Rainbow Childrens Hospital-Himayatnagar

Rainbow Childrens Hospital-Himayatnagar

Rainbow Children's Hospital, Door no. 3-6-267, opp. Cafe niloufer, Old MLA quarters road AP State Housing Board Himayatnagar Hyderabad Telangana

OPD Summary

UHID	HNH-00014289	**Visit No**	2607-003749
Patient Name	Mrs Y RAJESHWARI	**Visit Date**	17-07-2026 11:14 AM
DOB / Age /	24-05-1992 / 34 Y 1 M 23 D / Female	**Consultation**	First Visit
Doctor Name	Dr. PADMAJA YELISETTY		
Department	OBSTETRICS AND GYNECOLOGY		
Specialization			

Ht : 159.00 Cms **Wt** : 84.90 kg **BSA** : 1.87 **BMI** : 33.58 Kg/m2 **Syt** : 120.00 mm Hg **Dia** : 70.00 mm Hg

Chief Complaints :

33 Years G2P1L1, Previous SVB PGDM on insulin and OHA at 37 + 3 weeks
Came today for AN visit
Complaints Nil
Happy with movements
NST done today and it is reassuring
Monitoring sugars at home and sub optimal glycaemic control
A growth scan was done on 10/7/26 at 36 + 3 weeks: SLF, cephalic, EFW: 2856 g (45 %centile), AFI:17.7 cms, Placenta: Anterior, high
Fetal and uterine artery doppler: Normal
Scan on 27/6/26 SLIUP Cephalic

Past History :

Psoriasis, DM since 2 years

Family History :

Mother: DM, Hypothyroid

Personal History :

Nil No known allergies

Examination :

P/A: Soft uterus 36 weeks , SFH 36 cms, Cephalic ,FHR 148/min
P/V: Cervix long, post medium consistency, tip of finger, Memb+, PPVx - 3 station
Sweep and stretch done

Diagnosis :

33 Years G2P1L1AE, Previous SVB PGDM on insulin and OHA at 37 + 3 weeks

OB History :

OBSTETRIC HISTORY G2 P1 L 1
Years of Marriage
Menstrual cycles Regular LMP 25/10/25 EDD 2/8/26
Corrected EDD 4/8/26 EDD VERIFIED 4/8/26
Conception Spontaneous
Consanguinity No
BLOOD GROUP O Positive
Booked at 19 + 4 weeks
Immunization: First dose TT outside/ Flu declined / Took 2 nd dose TT outside
First: 2021 Preterm at 36 weeks ND at Pushpalatha NH. Boy. Doing well
Second PP
Viability scan done on 13/12/25 at 5 + 5 weeks: SLIUG, CRL 2.7 mm, FHR seen. EDD: Not

**** This Card is Valid upto 24-07-2026 or First Visit - Which ever is the earliest ****

Rainbow Childrens Hospital-Himayatnagar
Rainbow Children's Hospital, Door no. 3-6-267, opp. Cafe niloufer, Old MLA quarters road AP State Housing Board Himayatnagar Hyderabad Telangana

UHID	HNH-00014289	Visit No	2607-003749
Patient Name	Mrs Y RAJESHWARI	Visit Date	17-07-2026 11:14 AM

mentioned
Baseline investigations done on 12/12/25: Blood group O Positive, CBP on 26/3/26 Hb 9.3 g Platelets 3.1 lakhs, HPLC on 22/4/26 Normal , HbA1c 9.5, VDRL on 21/4/26 NR, HIV NR, HBsAg NR , HCV NR, TSH 2.5, Sr Creatinine 0.45, CUE 6-8 pus cells, Urine c/s OGTT on 11/3/26: 126/256/293 Fundoscopy on 26/3/26 Normal ECG on Normal
28/5/26 Hb 9.8 g platelets 3 lakhs 10/6/26 Urine C/S sterile
NT scan+ e FTS done on 19/1/26 at 11 + 6 weeks. EDD verified.4/8/26 Normal and low risk
TIFFA done outside on 10/3/26 at 19 + 1 weeks, Normal, Cx length: 3.9 cms. Placenta: Anterior/ High. Uterine artery Doppler: normal
Cervical length scan on 27/3/26 at 21+3 weeks. SLIUP, Cephalic AFI LP 4.9 cms Placenta Anterior/ low Cervical length 32 mm
Fetal ECHO at RCHI at 26/3/26 Normal
A growth scan was done on 15/5/26 at 28 + 3weeks: SLF, cephalic, EFW: 1214 g (34 %centile), AFI:16.9 cms, Placenta: Anterior, 4 cms from the OS
Fetal and uterine artery doppler: Normal
A growth scan was done on 12/6/26 at 32 + 3 weeks: SLF, transverse lie, EFW: 1952 g (37 %centile), AFI:15.9 cms, Placenta: Anterior
Fetal and uterine artery doppler: Normal
Scan on 27/6/26 SLIUP Cephalic

