

Name Mrs M KUSUMA KUMARI **UHID** HNH-00016225
Father/Guardian Mr M PRAKASA RAO **Age/Gender** 71 Y 1 M 18 D/ Female
Address 508,ASHOKA AMBER RESIDENCY 1-9-296, Vidyanagar, Hyderabad, Telangana, INDIA, 500044
IP No IP26-00006729 **Admission Date** 03-07-2026
Ref Doctor Self.
Discharge Date 03.07.2026

DISCHARGE SUMMARY

Consultant:

Dr. INDIRA RANI Y
MBBS, DGO
700113

Diagnosis: POST MENOPAUSAL WOMEN WITH POST MENOPAUSAL BLEEDING

DIAGNOSTIC HYSTEROSCOPY+ CURETTAGE DONE ON 03.07.2026

History: She presented with complaints of postmenopausal bleeding, 1 episode associated with passage of clots lasting for 1-2 days,changing 1-2 pads/day. USG done on 26.06.2026 showed Uterus measuring 7.2cmx4.1cms,Thickened endometrium measuring 16.7mm,Heterogenous,Hyperechoic,vascularity present.She was admitted for Diagnostic hysteroscopy and polypectomy.

Menstrual History:- LMP- Menopausal 12 years back , LCB-44 years
Previous cycles: Regular

Obstetric History: P2L1A1 with NVD

Medical History: k/c/o Hypothyroidism since T. Thyronorm 25mg, k/c/o HTN since 20 years on T.Telma H 40/12.5mcg once daily, k/c/o DM since 1 year on T.Glimipride + Metformin 500mg twice daily, K/c/o dyslipidemia in T.Rosuvas Gold + Clopidogrel 75mcg once daily

Surgical History: H/O D&C for misscarriage

Family History: Mother-DM and HTN

Allergies: Nil

Investigations: Enclosed.

Name	Mrs M KUSUMA KUMARI	UHID	HNH-00016225
IP No	IP26-00006729	Admission Date	03-07-2026

Blood group: "O" Positive

Surgery Notes: DIAGNOSTIC HYSTEROSCOPY+ CURRETTAGE

Indication: POSTMENOPAUSAL BLEEDING

Operative findings:

- Cervical canal normal.
- Uterine cavity- Endometrium thickened and vascular.
- Mound of endometrium (white) in posterior wall.
- Curettage done and sample sent for HPE.
- Curettage are vascular .
- Adequate hemostasis achieved .
- Patient shifted out in stable condition.

Post-Operative Notes: She was closely monitored in postoperative period. Her vital signs remained stable. She was encouraged to ambulate and void spontaneously. she as shifted to room. Her general condition was satisfactory and she was found to be fit for discharge. medication were explained to patient supplemented by written information.

Advice:

1. Tab. Taxim O 200mg (Cefixime 200mg) twice daily till 07.07.2026 (9am - 9pm) after food.
2. Tab. Drotin 40mg SOS for pain after food.
3. Tab. Pantodac 40 mg (Pantoprazole 40mg) once daily (7am) before food till 07.07.2026
4. Tab. Zincovit once daily (2pm) for 1 month after food.
5. Tab.Cobinorm Plus twice daily (8am-8pm) for 1 week
6. Collect HPE report
7. Continue all previous medications.

Review consultation with Dr. INDIRA RANI Y, after **1 week** on **11.07.2026** with **HPE report** in Gynec OPD (**Review consultation will be charged**).

The content of the patient discharge summary, medication, food & drug interaction, care to be provided at home, nutrition, when and how to obtain emergency care etc also have been explained by doctor in a language that I can understand and I acknowledge.


Patient/ Attender

In case of emergency like bleeding, fever kindly contact 9154865045 at Rainbow Children's Hospital just dial one toll free number - 18002122. You can

Name	Mrs M KUSUMA KUMARI	UHID	HNH-00016225
IP No	IP26-00006729	Admission Date	03-07-2026

also take appointments at any time by going online to our website **www.rainbowhospitals.in**


Registrar/Resident/C.M.O

Consultants :
Dr. INDIRA RANI Y
MBBS, DGO, DNB
700113

ADMISSION SHEET



Registration Details :

Admission No : IP26-00006729 Admit Date : 03-Jul-2026 Admit Time : 11:39 AM UHID : HNH-00016225

Patient Details :

Patient Name	: Mrs M KUSUMA KUMARI	Age	: 71 Y 1 M 18 D
Guardian	: Mr M PRAKASA RAO	DOB	: 15-05-1955
Gender	: Female	Religion	:
Occupation	:	Martial Status	:
Address (H)	: 508,ASHOKA AMBER RESIDENCY 1-9-296 Vidyanagar Hyderabad Telangana INDIA 500044	Phone No	: 9440051628/ 9441083236
		E-mail	: NA@GMAIL.COM

Admission Details :

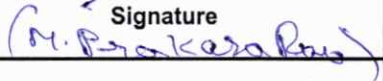
Bed Type : TWIN SHARING Bed No : PPO-419 Ward Name : 4F -OT
Room No : PPO-419 Admission Type : First Visit

Contact Details :

Name : Mr M PRAKASA RAO Relationship : W/O
Contact Address : 508,ASHOKA AMBER RESIDENCY 1-9-296 Phone No : 9440051628
Vidyanagar Hyderabad Telangana INDIA 500044



Signature



Doctor Details :

Doctor Name : Dr. Y.INDIRA RANI Specialisation : OBSTETRICS AND GYNECOLOGY
Referral Doctor : Self. Phone No :
Co-Consultant :

Payment Details :

Deposit Amount : 50000.00
Payment Mode : Cash Payor Name : SELFPAY

ACTIVITY RECORD FOR BILLING

Name : _____

UHID No. : _____ Consultant: _____ Dept : _____

Date of Admissi _____ Date of Discharge : _____ Time: _____

Room / Bed No : _____ Ward : _____ Suggested Billable bed type : _____

WARD TRANSFERS

Date	Time	From	To	Signature of Nurse
3/7/26	12:55 PM	Pre-post	OT	Ashwin / Karun
3/7/26	1:15 PM	OT	Pre-Post	Karun

Cross Consultation Visit

	Doctors Name	Date	Order No.	Signature
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

INVESTIGATIONS

[illegible]

MEDICAL EQUIPMENT (WARD & ICU)

[illegible]

[illegible]

Signature

[Handwritten signature]

Arshi

Prepared By :

Billing Supervisor

HNH-00016225 IP26-00006729
 Mrs M KUSUMA KUMARI
 15-05-1955 71 Y 1 M 18 D (F)
 Dr. Y.INDIRA RANI



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I.F. ADMISSION SHEET FOR GYNECOLOGY

Date of Admission : Time of Admission :

Allergies: ☒ Not know any drug allergies

PRESENTING COMPLAINTS :

P.clo postmenopausal bleeding
 1 episode - on 26/8/26. at a passage of lot
 lasting for 1-2 days.

USG. done

Planned for Diagnostic Hysteroscopy
 & Biopsy.

MENSTRUAL HISTORY

Year of Marriage : 5 yrs
 Previous Periods : Irreg cycles - Regular
 LMP : Menopause 12 yrs back
 Contraception : Nil

OBSTETRIC HISTORY

Parity : P₂L₂A₁
 Mode of Delivery : NVD
 Last Child Birth : LCB - 44 yrs

PAST MEDICAL HISTORY

Hypothyroidism → T. Thyroxine 25mg
 (Feb/Mar/2026) x 20 d → stopped
 HTN : 20y (on Rp)
 DM : 1 y (on ORA)

PAST SURGICAL HISTORY

D9 C

FAMILY HISTORY:

~~N/A~~
Mother - DM & HTN

MEDICATION HISTORY:

7. Telma H - 40/125 - OD
7. Amlipride + Met - BD
7. Rosuvastatin
Clopidogrel - 75mg
MVS

INITIAL ASSESSMENT:

Date <u>3/7/26</u>	Breasts	Local/Speculum Examination
Ht. _____ Wt. _____	(N)	(N) N/A
BMI _____		
B.P. <u>138/60</u> HR <u>67</u> bpm	Abdominal Examination	Bimanual Pelvic Examination
Pallor <u>(-)</u>	Soft	N/A
CVR <u>S₁S₂ (+)</u>		
Respiratory System <u>R/L NVRS</u>		
Thyroid <u>(N)</u>		

PROVISIONAL DIAGNOSIS: P₂L₂ / Postmenopausal ± PMB.

INVESTIGATIONS ORDERED

Blood Group - O⁺

HIV
HbSAg
RPR] NR.

GRBS
↓
142 ng/dl.

Hb - 12.2g/dl
Plt - 4 Lk.
WBC - 10.5 Lc.

USG (26/6/26)

Ut - 4.2 x 4.1 cm.

Hyperechoic areas.

CT - 16.7 mm, thickened endometrium

± hyperechoic cystic area + EMV irregular.

