problem: Spasticity, contracture, itching, or agitation leads to almost constant thrashing and friction.	2. Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.	3. Potential problem: Moves freely or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints, or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.	4. No apparent problem: Able to completely lift patient during position change, moves in bed and in chair independently and has sufficient muscle strength to life up completely during move. Maintains good position in bed or chair at all times."	4	4	4	4	
Nutritional Usual food intake pattern	1. Very Poor: NPO/or maintained on clear liquids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings or meat or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement.	2. Inadequate: Is on liquid diet or tube feedings/TPN, which provides inadequate calories and minerals for age OR albumin < 3 mg/dl OR rarely eats a complete meal and generally eats only about half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.	3. Adequate: Is on tube feedings or TPN, which provide adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered.	4. Excellent: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.	2	4	4	4	
Tissue Perfusion & Oxygenation	1. Extremely compromised: Hypotensive (MAP < 50 mm Hg; < 40 in a newborn) or the patient does not physiologically tolerate position changes.	2. Compromised: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is < 7.40.	3. Adequate: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be 2 seconds; serum pH is normal.	4. Excellent: Normotensive, oxygen saturation > 95%; normal hgb; capillary refill < 2 seconds.	2	4	4	4	
Severe Risk : less than 9 High Risk : 10-12 Moderate Risk : 13-14 Mild Risk : 15-18 Not at Risk: 19-23					TOTAL SCORE	26	26	26	26
Docu. No. : RCH / FRM / CLINICAL / 119					Evaluator's Name	R	df	D	S

Risk Score	Category	Action	Support Surfaces (Please Note: Only required for children who are deemed at risk due to altered mobility, consider occupation therapy referral for advice)
15-18	At Risk	• Regular Turning Schedule • Enable as much activity as possible • Protect the heels • Use pressure redistribution surfaces • Manage moisture, friction and shear • Advance to a higher level of risk if other major risk factors are present	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
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10-12	High Risk	• Follow the same protocol as for "Moderate Risk" Patients • In addition to regular turning schedule • Make small shifts in their position frequently	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
Less than 9	Severe Risk	• Use same protocol as for "High Risk" Patients • Add a pressure redistribution surface for patients with severe pain or with additional risk factors.	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay



NURSING SHIFT HAND OVER FORM - WARD

Treating Doctor: Department: Date of Admission:

SITUATION	Diagnosis:		Any Infection: ☐ Yes ☐ No ☐ Not Known If Yes Specify:						
	New born baby								
BACKGROUND	Area	Shift Time	12/7 AB	12/7 N	13/7 NB	13/7 N	14/7/26 NB	15/7/26 NB	
	Medical Condition (Any special condition to be noted):		DBF	DBF	:	-	-	-	
ASSESSMENT	Allergy:		☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	
	Tubes/Drains/Catheter:		☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	
	Vital Signs:	Temp:	98.5	98.6	98	98	-	-	
		Res:	24	40	40	40	-	-	
		SpO ₂ :	99%	99%	99	99%	99%	99%	
		Pulse:	144	140	130	140	130b/m	135b/m	
		BP:	-	-	-	-	-	-	
	Fall Risk Score:		-	-	-	-	-	-	
Pain Score:		-	-	-	-	-	-		
Recommendations	Safety Needs:		-	-	-	-	-		
	Physiotherapy		☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	
	Others Specify:		-	-	-	-	-		
	Special Diet:		☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	☐ Yes ☒ No	
	Other Special Orders / Medications:		-	-	-	-	-		
Post Operative Procedure Special Orders:		-	-	-	-	-	-		
Handed Over By Name :		Mounika		Anshu		Madi		Madi	
Signature :		12/7		12/7		13/7		14/7/26	
Date:		2pm		8pm		8pm		8pm	
Time:		2pm		8pm		8pm		8pm	
Taken Over By Name :		Anshu		Madi		Madi		Madi	
Signature :		01/8/26		13/7		14/7/26		14/7/26	
Date:		13/7		13/7		14/7/26		14/7/26	
Time:		8pm		8pm		8pm		8pm	

NURSING SHIFT HAND OVER FORM - WARD

Treating Doctor: Department: Date of Admission:

SITUATION	Diagnosis:		Any Infection: ☐ Yes ☐ No ☐ Not Known If Yes Specify:				
BACKGROUND	Area						
	Shift Time						
	Medical Condition (Any special condition to be noted):						
ASSESSMENT	Allergy:	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Tubes/Drains/Catheter:	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Vital Signs:	Temp:					
		Res:					
		SpO ₂ :					
		Pulse:					
		BP:					
		Fall Risk Score:					
		Pain Score:					
Recommendations	Safety Needs:						
	Physiotherapy	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Others Specify:						
	Special Diet:	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Other Special Orders / Medications:						
Post Operative Procedure Special Orders:							
Handed Over By Name :							
Signature :							
Date:							
Time:							
Taken Over By Name :							
Signature :							
Date:							
Time:							



NURSING DEPARTMENT

NEWBORN - NURSING ASSESSMENT FORM

(Select and 'tick mark' [✓] the boxes as applicable)

Baby's Name: Mother's Name:

Date of Birth: 12/7/26 Time of Birth: 11:45 AM Gender: ☐ Male ☒ Female

Birth Weight: 2.940 kg Kgs HC: cm Length: cm

Meconium in Liquor: ☐ Yes ☐ No Cried at Birth: ☐ Yes ☐ No

Term / Pre-term / Post-term:

Resuscitated: ☐ Yes ☒ No Blood Group: Mother: Baby:

Feeding: ☒ Breast Feeding ☐ Formula ☐ Both First Feed Time:

AFFIX MOTHER'S
IDENTIFICATION LABEL

Mode of Delivery: ☐ Normal ☒ LSCS - Emergency/ Elective ☐ Instrumental ☐ AVD

Indication:

Physical Assessment of New Born:

Temp: 36 °C HR: 144 /Min RR: 44 /Min BP: SpO₂: 99%

Pain Score: (Follow N Pass)

Fall Risk Assessment: ☐ Yes ☒ No Score: (Fill the Humpty Dumpty Sheet)

Risk in Pressure Sore: ☐ Yes ☒ No (Braden Q Score) (Fill the Braden Q Sheet)

Behaviour Status on admission: ☐ Sleeping ☒ Crying ☐ Calm ☐ Drowsy

Findings:

General Appearance: Posture: ☒ Well-Flexed ☐ Asymmetry

Skin: ☒ Pink ☐ Meconium Stain ☐ Others, Specify:

Nursing Management: (Please strike through if not applicable e.g. Yes / ~~No~~)

Vitamin K 1 mg I.M Administered: ~~Yes~~ / No

Routine Care Provided: Yes / ~~No~~

Capillary Blood Glucose Monitoring Done: Yes / ~~No~~

Neonatal Screening Done: Yes / ~~No~~

1. Nutritional Screening: Feeding Problem Yes / ~~No~~

2. Functional Screening: Musculoskeletal Congenital Abnormality Yes / No

3. Socio History: Siblings Yes / ~~No~~

All information obtained from ☒ Mother ☐ Father ☐ Other Family Member

Newborn Screening Discussed: Yes / ~~No~~

Nurse Name: Mannika

Signature: Mannika

Date & Time: 12/7/26
@ 12 AM

GENERAL CONSENT FOR TREATMENT

Patient Name: Baby Of SHAYESTA Age : 0 Y 0 M 0 D 1 H
IP No: IP26-00006824 Sex: Female
Consultant: Dr. DILNAAZ FAROOQUI Ward/Bed No: 4F -OT/CRDL-HNPDA-413-1

The undersigned patient and I or responsible relative or person hereby consent to and authorize Rainbow Hospitals doctors and medical personnel to perform medical examinations, conduct routine investigations and administer medical treatments, outpatient procedures, minor dressings, vaccinations and immunizations during the course of the patient's care, as in patient.

Patient, be deemed advisable or necessary.

I understand that the confidentiality of all medical records shall be protected to the full extent of the Law. The undersigned also consent to the use of health related information/ audiovisuals of the patient for research & training purpose or for insurance coverage and while doing so confidentiality of the patient will be maintained at all times and this will not affect the care of the patient.

In giving my general consent to treatment, I understand that I retain the right to refuse any particular examinations, test, procedure, treatment, therapy or medication recommended or deemed medically necessary by treating doctors. I also understand that the practice of medicine is not an exact science and that no guarantee have been made to me as the results of my evaluation and I or treatment.