Medications :

#	Name	Dosage	Frequency	Route	Duration	Remarks
1	SHELCAL TAB 500MG15S	2 Tabs	Once Daily	Oral	30 Days	2 tabs after lunch.
2	D-RISE CAPS 2000 IU 10 S	1 Cap	Once Daily		30 Days	Once daily after dinner.
3	LIVOGEN TAB15S	1 Tabs	TWO TIME A DAY		30 Days	30 minutes before meals

Doctor Recommendations :

IOL on 21/7/26 at 8 PM
TO reserve 2 Units PRBC at admission
16 weeks onwards- Iron and calcium supplements and continue throughout pregnancy.
Iron and calcium should not be taken together. Iron supplements are to be taken before and calcium and Vitamin D after food.
Tab LIVOGEN twice daily 30 minutes before meals.
Tab SHELCAL 500 mg 2 tabs after lunch.
Cap D-Rise 2K once daily after dinner.
Plenty of oral fluids/ Iron rich High protein diet/ physical activity
Avoid spicy food, oily food, and outside food intake.
Review to 4th floor/Emergency SOS if c/o pain abdomen, bleeding p/v, or any other complaints.
For EMERGENCY Contact:9154865024
GDM Advice - For Medical Nutritional Therapy for control of blood sugars (Dietician counselling).
To monitor sugars as a 4-point check, that is fasting, 2 hours after breakfast, lunch, and dinner.
Aim to maintain sugars < 95 mg/dl in fasting and < 120 mg/dl as a two-hour post-meal value
and meet an Endocrinologist.
Frequency of monitoring: Alternate

Rainbow Childrens Hospital-Himayatnagar
Rainbow Children's Hospital, Door no. 3-6-267, opp. Cafe niloufer, Old MLA quarters road AP State Housing Board Himayatnagar Hyderabad Telangana

UHID	HNH-00014289	**Visit No**	2607-003749
Patient Name	Mrs Y RAJESHWARI	**Visit Date**	17-07-2026 11:14 AM

Explained about FKC. To check movements from 26 weeks. To come immediately if any concerns with the fetal movements.

Y. Padmaja

Dr. PADMAJA YELISETTY
MBBS, MD, MRCOG,FRCOG
52427

**** This Card is Valid upto 24-07-2026 or First Visit - Which ever is the earliest ****

Rainbow® Children's Hospital
It takes a lot to treat the little.

BirthRight™ BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

OUT PATIENT CARD CUM RECEIPT

UHID	: HNH-00014289	**Bill No**	: OCS26-00125680	**Bill amount :**	0.0 Rs
Patient Name	: Mrs Y RAJESHWARI	**Bill Date**	: 15-07-2026 10:39:53 AM		
DOB/Age/Gender	: 24-May-1992/ 34Y 1M 21D / Female	**Doctor Name**	: Dr. PADMAJA YELISETTY		
Doctor Reg	: 52427	**Department**	: OBSTETRICS AND GYNECOLOGY		
Visit/Appt Type	: Follow-Up Visit / Physical	**Specialization**	:		
Payor	: SELFPAY				

15/7/2026
10:30am

33yr $G_2P_1L_1$ c prev SVB c PGDM on Insulin and OHA
at 37wks 3day g GA

Came c c/o pain abdomen - 7am.

c/s/r
Dr. Mounika.

o/e pt c/c/c
apyrexial.
PR - 93bpm
BP - 130/90mmHg
GRBS - 82mg/dl
pallor (-)
Pedal edema (+)

NST - Reactive.

P/A - u/t - TG
1-2c/15sec/10min
Cephalic
FHS (+)
4/5th palpable.

P/V - Cx - long, mid, ant
OS - 1F
m (+)
PPV x-2

C/S/T Dr. Padmaja Yelisetty

- Adv: T. PARACETAMOL 500mg 6th hrly. → pt observed for LAR → Contra + Washes to go home
Review whenever pain increased/SOS.

- Continue Antenatal medication
- Daily Pelvic Exam
- Review on 17/7/22, weekly NST

Dr. S. Mondal
Dr. S. Mondal Sahoo

Fetal Medicine Report

RAINBOW HOSPITAL FOR WOMEN AND CHILDREN
3/6/234, Old MLA Quarters Rd.
Himayatnagar, Hyderabad -500029
T - 040-48873000
Reg No (Under PC & PNDT Act 1994): 0116A1466/2023

BirthRight™ BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

FetalMedicine ID: HNR3110086
ViewPoint ID: 3110086
Date 10-07-2026

Growth Scan

Patient: **Y Rajeshwari** DOB: 24-05-1992

Exam date: 10-07-2026

Indication	Fetal growth scan
History	**OB History** **Gravida 2. Para 1** Children born living at term 1. Born living children 1
Method	Voluson E8, Transabdominal and transvaginal ultrasound examination. View: Suboptimal view: limited by late gestational age
Pregnancy	Singleton pregnancy. Number of fetuses: 1