R/O ovaries - (N)

PLAN OF MANAGEMENT

Diagnostic Hysteroscopy + Polypectomy

- Informed consent
- Prepare pants
- Inform OT / Anesthetist
- Shift to OT on call
- PAC.
- GRBS.

→ ? Submucosal fibroid polyp
? Endometrial polyp
? Hyperplasia

Name of the Doctor: Dr. Indira Rani

Signature of Doctor: [Signature]

Date & Time: 3/7/26 @



PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
3/7/26 1:20 PM	<u>Pod-0</u> Pt is stable, No clb c/s fair, Afebrile BP- PR- SpO ₂ - P/A - Soft W/C - NAD.	<u>cls/B Dr. Veema</u> <u>Adv</u> - NBM x 3-4 hrs - Vital monitoring - Encourage to void - Cont. all medications at c/s - Drugs as charted - w/ excessive bleeding P/v - Inform SOS.
3/7/26 3pm	C/s/b @ Mom's <u>Pod-0</u> Cc for Aflores vitals Stable P/A Soft	<u>Adv</u> - Aflores s/s > 3:30pm - Drugs as charted - W/ vitals & BP - Can be discharge - Send file for Processing by Anamika

Patient Sticker



PROGRESS NOTES AND DOCTOR'S ORDER

[illegible]



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HNH-00016225
Mrs M KUSUMA KUMARI
15-05-1955
Dr. Y.INDIRA RANI
71 Y 1 M 18 D (F)
IP26-00006729

THEATER NOTES

Patient's Name :

Age : Gender :

UHID :

Weight :

Surgeon : DR. INDIRA RANI Asst. Surgeon :

Anesthetist : DR. VINETHA OT Nurse : S/M BALU

Surgical Procedure : DIAGNOSTIC HYSTEROSCOPY + CURRETTAGE.

Indications for Surgery : POSTMENOPAUSAL BLEEDING.

Date : Start Time : End Time :

PRE-OPERATIVE PREPARATION :

* Under Strict aseptic precautions, pt. kept in
Lithotomy position

OPERATION NOTES:

* Cervical canal - Normal
* Thicker Uterine cavity - Endometrium thickened &
vascular

Mound of endometrium (white) in posterior wall
- Curettage done and sample sent for HPE.
- Curettings are vascular.

* Adequate hemostasis achieved

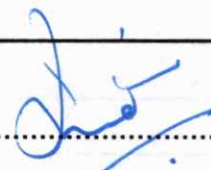
* Pt. shifted out in stable condition.

POST - OPERATIVE ORDERS :

- NBM for 2-4 hours
- Encourage to void
- Vital monitoring
- T. Taxim - O 300mg BD x 5 days
- T. Pan 400mg OD x 5 days
- T. Combinorm Plus BD x 1 week.

Dr. Indira Rani

Consultant Surgeon's Name



Consultant Surgeon's Signature

Date : 3/7/25 Time :

SURGICAL SAFETY CHECKLIST

Surgeon : Dr. Indira Rani
Asst. Surgeon : Dr. S. Pruthi
Anaesthetist : Dr. S. Pruthi
Scrub Nurse : Dr. S. Pruthi

Patient No. : HNH-00016225
UHID No. : IP26-00006729
Date : 3/7/16 Time : 12:38 PM

Gender : Female
Age : 71 Y 1 M 18 D
Time : 1:15 PM

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Before Induction of Anaesthesia >>

SIGN IN	Time: <u>12:20 PM</u>
Patient Has Confirmed	
Identity	☒ Yes ☐ No
Site	☒ Yes ☐ No
Procedure	☒ Yes ☐ No
Consent	☒ Yes ☐ No
Site Marked	☒ Yes ☐ No ☐ NA
Anaesthesia Safety Check Completed	☒ Yes ☐ No
Pulse Oximeter on Patient & Functioning	☒ Yes ☐ No
Does Patient have a:	
Known Allergy?	☐ Yes ☒ No
Difficult Airway / Aspiration Risk?	
Yes, & Equipment / Assistance Available	☒ Yes ☐ No
Risk of > 500ml Blood Loss (7ml/kg In Children)?	
Yes, and Adequate Intravenous Access and Fluids Planned	☐ Yes ☒ No ☐ NA
Blood Units Reserved	☐ Yes ☒ No ☐ NA
Has Antibiotic Prophylaxis been given within the last 60 minutes?	
	☒ Yes ☐ No ☐ NA
Signature : <u>Dr. M. Vinod Kumar</u>	
Name : <u>Dr. M. Vinod Kumar</u>	

Before Skin Incision >>

TIME OUT	Time: <u>12:38 PM</u>
Confirm all team members have introduced themselves by Name and Role	
☒ Yes ☐ No	
Surgeon, Anaesthesia Professional and Nurse Verbally Confirm	
Correct Patient (Check ID Band)	☒ Yes ☐ No
Correct Site	☒ Yes ☐ No
Correct Procedure	☒ Yes ☐ No
Anticipated Critical Events	
Surgeon Reviews:	
What are the Critical or Unexpected Steps, Operative Duration, Anticipated Blood Loss? <u>critical dissection</u>	
☒ Yes ☐ No ☐ NA	
Anaesthesia Team Reviews:	
Are There Any Patient-specific Concerns? ☒ Yes ☐ No ☐ NA	
Nursing Team Reviews:	
Has Sterility (including indicator results) Been Confirmed? are there Equipment issues or any Concerns? ☒ Yes ☐ No ☐ NA	
Is Essential Imaging Displayed?	
☐ Yes ☐ No ☐ NA	
Signature : <u>Ravina</u>	
Name : <u>Ravina @ 12:38 PM</u>	

Before Patient Leaves Operating Room

SIGN OUT	Time:
Nurse Verbally Confirms with the Team:	
The Name of the Procedure Recorded	☒ Yes ☐ No
That Instrument, Sponge and Needle Counts are Correct (or Not Applicable)	☒ Yes ☐ No ☐ NA
The Specimen is Labelled (including patient name)	☒ Yes ☐ No ☐ NA
Whether there are any Equipment Problems to be addressed	☐ Yes ☒ No ☐ NA
To Surgeon, Anaesthetist and Nurse:	
What are the key concerns for recovery and management of this patient? ☒ Yes ☐ No	
Signature : <u>Dr. Indira Rani</u>	
Name : <u>Dr. Indira Rani</u>	

PATIENT TRANSFER FORM

Patient Name & UHID No. HNH-00016225 IP26-00006729 Mrs M KUSUMA KUMARI 15-05-1955 71 Y 1 M 18 D (F) Dr. Y.INDIRA RANI  <i>Rani</i>		Date & Time of Admission <i>5/1/26 11:39 AM</i>	Date & Time of Transfer Order <i>5/1/26 11:39 AM</i>
		Transfer Ordered by <i>Dr. Vineetha</i>	Reason for Transfer <i>Obstetrical</i>
From Unit <i>OT</i>	To Unit <i>Pre Post</i>	Information to Attendant Yes ☐ No ☐	
Number of Sheets in Clinical File	Number of Imaging Films	Personal belongings including clinical documents. If any handed over to attendant Yes ☐ No ☐ If yes, what ?	
Medications / Consumables / Surgicals / Hand over			
Sl.No.	Item Name	Quantity	
1.	<i>RL</i>	<i>①</i>	
2.			
3.			
4.			
5.			
Shifting Summary / Notes Written by Doctor : Yes ☒ No ☐			
Name & Signature of Person who is Transferring <i>[Signature]</i>		Name of Person Ordered Transfer <i>Dr. Vineetha</i>	
Patient & Clinical Records Received by :			
Date & Time of Patient Received :			

If the transfer order time & Completion time is more than 30 minutes, please tick the reason mentioned below :

☐ Unavailable Bed

☐ Nurse not Available

☐ Available Bed not ready

INFORMED CONSENT FOR SURGERY OR SPECIAL PROCEDURE

Patient Name : Mrs. Kusuma Kumari Gender: ☐ Male ☒ Female Age :

UHID No : Date : 3/7/26

Instruction:

This consent form should be signed by Patient (If an adult 18 years or older) or by a parent / guardian, if the patient is a minor or lacks the ability to make an informed decision. The purpose of this form is to verify that you have received this information and have given your consent to the surgery or special procedure recommended to you.

I hereby authorize the performance of the following operation (s) or procedure (s) (use no abbreviation / Avoid technical terms)

DIAGNOSTIC HYSTEROSCOPY + POLYPECTOMY

upon

MRS. KUSUMA KUMARI (Name of the Patient)

I have been advised of the benefits and reason of the procedure(s) as indicated by the clinical observations and / or diagnostics performed. I recognized that the practice of medicine is as much an art as a science and therefore acknowledge that no guarantees have been or can be made regarding the likelihood of success or outcomes. My questions regarding the condition, the proposed surgery and the outcome have been answered to my satisfaction prior to signing this form by the surgeon.