I understand that I shall not bring valuables to the Hospitals and that the Hospital will not be responsible for the loss, destruction or theft of my personal belongings. I assume full responsibility for all my personal items and release the Hospital from responsibility and liability for such personal items and valuables.

"I am aware that during the patient care it is inevitable that certain re-useable equipment shall be re-used after sterilization and disinfection. I am informed that the hospital assures maximum level of precaution and care in sterilizing and disinfecting the equipment and monitors the whole process as per evidence based guidelines".

Note:

1 We do not allow use of medication brought from outside by the patient.

2 I have received attendant passes as per my room category. I understand that I have to return it back at the time of final bill clearance. In case of failing the submission, I will pay 200/- Rs.

Receivers Signature:.....)

3 IP Guide book has been given to me and I have been explained about the Hospitals rules and policies.

4 Financial and billing counseling has been done to me.

Husband
Signature of Patient/Relative:

Name: MOHAMMAD SAIFUDDIN KHAN

Relationship: Husband Father

Date: 12/07/26

Time: 12:40 Pm

Witness Name:

Witness Signature:

Patient Address:

8-1-299/b/19 madhur hills shaikpet
Tolichowki Hyderabad Telangana
INDIA 500008

HNH-00016537 IP26-00006824
Baby Of SHAYESTA
12-07-2026 0 Y 0 M 0 D 1 H (F)
Dr. DILNAAZ FAROOQUI



BILLING POLICY

- **Billing cycle:** - With effective from 1st January 2020, Our billing cycle to be start from 12 PM to 12 PM, Settlement post 12 PM, room rent will be charge for half day extra & post 6 pm, it will be charge for full day. Less than 24 hours stay will be considered as one day.
- As per the GOI guidelines, we can collect Rs 1,99,999/- only in cash mode, balance patient can pay through Card tpain the event of TPA/ Cashless denial or approval not received due to any reason then hospital tariff will be applicable and any discount or special rates given to TPA's / corporates won't be applicable.
- If the surgery / scans performed in Emergency hours (8pm - 7am), public holiday and on Sunday will be charged TPA processing charges Rs.720 for every TPA route cases.
- All charges vary as per Room category, except Pharmacy and consumables.
- We follows a "No Discounts Policy" kindly cooperate.
- No Duplicate/Second copy of OP OR IP bill is issued.
- ICU/Ward Charges DO NOT INCLUDE - Air Mattress, Monitor, Consultants/ Specialty Doctors Visit, Infusion/syringe pump, Ventilator/C pap, Oxygen, Investigations, Procedures, Consumables, Medicines or any other bedside equipment's/devices etc. (Detailed list can be taken from billing department).

Patient attendant can collect for Interim/provisional bill of the patient from the billing section on daily basis. Interim Bill shall be based on the acknowledged services in HIS. Final Bill of the patient may vary from the Interim bill based on actual update taken on the day of discharge. It is requested that patients/attendants inquire daily about the bill amount from billing section and pay the outstanding as on that day.

Patient bill outstanding should not be increase more than 10,000/-

You are requested to clear your outstanding amount on daily basis before 12 PM.

MODE OF PAYMENT & REFUNDS

- We accept payments by cash (up to Rs 1,99,999/- only), cards, online transfer and Demand Drafts.
- All refund more than Rs.2,000/- will be refund through NEFT in three Bank working days.

Name & signature of Patient/Attendant

(Signature of Admission Desk executive)

NOTE: Self - attested Govt. ID proof is mandatory whosoever is signing the undertaking.

RAINBOW CHILDREN'S MEDICARE PRIVATE LIMITED

Registered Office: Road No.2, Banjara hills, Near Hotel Park Hyatt, Hyderabad - 500 034, T: +91 40 2233 4455.

Corporate Office: 8-2-19/1/A, Daulet Arcade, Karvy Line, Road No.11, Banjara Hills, Hyderabad - 500 034.

Branches : BANJARA HILLS - T: 2233 4455 | VIKRAMPURI - T: 4246 2200 | KONDAPUR - T: 4246 2400 | MADHAPUR
- T: 6464 2020 | KUKATPALLY - T: 4246 2300 | L B NAGAR - T: 7111 1333 | MARATHAHALLI, BENGALURU - T: +91 80
7111 2345 | BANNERGHATTA ROAD, BENGALURU - T: +91 80 2551 2345, HIMAYATNAGAR- T: 40 48873000