Dating

	Date	Details	Gest. age	EDD
LMP	25-10-2025		36 w + 6 d	01-08-2026
Agreed dating		**based on the external assessment**	**36 w + 3 d**	**04-08-2026**

General Evaluation

Cardiac activity present. FHR 152 bpm. **Fetal movements**: visualised. **Presentation**: cephalic
Placenta: Anterior high
Umbilical cord: 3 vessel cord
Amniotic fluid: Amount of AF: normal. AFI 17.7 cm

Fetal Biometry

BPD	92.8 mm		99%	TAD	104.5 mm		
OFD	111.2 mm		19%	AC	325.0 mm		62%
HC	321.1 mm		35%	Femur	67.7 mm		11%
Cerebellum tr	45.2 mm		86%	HC / AC	0.99		
APAD	102.4 mm						

Fetal Weight Calculation:

EFW	2,856 g		45%	EFW by	Hadlock (BPD-HC-AC-FL)
EFW (lb,oz)	6 lb 5 oz				

Head / Face / Neck Biometry:

BPD / OFD	0.83		70%	2nd Ventr	3.4 mm
1st Ventr	5.4 mm				

Abdomen Biometry:

MAD	103.5 mm			Trunk area	107.0 cm²		>99%
Trunk area	84.0 cm²		86%	rect.			
ell.							

Fetal Medicine Report

BirthRight™ BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

Urinary Tract Biometry:

Rt Renal pelvis ap	2.5 mm	Lt Renal pelvis ap	2.5 mm

Extremities / Bony Structures Biometry:

FL / BPD	0.73	FL / AC	0.21
FL / HC	0.21		

Fetal Doppler

Umbilical Artery:

PI	1.07	89%	RI	0.64	81%

Mid Cerebral Artery:

PI	1.50	26%	PS	0.82 MoM	
PS	45.00 cm/s		CPR PI	1.40	3%

Maternal Doppler

Right uterine artery:

PI	0.47	4%	RI	0.37	

Left uterine artery:

PI	0.52	10%	RI	0.38	
Mean PI	0.50	6%			

Comment

Please note: All fetal anomalies cannot be detected by ultrasound alone. The pick up rate of abnormalities depend on gestational age of the fetus, fetal position, maternal habitus, tissue penetration of ultrasound waves and machine resolution. The results of the today's scan have been discussed with the parents. They were aware that ultrasound examination alone cannot exclude all genetic syndromes or chromosomal abnormalities.This report is not for medicolegal purposes.

Impression

PGDM on Insulin and OHA

There is a single viable intrauterine pregnancy.

The fetus is in cephalic presentation.

Fetal growth, (EFW - 45th centile)

Amniotic fluid (AFI - 17.7) is normal

Fetal Doppler and Uterine artery Doppler are normal.

Detailed structural evaluation of fetus not possible due to advanced gestation and fetal position. All abnormalities cannot be excluded by ultrasound alone. Some abnormalities evolve as gestational age advances.

I, Dr. Mythreyi. K declare that while conducting ultrasonography / image scanning on Mrs. Rajeshwari, I have neither detected nor disclosed the sex of her fetus to any body in any manner.

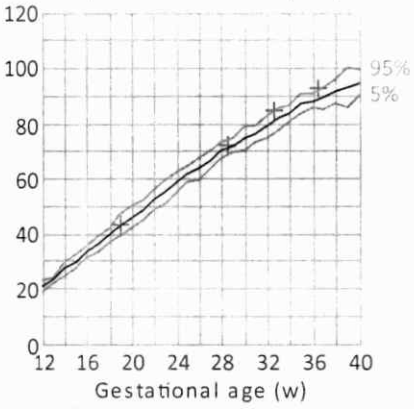
Follow-up

Refer back to obstetric consultant for further management.

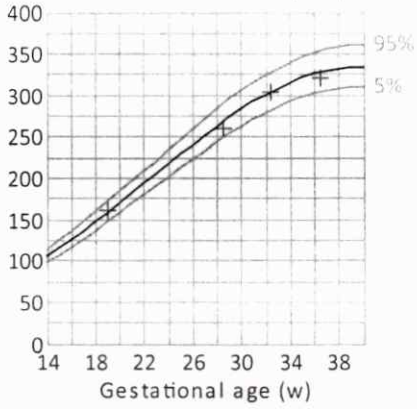
Fetal Medicine Report

BirthRight™ BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

Biparietal diameter (mm)