I have been explained the risks of this surgery / procedure and also about the reasonable alternative and the relevant risks, benefits and side effects related to such alternatives, including the possible results of not receiving care or treatment.

I have been explained that the following complications though rare are possible and will not hold Surgeon, Anesthesiologist or the hospital staff responsible for any untoward event thereof.

Excessive bleeding, need for transfusion of blood or blood product, uterine perforation.

My signature on this form indicates that

1. I have read and understood the information provided in this form
2. My doctor had adequately explained to me the operation or procedure along with the complications written above, along with the risks, benefits and other information.
3. I have had a chance to ask my surgeon questions.
4. I have received all the information I desire concerning the operation or procedure and
5. I authorize the consent to the performance of the operation or procedure.

Name of the Doctor who is performing the Surgery / Procedure: Dr. Indira Rani

Consentee :

Signature : M. Kusuma Kumari

Name : Mrs. Kusuma Kumari

Date & Time : 3/7/2026 @ 10:30 AM

Witness :

Signature :

Name :

Date & Time :

Docu. No. : RCH / FRM / CLINICAL / 027

Patient Attendant :

Signature : [Signature]

Name : M. PRAKASH RAO

Relationship with Patient : Husband

Date & Time : 3/7/2026 @ 10:30 AM

Doctor (who is taking the consent) :

Signature : [Signature]

Name : Dr. G. Veena

Date & Time : 3/7/26 @ 10:30 AM

CONSENT FORM FOR GENERAL / REGIONAL ANAESTHESIA / MONITORED ANESTHESIA CARE

Patient Name : Kusuma Age : 71yr Gender : Male ☐ Female ☒

UHID NO : _____ Surgeon Name: Dr. Indira

Anaesthesiologist : Dr. Samir

Operative procedure planned : Diagnostic hysteroscopy + polypectomy

PLEASE READ THIS BEFORE YOU CONSENT FOR ANAESTHESIA

General anaesthesia involves rendering a patient unconscious before an operation. This ensures the patient is not aware of events and does not feel pain during the operation. Drugs given through a vein and / or inhaled from an anaesthesia machine produce it. Regional anaesthesia involves using a local anaesthetic to numb a specific area of the body for surgery: Prolonged pain relief without numbness can be achieved by infusing weak solutions of local anesthetics and narcotic drugs to particular parts of the body after surgery or injury, using catheters.

Specific High Risk (s) : The doctors have explained to me the details of the high risk involved due to the following medical problems and I have sought necessary clarification on all my doubts.

- | | | | |
|---|---------------------------------------|---|--|
| ☐ Heart disease | ☐ Hypertension | ☐ Diabetes mellitus | ☐ Renal failure |
| ☐ Hepatic disorders | ☐ Shock | ☐ Multiple organ failure | ☐ Polytrauma / Renal Tubular Acidosis |
| ☐ Incapacitating Chronic Obstructive Pulmonary Disease | | | |
| ☐ Others : <u>preoperative adverse cardiac events</u> | | | |

Comments : _____

- Doctor to document in medical record also if necessary (Cross-out if not applicable)

DECLARATION BY PATIENT / GUARDIAN / PROXY

I hereby authorize Rainbow Hospital & its authorized doctors to perform upon me / my patient Kusuma the above mentioned operation / Diagnostic / Therapeutic procedures Diagnostic hysteroscopy + polypectomy

I authorize and give consent for anaesthesia (☐ Regional ☒ General Anesthesia / ☐ Monitored Anesthesia Care as considered appropriate by the anaesthetic team.

I acknowledge that the anaesthetists have informed me about the anaesthetic procedure, risk, benefits and alternative treatments and answered my specific queries and concerns about this matter. I have read and understood the information provided in this form I acknowledge that I have discussed with the anaesthetists any significant risk and Complications specific to my individual circumstances, and I have considered them before Consenting for anesthesia.

I understand that there are some infrequent complications that can occur due to use of anaesthesia, these include pain or some injury at the site of injections, temporary breathing difficulties, asthmatic reactions, headaches.

I authorize the anaesthetic team to perform any additional procedures (for example, Central Venous Pressure line, arterial line, use of nerve blocks for pain relief, changing from regional to general anaesthesia etc), which are considered necessary by them during the course of surgery.

That I authorize and give consent to the team of doctors attending on me to administer blood products during the course of operative period and immediately thereafter in need arises.

I understand that the above mentioned consultant anesthesiologist or occasionally a colleague deputed by him / her will administer the Anaesthesia.

- Pregnant : ☐ Yes ☒ No

DECLARATION BY THE ANAESTHETISTS PROVIDING INFORMATION FOR THIS CONSENT

I declare that I have explained the nature of General Anaesthesia / Regional Anaesthesia / Monitored Anesthesia Care to be given and discussed the risks that particularly concern this patient.

I have given the patient an opportunity to ask questions and I have answered these.

Patient / Patient Attendant :

Signature : [Signature]

Name : M. PRAKASH RAO

Relationship with Patient: HUSBAND

Date & Time :

Witness :

Signature : [Signature]

Name : M. KUSUMAKUMAR

Date & Time :

Doctor (who is taking the consent) :

Signature : [Signature]

Name : DR- ARHILA K

Date & Time : 28/6/26 11:30AM.

Department of Anaesthesiology
PRE-ANAESTHETIC EVALUATION

Name: Kusuma Age: 71yr Sex: F UHID.No :
Date: 28/6/2026 Time: 11:00 AM Proposed Operation: Diagnostic hysteroscopy + polypectomy
Diagnosis: post menopausal bleed - ? Endometrial polyp
B.P / CRT: 151/104 H.R: 57 Weight: 58kgs ASA Physical Status: ☐ 1 ☒ 2 ☐ 3 ☐ 4 ☐ 5

Laboratory Data:

Hgb: 12.2 Glucose: 123 Protein: WNL HIV: NR X-Ray: sinus LVH changes + no obstruction ST-T change
PCV: 35.5 Urea: 0.7 Alb: WNL HBS Ag: NR ECG: sinus LVH changes + no obstruction ST-T change
WBC: 10.500 Creat: 0.7 Total Bill: WNL HCV: NR 2D Echo: study
Plate: 400 Na: WNL Dir. Bill: WNL Blood group: O+ve Stress/Angio: WNL
PT: 25.7 K: WNL LDH: WNL T3: 1.26 Other: WNL
PTT: 0.8 Ca++: WNL Alk phos: WNL T4: 2.79 CUE → glucose + +
INR: 0.8 Mg++: WNL Amylase: WNL TSH: 2.79 Blood: + +
BT - 2:00
LT - 6:00
Allergies: NIL

Medical History: CVS: HTN: 20 yrs on dly
RESP: NO recent cold cough fever Diabetes: DM: 1yr on dly
CNS: Not significant
Renal: Not significant
Hepatic / GE: Not significant Physical Activity: active METS > 4
Others: FSH ↑ in Feb/march 26 used T-Thyronorm 25mcg for 20 days & stopped

Past Anaesthetic History: D & e sedation w/ E

Physical Exam:

Airway: MP 1 (2) B 4 Mouth Opening: 3FB Mentohyoid Distance: 3FB Neck: (N) Teeth: (N)
Lungs: BAE ⊕ dr
Heart: S1w ⊕
CNS: clcl

Pregnant: ☐ Yes ☐ No ☒ NA Venous Access Site: access site Spine Exam for regional: well felt

Anaesthetic Plan: ☐ MAC ☐ REGIONAL ☐ GA-ETT ☒ LMA

Peri-Operative Plan Explained to the Patient: ☒ Yes ☐ No

CURRENT MEDICATIONS	DOSAGE
T. Telma-H	<u>40mg + 12.5mg. OD</u>
T. Amlipride + metformin	<u>BD</u>
T. Rosuvastatin Gold	<u>clepidogrel 75mg</u>
MVT	

Pre-Operative Instructions:

- DVT Prophylaxis: Water / ORS 2 Hours
- NIL ORAL: Others 6 Hours
- Informed Consent: ☒ Standard ☐ High Risk
- Post Operative Pain Management: ☒ Discussed with Patient
- Other Instructions:

- TO STOP Rosuvastatin 5 days prior to sx.
- cardiology clearance / fitness for sx.
- TO skip OHA on day of sx, Anti-HTN to be seen on day of sx (to get along).
- GRBS on admission.

Signature: [Signature] Name: DR. AKHILA K.

Docu. No.: RCH / FRM / CLINICAL / 044

cardiology - pt. can be taken on angency & mild cardiovascular risk.
dr. [Signature] 02/07/26
WBS - 142

Patient Sticker

ANAESTHESIA CHART

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It takes a lot to treat the little.

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Pre Induction Assessment:

Change in Patient Condition:	☐ Yes ☒ No	Fasting Status: Adequate
Physical Status:	☒ Patient Identified	☒ Consent Present
		☒ Chart Reviewed

H.R.: 96/min	B.P / CRT: 120/90/45	SpO ₂ :	R.R.: 16/min	Last Feed:
Pre-OP Diagnosis: AUB ? endometrial polyp		Operation: Hysterectomy + myomectomy		Date: 02/07/21
Surgeon: Dr. Indira Rani		Anaesthesiologist: Dr. Nisha / Dr. Virender		Technician: Mr. Arvind

TIME	N ₂ O / AIR / O ₂ LPM	HALO / SO / SEVO	Drugs:	Antibiotic	Suppository	Blood Loss	NOTES
0.25			MIDAZOLAM 2mg				
0.5			PROPOFOL 20mg/20mg				
1.0			FEATANOL 10mg				
1.5			WYUOPYRONE 0.2mg				
2.0			PRAETANOL 10mg				
2.5							
3.0							
3.5							
4.0							
4.5							
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LAB Values	ABG
	GRBS
	Others

☒ Equipment Checked and Functional ☒ BP 120/90 ☐ Cuff Site: 2nd ☐ Art Site: ☒ EKG Lead 2nd ☒ Temp Site ☒ FIO ₂ Monitor ☒ Agent Monitor ☒ Pulse Oximeter ☒ Capnograph ☒ Ventilator ☐ Nerve Stimulator Position: Lateral ☒ Pressure Points Checked Eye Care: ☐ Oint ☐ Tape ☐ Padding ☐ Awake	Temp: ☒ HME ☐ Fluid Warmer ☐ Cling Film ☐ OH Warmer ☐ Hugger's ☐ Cotton Wool ☐ Other Times: Anaes Start: 12:40 PM OP Start: 12:45 PM OP End: 1:15 PM Leave OR: Anaesthesia: ☒ GA ☐ Monitored Anaesthesia Care ☐ Regional Line (Size & Location) ☐ CVP: ☐ ART: ☒ IV: 20G ☐ IV: ☐ IV:	Induction ☒ IV ☐ Inhal ☒ Pre O ₂ ☐ RSI ☐ Others ☐ Mask ☒ SGA ☒ Airway ☐ Oral ☐ Nasal ETT# at cm ☐ Oral ☐ Nasal ☐ Cuff ☐ Tracheostomy ☐ Topical ☐ Drug: Propofol ☐ Awake ☐ Direct Vision ☐ Video Laryngoscopy ☐ Stylette / Bougie ☐ Fiberoptic Blade# Attempts: Difficulty Why? ☒ Bilat = BS ☐ Semi-Closed Circle ☒ IV: Closed Circle ☐ Other	Regional: Extremity Specify: ☐ Spinal ☐ Epidural ☐ Caudal Others: Position: Site: Needle Size: Depth: Parasthesia ☐ Yes ☐ No Catheter at skin cm Drug Name & Conc: Bolus: Infusion: Block Level: Comments: Transportation to ☐ PAC
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HNH-00016225 IP26-00006729
Mrs M KUSUMA KUMARI
15-05-1955 71 Y 1 M 18 D (F)
Dr. Y.INDIRA RANI

Patient St



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POST-ANAESTHESIA CARE UNIT RECORD

Received in PACU by : Anushe D Time Received : Time Discharged :

250 240 230 220 210 200 190 180 170 160 150 140 130 120 110 100 90 80 70 60 50 40 30 20 10 0 SP0 ₂	250 240 230 220 210 200 190 180 170 160 150 140 130 120 110 100 90 80 70 60 50 40 30 20 10 0	1:30pm 2pm 2:30pm	IV Cannula Site : <u>(2)</u> ☐ O ₂ Mask ☐ Nasal Prongs ☐ Tracheostomy ☐ T-Piece ☐ Oral Airway ☐ Nasal Airway Vomiting : ☐ Yes ☒ No NG Tube : ☐ Yes ☒ No Drain : ☐ Yes ☒ No Urinary Catheter : ☐ Yes ☒ No Chest Tube : ☐ Yes ☒ No Nil Oral ☐ Yes ☒ No IV Fluids : <u>RL on flow</u> Oral Feeds : <u>NBM</u>
		< RESP • PULSE > BLOOD PRESSURE	Drug : <u>Inf Taxam</u>

POST ANAESTHESIA SCORE (Modified Aldrete Score)			IN	MINUTES			OUT	SCORING INTERPRETATION
				30	60	90		
Able to move 4 extremities voluntary or on command	= 2	ACTIVITY					A Minimum Total Score of 8 is Required for Discharge Exceptions to this, are to be explained in the space below by the Discharging Physician:	
Able to move 2 extremities voluntary or on command	= 1							
Able to move 0 extremities voluntary or on command	= 0							
Able to deep breathe & cough freely	= 2	RESPIRATION						
Dyspnea or limited breathing	= 1							
Apneic	= 0							
BP ± 20 of Pre Anaesthetic leve	= 2	CIRCULATION						
BP ± 20-50 of Pre Anaesthetic leve	= 1							
BP ± 50 of Pre Anaesthetic leve	= 0							
Fully awake	= 2	CONSCIOUSNESS						
Arousable on calling	= 1							
Not responding	= 0							
Pink	= 2	COLOR						
Pale, dusky, blotchy, jaundiced, other	= 1							
Cyanotic	= 0							
TOTAL								

PAIN ASSESSMENT AND MANAGEMENT FORM

Date	Time	Pain Score	Intervention	Signature
3/7	2pm	0/10	no pain	AW

Pain Tool Used: ☐ N PASS ☐ FLACC ☐ Wong Baker ☐ NPS

Anaesthesiologist Name :

Anaesthesiologist Signature:

Date & Time:

PACU Nurse Name : Anushe D

PACU Nurse Signature: 3/7/2

Date & Time:

Reassessment Frequency:

- Every eight hours for all hospitalized patients.
- For post surgical patient, patient with chronic pain, patient with severe pain
 - Every 2 hours for first 24 hours
 - After 24 hours every 4 hours
 - Prior to pain relieving intervention
 - With in 30-60 minutes after pain relief intervention

Transferred to Unit by (PACU):

Date & Time:

Patient Sticker

Department of Anaesthesiology

EPIDURAL ANALGESIA RECORD

Date: Time: Procedure done by

CSE /Spinal /Epidural Position : Space : Technique (LOR/LOS)

Depth: Catheter at Skin: Attempts :

Parasthesia : Yes/No if yes details :

Solution Composition :

Any other issues :

a)

b)

Time	Infusion Rate (ml/hr)	Bolus (ml)	Level Left Right		Maternal		FHR	Comments
					BP	Pulse		

Delivery Details : Time : APGAR: SVD / Instrumental / LSCS (if LSCS Details)

Catheter Removed by and Tip Inspected :

Patient Satisfaction :

Discharge /Shifting ordered by

Doctor Signature:

Doctor Name:

Date and Time :

PATIENT TRANSFER FORM

Patient Name & UHID No. HNH-00016225 IP26-00006729 Mrs M KUSUMA KUMARI 15-05-1955 71 Y 1 M 18 D (F) Dr. V.INDIRA RANI 		Date & Time of Admission 3/7/26 @	Date & Time of Transfer Order 3/7/26 @ 12:15 PM
		Transfer Ordered by Dr. Veena.	Reason for Transfer Hysteroscopy + Polypectomy
From Unit pre-post	To Unit O.T	Information to Attendant Yes ☒ No ☐	
Number of Sheets in Clinical File	Number of Imaging Films	Personal belongings including clinical documents. If any handed over to attendant Yes ☐ No ☐ If yes, what ?	
Medications / Consumables / Surgicals / Hand over			
Sl.No.	Item Name	Quantity	
1.	Rh	10	
2.			
3.			
4.			
5.			
Shifting Summary / Notes Written by Doctor : Yes ☐ No ☐			
Name & Signature of Person who is Transferring [Signature]		Name of Person Ordered Transfer Dr. Veena	
Patient & Clinical Records Received by : Karuna 3/7/26 @			
Date & Time of Patient Received :			

If the transfer order time & Completion time is more than 30 minutes, please tick the reason mentioned below :

☐ Unavailable Bed

☐ Nurse not Available

☐ Available Bed not ready

REGULAR PRESCRIPTIONS

Weight. Ward.

DRUG : TAB. CECOTAXIME				Date Time															
Dose 1g	Route IV	Frequency BD	Start Date 3/7/26																
Name & Signature of the Doctor Starting the Drugs:																			
Additional Instructions:																			
Daily Doctor's Endorsement by a Sign																			
DRUG : TAB. PARACETAMOL				Date Time															
Dose 1gm	Route PO	Frequency 6 ARLY	Start Date 03/07																
Name & Signature of the Doctor Starting the Drugs:																			
Additional Instructions:																			
Daily Doctor's Endorsement by a Sign																			
DRUG :				Date Time															
Dose	Route	Frequency	Start Date																
Name & Signature of the Doctor Starting the Drugs:																			
Additional Instructions:																			
Daily Doctor's Endorsement by a Sign																			
DRUG :				Date Time															
Dose	Route	Frequency	Start Date																
Name & Signature of the Doctor Starting the Drugs:																			
Additional Instructions:																			
Daily Doctor's Endorsement by a Sign																			

VARIABLE DOSE		Date Time	Nurse Sig.	Nurse Sig.	Nurse Sig.	Nurse Sig.
DRUG :		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Route	Start Date	Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Name & Signature of the Doctor		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Additional Instructions:		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.

VARIABLE DOSE		Date Time	Nurse Sig.	Nurse Sig.	Nurse Sig.	Nurse Sig.
DRUG :		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Route	Start Date	Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Name & Signature of the Doctor		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Additional Instructions:		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.

STAT / ONCE ONLY DRUGS

Date	Time	Medication	Dosage & Other Instructions	Route	Signature	Nurses
3/7/26	11:00 AM	INT. PANTOPRAZOLE	40mg	IV	[Signature]	[Signature]
3/7/26	11:30 AM	INT. METOCLOPRIMIDE	10mg	IV	[Signature]	[Signature]
3/7	9:30 AM	T. MISOPROSTOL	400mcg	PR	[Signature]	[Signature]
3/7	9:50 AM	INT. TETANUS TOXOID	0.5mg	IM	[Signature]	[Signature]
02/07	1:14 PM	SUPP. TRAMADOL	100 mcg	PR	[Signature]	[Signature]
02/07	1:10 PM	INT. BRACEPRANOL	1gm	I.V	[Signature]	[Signature]
3/7/26	2:30 PM					

I.V. FLUIDS CHART

Weight. Ward.

[illegible]

HNH-00016225 IP26-00006729
 Mrs M KUSUMA KUMARI
 15-05-1955 71 Y 1 M 18 D (F)
 Dr. Y.INDIRA RANI




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RESULT SHEET

Date						
Time						
Hb						
PCV						
RBC						
WBC						
N/L						
Platelets						
CRP						
ESR						
PCIT						
RBS						
Na						
K						
Cl						
Ca/Mg						
Phosphate						
Urea						
Creatinine						
ALP						
SGPT						
SGOT						
T.Bill/Conj						
T.Protein						
S.Albumin						
S.Globulin						
A/G Ratio						
Uric Acid						
S.Amylase						
Sr.Lipase						
Blood Lactate						
S.Cholesterol						
PT/INR						
APTT						
CSF Protein / Sugar						
Cells						
N/L						

Date						
Time						
CUE - Alb						
CUE - Sugar						
CUE - Ketones						
CUE - PUS Cells						
CUE - RBC Cells						
CUE						
Stool Pus Cell						
OVA / Cyst						
Occult Blood						
Blood grouping						
HIV						
Hb Ag.						
HCV						

Culture and Sensitivities :

.....

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Radiology : USG :

 X-Ray :

 ECHO :

 CT :

 MRI :

 Others (ECG, Contrast Studies etc.,) :

OBSTETRIC TRIAGE ASSESSMENT FORM

Date: 3/7/26 Time of Arrival: Time Seen by Nurse:

1) **Level of Consciousness:** ☐ Conscious ☐ Semi-Conscious ☐ Unconscious

2) **Chief Complaint (Reason for Visit):** (Circle the item as appropriate)

- ☐ Severe Pain / Moderate Pain ☐ Preterm rupture of Membranes / Leaking Water PV
☐ Bleeding PV: Slight / Heavy ☐ Preterm Labor/ Labor
☐ Decreased Fetal Movement ☐ Spontaneous Rupture of Membrane / Leaking Water PV
☐ No Fetal Movement ☐ Other Reason:

3) **Vital Signs:** Temperature: Pulse: RR: SpO₂: BP: Weight:

4) **Gestational Criteria:**

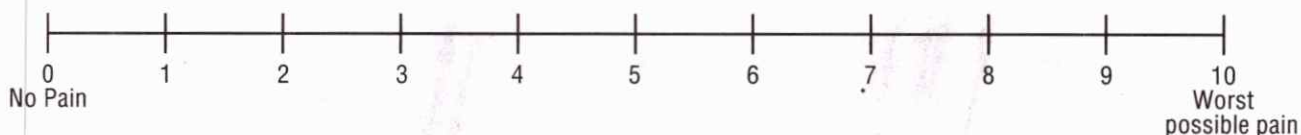
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LMP: EDD: Gestational Age:

Uterine Contraction	☐ Yes ☒ No ☐ NA	Onset	Time	Frequency:
Membrane Rupture	☐ Yes ☒ No ☐ NA	Onset	Time	Fluid Color:
Vaginal bleeding	☐ Yes ☒ No ☐ NA	Onset	Time	Amount:
Pre Eclampsia Symptoms	☐ Yes ☒ No ☐ NA	If Yes specify: Headache / Visual Symptoms / Pain Abdomen / Vomiting		
Good fetal Movement	☒ Yes ☐ No ☐ NA	If No specify:		

5) **Pain Screening:**

Numerical Pain Scale (NPS)



- Location:
 • Duration: Days / Weeks/ Months (Strike out which is not applicable)
 • Character:
 • Frequency:
 • Interventions:
 NA

6) **Past History:**

- a) Surgeries:
 b) Medical:

7) **Allergy:** ☐ Yes ☒ No, If Yes :

8) **Current Medications:** ☐ Prenatal Vitamin ☐ None ☐ Others:

9) **Prenatal Medical History:**

- ☐ None ☐ Gestational Diabetes
☐ Chronic Hypertension ☐ Low placenta
☐ Gestational Hypertension ☐ Others if yes, specify
☐ Diabetes

Triage Category: (Please tick on the category)

Refer to OBSTETRICAL TRIAGE ACUITY SCALE (OTAS)

- ☐ **Category I:** Resuscitative (Time to Physician: Immediate & Reassessment: Continuous nursing care)
☐ **Category II:** Emergent (Time to Physician: ≤ 15 minutes & Reassessment: Every 15 minutes)
☐ **Category III:** Urgent (Time to Physician: ≤ 30 minutes & Reassessment: Every 15 minutes)
☒ **Category IV:** Less Urgent (Time to Physician: ≤ 60 minutes & Reassessment: Every 30 minutes)
☐ **Category V:** Non Urgent (Time to Physician: ≤ 120 minutes & Reassessment: Every 60 minutes)

OBCU Obstetrical Triage Acuity Scale (OTAS)

OTAS	Level 1 (Resuscitative)	Level 2 (Emergent)	Level 3 (Urgent)	Level 4 (Less Urgent)	Level 5 (Non Urgent)
Level 1 (Resuscitative)	Immediate	≤ 15 minutes	≤ 30 minutes	≤ 60 minutes	≤ 120 minutes (2 Hours)
Re-Assessment	Continuous Nursing Care	Every 15 Minutes	Every 15 Minutes	Every 30 Minutes	Every 60 Minutes
Labour / Fluid	Imminent Birth	Suspected Pre-term Labour / PPROM < 37 Weeks	Signs of Active Labour > 37 weeks	Signs of Early Labour/ SRROM > 37 weeks	Discomforts of Pregnancy
Bleeding	Active Vaginal bleeding with/ without abdominal pain	Bleeding associated with cramping (<spotting) <37 weeks	Bleeding associated with cramping (>spotting) >37 weeks	Spotting	
Hypertension	Seizure activity	Hypertension > 160/110 and / or headache, visual disturbance, RUQ pain	Mild hypertension >140/90 with/without associated signs and symptoms		
Fetal Assessment	Abnormal FHR tracing Non-Fetal Movement	Atypical FHR tracing, abnormal dopplers Diseased fetal movement			
Others	- Acute onsite severe abdominal pain - Altered level of consciousness - Cord prolapse - Severe respiratory distress - Suspected sepsis	- Major trauma - Shortness of breath - Unplanned and unattended birth	- Abdominal/back pain greater than expected in pregnancy - Flank pain / hematuria - Nausea /vomiting and /or diarrhea with suspected dehydration	- Ongoing assessment from out patient clinic (for hypertension, blood work) - Minor trauma (minor MVC/fall) - Nausea/Vomiting and /or diarrhea - Signs of infection (ie dysuria ,cough, fever, chills)	- Anything that does not seem to pose threat to mother or fetus - Cervical ripening - Out patient placenta previa protocols - Pre-booked visits (ie Rh and progesterone injections, NST - Assessment for version - Rashes

Time seen by Doctor:

Nurse Name : Nurse Signature:

Date: Time:



OBSTETRICS / GYNECOLOGY NURSING INITIAL ASSESSMENT FORM

Date of Admission: 3/7/26

Baseline Information:

Admission From: ☐ ER ☒ OPD ☐ Admission Desk ☐ Others, specify
 Primary Language: ☐ Telugu ☒ English ☐ Hindi ☐ Others, specify
 Do you require an interpreter? ☐ Yes ☒ No if Yes specify
 Source of Information: ☐ Patient ☒ Family ☐ Others, specify

Allergies: ☐ Yes ☐ No ☐ Medications ☐ Blood Transfusion ☐ Food ☐ Other:
 If yes, identify

Chief Complaints: Doctor Notified on Admission: ☐ Yes ☐ No
 Name of the Doctor:
 Time Notified:

Past Medical History: Obtained From ☐ Patient ☐ Family Member ☐ Medical Record ☐ Other (specify)

Past Medical History	Past Surgical History	Previous Hospital Admission
<u>Regular</u>		
Gynecology Assessment: ☐ Not Applicable Menstrual History: Onset of Menarche: Menstrual Cycle: ☐ Regular ☐ Irregular Last Menstrual Period:	Gynecology Surgical History: Caesarean Section: ☒ No ☐ Yes Cervical Cerclage: ☒ No ☐ Yes Ectopic Pregnancy: ☒ No ☐ Yes Myomectomy: ☒ No ☐ Yes Others:	Gynecological History: Contraceptives: ☒ No ☐ Yes Vaginal Discharge: ☒ No ☐ Yes Post-Coital Bleeding: ☒ No ☐ Yes Infertility: ☒ No ☐ Yes If Yes Type: ☐ Primary ☐ Secondary

Obstetric History: G P L A

Previous LSCS:

Current Medication: ☐ None ☐ Yes, If Yes, Fill the reconciliation form

Family History: ☒ No Abnormalities Detected

☐ Heart Disease ☐ Hypertension ☐ Diabetes ☐ Stroke ☐ Seizures ☐ Kidney disease
☐ Liver disease ☐ Other

Vital Signs / Measurements: Temp: HR: RR:
 BP: Weight: Height: BMI:

Pain Assessment: Pain: ☐ Yes ☐ No (If Yes, complete the Pain Assessment / Reassessment Form)

PHYSICAL ASSESSMENT

General Appearance: ☐ Healthy ☐ ill looking ☐ Anxious ☐ Agitated ☐ Others:

Fall Assessment: ☐ Yes ☐ No Score (complete the Morse Fall Risk Assessment Sheet)

Risk of Pressure Sore: ☐ Yes ☐ No Score (complete the Braden Q Sheet)

FUNCTIONAL SCREENING: If a patient needs assistance with any of the following inform consultant

- ☐ Mobility problem ☐ Walking Problem ☒ No Abnormality Detected
☐ Developmental Delay ☐ Musculoskeletal Congenital Abnormality

Inform consultant for positive criteria

NUTRITIONAL SCREENING: ☐ No Abnormality Detected

- ☐ Overweight ☐ Poor Appetite > 3 Days ☐ Needs Therapeutic Diet.
☐ Under Weight ☐ Diabetes Mellitus ☐ Hyperemesis Gravidarum

Inform consultant for positive criteria

PSYCHOLOGICAL SCREENING:

- ☒ Calm & Cooperative ☐ Restless ☐ Depressed ☐ Agitated ☐ Confused
☐ Others

Inform consultant for positive criteria

SOCIAL SCREENING:

1. **Marital Status:** ☐ Single ☒ Married ☐ Divorced ☐ Widow

2. **Special Habits:** **Smoker:** ☐ Yes ☒ No

Alcohol Abuse: ☐ Yes ☒ No

Drug Abuse: ☐ Yes ☒ No

Social History: Lives With

Orientation has been given regarding the following aspects:

- Call Bell in Reach : ☒ Yes ☐ No Waste Disposal Explained: ☒ Yes ☐ No
 Infusion Pump : ☒ Yes ☐ No Hand Hygiene Explained: ☒ Yes ☐ No ☐ Others

Above information given to

Name of Person Orientation was given to:

Orientation not given Reason:

Nurse Signature:

Nurse Name:

Date & Time:

Dr. Y.INDIRA RANI



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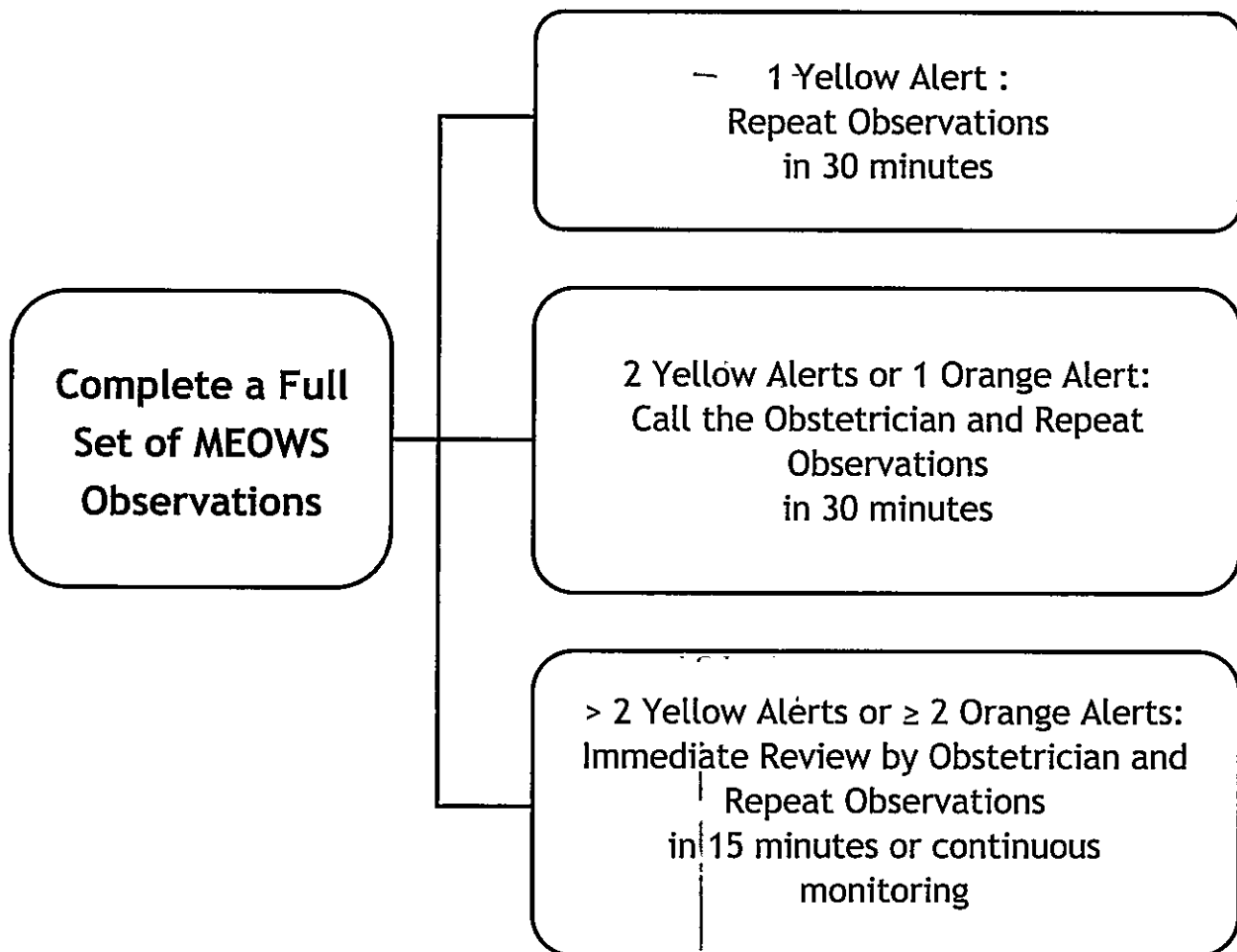


BirthRight
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CONTACT DOCTOR FOR EARLY INTERVENTION IF PATIENT TRIGGERS ONE ORANGE OR TWO YELLOW SCORES AT ANY ONE TIME

Date																																					
Time		8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7
RESP (write rate in corresp. box)	> 30																																				
	21 - 30																																				
	11 - 20																																				
	0 - 10																																				
Saturations	94 - 100 %																																				
	< 94 %																																				
Administered O ₂ (L/min.)																																					
Temp °C	40																																				
	39																																				
	38																																				
	37																																				
	36																																				
	35																																				
	< 35																																				
Heart Rate	170																																				
	160																																				
	150																																				
	140																																				
	130																																				
	120																																				
	110																																				
	100																																				
	90																																				
	80																																				
	70																																				
	60																																				
	50																																				
40																																					
↑ Systolic Blood Pressure	190																																				
	180																																				
	170																																				
	160																																				
	150																																				
	140																																				
	130																																				
	120																																				
	110																																				
	100																																				
	90																																				
	80																																				
	70																																				
60																																					
50																																					
↓ Diastolic Blood Pressure	130																																				
	120																																				
	110																																				
	100																																				
	90																																				
	80																																				
	70																																				
	60																																				
	50																																				
	40																																				
	NEURO RESPONSE [✓]	Alert																																			
		Voice																																			
		Pain																																			
Unresponsive																																					
URINE mls / hour	> 30																																				
	< 30																																				
Proteinuria	Protein ++																																				
	Protein > ++																																				
Lochia	Normal																																				
	Heavy / Foul																																				
Liquor	Clear / Pink																																				
	Green																																				
TOTAL YELLOW SCORES																																					
TOTAL ORANGE SCORES																																					
Nurse Initial																																					

Obstetrics and Gynaecology Early Warning Signs



* The Modified Early Warning Score (MEOWS)

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FLUID CHART

Sheet No. : ①

1. All measurements in ml.
2. Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

Date	Time	Nature of Fluid	Intake			Output					IV Site Thrombophlebitis Score	Sign. Nurse
			Mouth	I.V	N.G	NG	Diarrhoea	Vomit	Drainage	Urine		
3/7/20	08:00 am	RL	N	100ml								
	09:00 am	RL	N	100ml								
	10:00 am	RL	B	100ml								
	11:00 am	RL	M	100ml								
	12:00 pm	RL	M	100ml								
	01:00 pm	RL		100ml								
Total Intake :			Taken			Total Output :					Passed	
	02:00 pm	RL	N	100ml								
	03:00 pm	RL	R	100ml								
	04:00 pm	RL	M	100ml								
	05:00 pm											
	06:00 pm											
	07:00 pm											
Total Intake :						Total Output :						
	08:00 pm											
	09:00 pm											
	10:00 pm											
	11:00 pm											
	12:00 am											
	01:00 am											
Total Intake :						Total Output :						
	02:00 am											
	03:00 am											
	04:00 am											
	05:00 am											
	06:00 am											
	07:00 am											
Total Intake :						Total Output :						
Total 24 hrs. Intake						Total 24 hrs. Output						

Patient Sticker

FLUID CHART

Sheet No. :

1. All measurements in ml.
2. Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

		Intake				Output					IV Site Thrombo- phlebitis Score	Sign. Nurse
Date	Time	Nature of Fluid	Route			NG	Diarrhoea	Vomit	Drainage	Urine		
			Mouth	I.V	N.G							
	08:00 am											
	09:00 am											
	10:00 am											
	11:00 am											
	12:00 pm											
	01:00 pm											
Total Intake :						Total Output :						
	02:00 pm											
	03:00 pm											
	04:00 pm											
	05:00 pm											
	06:00 pm											
	07:00 pm											
Total Intake :						Total Output :						
	08:00 pm											
	09:00 pm											
	10:00 pm											
	11:00 pm											
	12:00 am											
	01:00 am											
Total Intake :						Total Output :						
	02:00 am											
	03:00 am											
	04:00 am											
	05:00 am											
	06:00 am											
	07:00 am											
Total Intake :						Total Output :						
Total 24 hrs. Intake												
Total 24 hrs. Output												

HNH-00016225 IP26-00006729
 Mrs M KUSUMA KUMARI
 15-05-1955 71 Y 1 M 18 D (F)
 Dr. Y.INDIRA RANI



NURSING CARE RECORD

Rainbow Children's Hospital
 It takes a lot to treat the little.

BirthRight
 BY RAINBOW HOSPITALS
 Your Right to a Safe Delivery

Date: 3/7/26

Goals

- ☐ Maintain Airway and Oxygenation
- ☐ Relieve Pain & Discomfort
- ☐ Maintain Fluid Balance
- ☐ Improve Activity Tolerance
- ☐ Maintain Good Nutritional Status
- ☐ Maintain Skin Integrity
- ☐ Maintain Personal Hygiene
- ☐ Prevent Infection
- ☐ Meet Elimination Needs
- ☐ Ensure Safety
- ☐ Early Ambulation Reduce Anxiety
- ☐ Patient & Family Education
- ☐ Identify Potential Complications
- ☐ Any Others. Specify.....

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning	8Am to 2pm	Assess the patient condition plan for vital plan for Electrolyte	8Am to 2pm	Assessed the patient condition maintain vital Electrolyte	patient is stable	vital is normal	Cond/ GA
Afternoon		Day duty					
Night							

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 ☐ Meet Elimination Needs
 ☐ Ensure Safety
 ☐ Early Ambulation Reduce Anxiety
 ☐ Patient & Family Education
☐ Identify Potential Complications
☐ Any Others. Specify.....

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning							
Afternoon							
Night							



PAIN ASSESSMENT FORM

Date	Time	Pain score (0/10)	Location	Duration	Acuity	Character	Modifying Factors	Patient / Family Educated	Intervention	Sign
3/7/26	2pm	0/10		☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No	N/A	CP
3/7/26	4pm	0/10		☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No	N/A	CP
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		

Re-assessment Frequency:

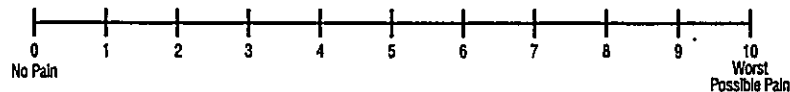
- Every eight hours for all hospitalized patients.
- For post-surgical patients, patients with chronic pain, patient with severe pain:
 - At least every 2 hours for the first 24 hours
 - Then every 4 hours.
 - Prior to pain relieving intervention.
 - Within 30 – 60 minutes after pain relief intervention.

PAIN ASSESSMENT TOOLS

FLACC PAIN ASSESSMENT SCALE (1 Month to 7 Years)

CATEGORY	SCORING		
	0	1	2
Face	No Particular expression or smile	Occasional Grimace or Frown, withdraw, Disoriented	Frequent to constant frown, quivering chin, clenched jaw
Legs	Normal Position or Relaxed	Uneasy, restless, tense	Kicking, or legs drawn up
Activity	Laying quietly normal position, moves easily	Squirming shifting back and forth, tense	Arched, rigid, or Jerking
Cry	No Cry (Awake or asleep)	Moans or whimpers occasional complaint	Crying steadily, screams or sobs, frequent complaints
Consolability	Content, relaxed	Reassured by occasional touching, hugging, or being talked to, distractible	Difficult to console or comfort

Numerical Pain Scale (Obstetric and Gynecology)



Neonatal Pain, Agitation and Sedation Scale (upto 1 Month)

Assessment Criteria	Sedation		Normal	Pain / Agitation	
	-2	-1	0	1	2
Crying Irritability	No Cry with painful stimuli	Moans or cries minimally with painful stimuli	Appropriate crying Not Irritable	Irritable or crying at intervals consolable	High-pitched or silent-continuous cry Inconsolable
Behavior State	No arousal to any stimuli No spontaneous movement	Arouses minimally to stimuli Little spontaneous movement	Appropriate for gestational age	Restless, squirming Awakens frequently	Archling, kicking constantly awake or Arouses minimally / no movement (not sedated)
Facial Expression	Mouth is lax No expression	Minimal expression with stimuli	Relaxed Appropriate	Any pain expression intermittent	Any pain expression continual
Extremities Tone	No grasp reflex Flaccid tone	Weak grasp reflex decreased muscle tone	Relaxed hands and feet Normal Tone	Intermittent clenched toes, fists or finger splay Body is not tense	Continual clenched toes, fists, or finger splay Body is tense
Vital Signs HR, RR, BP, SaO ₂	No variability with stimuli Hypoventilation or apnea	Less than 10% variability from baseline with stimuli	Within baseline or normal for gestational age	Increase 10-20% from baseline SaO ₂ 76-85% with stimulation - quick recovery	Increase greater than 20% from baseline, SaO ₂ less than or equal to 75% with stimulation - slow recovery Out of sync or fighting ventilator

Wong - Baker (Pediatrics) Above 7 Years



BRADEN 'Q' SCALE



				Date : 3/7			
				Time : 11/6			
Mobility	1. Completely immobile: Does not make even slight changes in body or extremity position without assistance.	2. Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.	3. Slightly limited: Makes frequent through slight changes in body or extremity position independently.	4. No limitations: Makes major and frequent changes in position without assistance.	4		
"Activity The degree of physical activity"	1. Bedfast : Confined to bed	2. Chairfast : Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair."	3. Walks occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. All patients too young to ambulate; OR walks frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during walking hours.	4		
Sensory Perception	1. Completely limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation, OR, limited ability to feel pain over most of the body surface.	2. Very limited: responds to only painful stimuli, cannot communicate discomfort except by moaning or restlessness; OR, has sensory impairment that limits the ability to feel pain or discomfort over half of body.	3. Slightly limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned; OR, has some sensory impairment that limits ability to feel pain, or discomfort in one or two extremities.	4. No impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.	4		
Moisture Degree to which skin is exposed to moisture	1. Constantly moist: Skin is kept moist almost constantly by perspiration, urine, drainage, etc. Dampness is detected every time patient is moved or turned.	2. Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.	3. Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.	4. Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.	4		
FRICTION-SHEAR Friction Occurs when Skin moves against support surfaces Shear Occurs when skin and adjacent bony surface slide across one another	1. Significant problem: Spasticity, contracture, itching, or agitation leads to almost constant thrashing and friction.	2. Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.	3. Potential problem: Moves freely or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints, or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.	4. No apparent problem: Able to completely lift patient during position change, moves in bed and in chair independently and has sufficient muscle strength to life up completely during move. Maintains good position in bed or chair at all times."	4		
Nutritional Usual food intake pattern	1. Very Poor: NPO/or maintained on clear liquids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings or meat or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement.	2. Inadequate: Is on liquid diet or tube feedings/TPN, which provides inadequate calories and minerals for age OR albumin < 3 mg/dl OR rarely eats a complete meal and generally eats only about half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.	3. Adequate: Is on tube feedings or TPN, which provide adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered.	4. Excellent: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.	4		
Tissue Perfusion & Oxygenation	1. Extremely compromised: Hypotensive (MAP < 50 mm Hg; < 40 in a newborn) or the patient does not physiologically tolerate position changes.	2. Compromised: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is < 7.40.	3. Adequate: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be 2 seconds; serum pH is normal.	4. Excellent: Normotensive, oxygen saturation > 95%; normal hgb; capillary refill < 2 seconds.	4		
TOTAL SCORE					28		
Evaluator's Name							

Severe Risk : less than 9 | High Risk : 10-12 | Moderate Risk : 13-14 | Mild Risk : 15-18 | Not at Risk: 19-23

Risk Score	Category	Action	Support Surfaces (Please Note: Only required for children who are deemed at risk due to altered mobility, consider occupation therapy referral for advice)
15-18	At Risk	• Regular Turning Schedule • Enable as much activity as possible • Protect the heels • Use pressure redistribution surfaces • Manage moisture, friction and shear • Advance to a higher level of risk if other major risk factors are present	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
13-14	Moderate Risk	• Use the Same Protocol as for "At Risk" Patients • Position patient at 30 degree lateral incline using foam wedges	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
10-12	High Risk	• Follow the same protocol as for "Moderate Risk" Patients • In addition to regular turning schedule • Make small shifts in their position frequently	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
Less than 9	Severe Risk	• Use same protocol as for "High Risk" Patients • Add a pressure redistribution surface for patients with severe pain or with additional risk factors.	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay



Morse Fall Risk Assessment Form

Choose Highest Applicable Score from each Category		Date / Time	Fall Risk Grading		
		Score			
History of Falling (immediately or w/in 3 months)	Yes	25			
	No	0			
Secondary Diagnosis (more than one diagnosis)	Yes	15			
	No	0			
Ambulatory Aid	Furniture	30	0		
	Crutches, Cane(S), Walker	15			
	None /Bed Rest /Nurse Assist	0			
IV / Heparin Lock or Saline	Yes	20	20		
	No	0			
GAIT / Transferring	Impaired	20			
	Weak (uses touch for balance)	10			
	Normal /On Bed Rest /Immobile	0			
Mental Status	Forgets limitations	15	0		
	Oriented to own ability	0			
Total Morse Fall Scale Score:			20		
Signature			0		

Tick (✓) whichever precaution taken.

Risk Level and Interventions

Low Risk (0 – 24) (Standard Falls Precautions)

- ☐ Ensure patients use their prescribed eye glasses if any, in the hospital
- ☐ Use chairs with arm rests
- ☐ Use safety straps on stretchers and wheelchairs while transporting patients

Moderate Risk (25-50) Apply all low risk intervention and

- ☐ Assist and/or supervise ambulation. Reinforce to always call for assistance
- ☐ Hourly safety check
- ☐ Assess patient after visitors, leave to ensure safety measures in place

High Risk (≥ 51) Apply all low and moderate risk interventions, and.

- ☐ Initiate constant observation by healthcare provider as appropriate to patient's needs

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CHECKLIST FOR THROMBOPHLEBITIS

3/7/26

S. No.	SITE OBSERVATION	STAGE / ACTION	SCORE	DAY-1			DAY-2			DAY-3			Remarks
				M	E	N	M	E	N	M	E	N	
1	IV site appears healthy	No signs of phlebitis / Observe cannula	0	0									
2	One of the following signs is evident : * Slight pain near the IV Site / * Slight redness near IV Site	Possibly first signs of phlebitis / Observe cannula	1	NA									
3	Two of the following Signs are evident: Pain at IV site Redness	Early stage of phlebitis / Resite Cannula	2	NA									
4	All of the following Signs are evident : Pain along Path of cannula Redness around Site Swelling	Medium stage of phlebitis / Resite Cannula Consider Treatment	3	NA									
5	All of the following Signs are evident and Extensive : Pain along Path of cannula Redness around Site Swelling palpable Venous cord	Advanced stage of phlebitis or the start of thrombophlebitis / Re site Cannula Consider Treatment	4	NA									
6	All of the following Signs are evident and Extensive : Pain along Path of cannula Redness around Site Swelling palpable Venous cord pyrexia	Advanced stage of thrombophlebitis / Initiate treatment Re site Cannula	5	NA									
Signature of the Nurse				CP									

NOTE : Phlebitis greater than grade 2 should be reported to physicians and other appropriate health care personal ongoing observation of the site should continue for 48 hours post removal to detect post infusion phlebitis.

Signature of Shift In Charge :

Signature of Ward In Charge :

Signature : Name :

Signature : Name :

Patient Sticker

CHECKLIST FOR THROMBOPHLEBITIS

S. No.	SITE OBSERVATION	STAGE / ACTION	SCORE	DAY-1			DAY-2			DAY-3			Remarks
				M	E	N	M	E	N	M	E	N	
1	IV site appears healthy	No signs of phlebitis / Observe cannula	0										
2	One of the following signs is evident : * Slight pain near the IV Site / * Slight redness near IV Site	Possibly first signs of phlebitis / Observe cannula	1										
3	Two of the following Signs are evident: Pain at IV site Redness	Early stage of phlebitis / Resite Cannula	2										
4	All of the following Signs are evident : Pain along Path of cannula Redness around Site Swelling	Medium stage of phlebitis / Resite Cannula Consider Treatment	3										
5	All of the following Signs are evident and Extensive : Pain along Path of cannula Redness around Site Swelling palpable Venous cord	Advanced stage of phlebitis or the start of thrombophlebitis / Re site Cannula Consider Treatment	4										
6	All of the following Signs are evident and Extensive : Pain along Path of cannula Redness around Site Swelling palpable Venous cord pyrexia	Advanced stage of thrombophlebitis / Initiate treatment Re site Cannula	5										
Signature of the Nurse													

NOTE : Phlebitis greater than grade 2 should be reported to physicians and other appropriate health care personnel ongoing observation of the site should continue for 48 hours post removal to detect post infusion phlebitis.

Signature of Shift In Charge :

Signature of Ward In Charge :

Signature : Name :

Signature : Name :



NURSING SHIFT HAND OVER FORM - WARD

Treating Doctor: Department: Date of Admission:

SITUATION	Diagnosis: <i>Hysteroscopy</i>		Any Infection: ☐ Yes ☐ No ☐ Not Known If Yes Specify:					
	Area	Shift Time						
BACKGROUND	Medical Condition (Any special condition to be noted):							
ASSESSMENT	Allergy:		☐ Yes ☒ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Tubes/Drains/Catheter:		☐ Yes ☒ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Vital Signs:	Temp:	<i>98.6</i>					
		Res:	<i>20</i>					
		SpO ₂ :	<i>99%</i>					
		Pulse:	<i>90</i>					
		BP:	<i>121/62</i>					
		Fall Risk Score:	<i>1</i>					
Pain Score:		<i>0</i>						
Recommendations	Safety Needs:		<i>yes</i>					
	Physiotherapy		☐ Yes ☒ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Others Specify:		<i>-</i>					
	Special Diet:		☐ Yes ☒ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Other Special Orders / Medications:		<i>-</i>					
Post Operative Procedure Special Orders:								
Handed Over By Name :		<i>Anubha</i>						
Signature :		<i>[Signature]</i>						
Date:		<i>3/7/21</i>						
Time:		<i>12</i>						
Taken Over By Name :								
Signature :								
Date:								
Time:								

NURSING SHIFT HAND OVER FORM - WARD

Treating Doctor: Department: Date of Admission:

SITUATION	Diagnosis:	Any Infection: ☐ Yes ☐ No ☐ Not Known If Yes Specify:					
BACKGROUND	Area: Shift Time:						
	Medical Condition (Any special condition to be noted):						
ASSESSMENT	Allergy: Tubes/Drains/Catheter: Vital Signs: Temp: Res: SpO ₂ : Pulse: BP: Fall Risk Score: Pain Score:	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
Recommendations	Safety Needs: Physiotherapy: Others Specify: Special Diet: Other Special Orders / Medications:	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
	Post Operative Procedure Special Orders:						
	Handed Over By Name :						
	Signature :						
	Date:						
	Time:						
	Taken Over By Name :						
	Signature :						
	Date:						
	Time:						