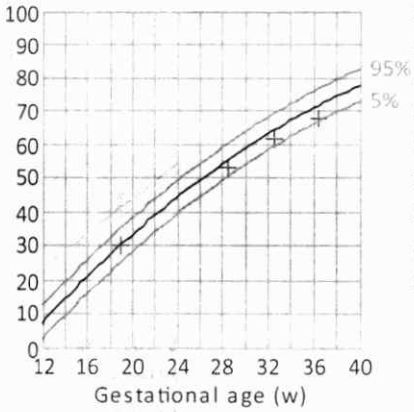


Head circumference (mm)

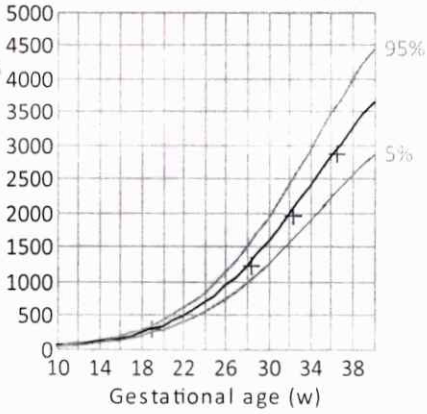


Abdominal circumference (mm)

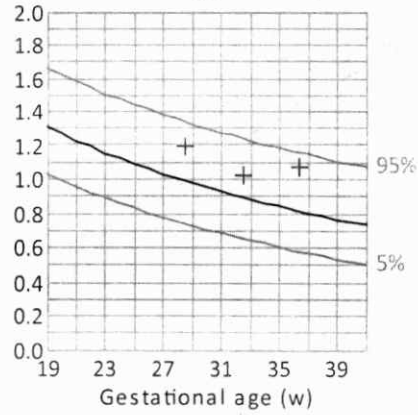
Femur length (mm)



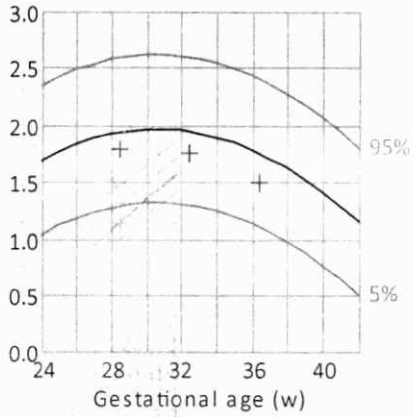
Estimated fetal weight (g)



Umbilical artery pulsatility index



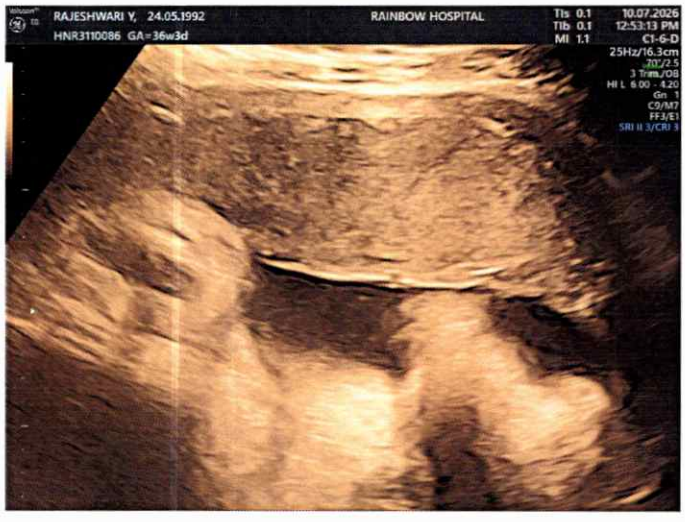
Mid cerebral artery pulsatility index

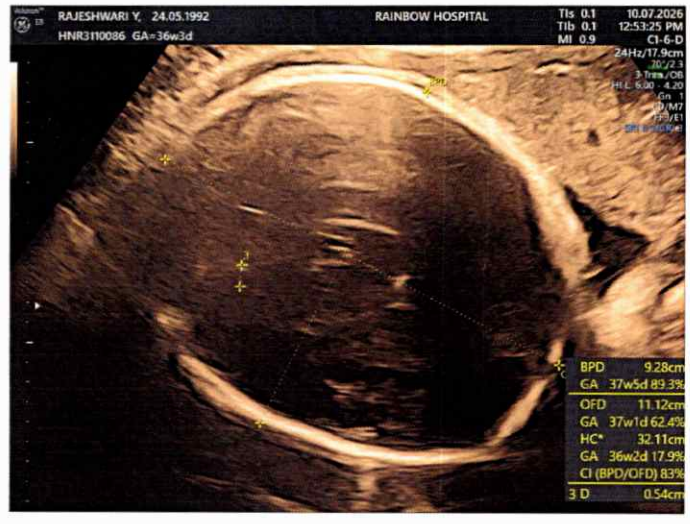


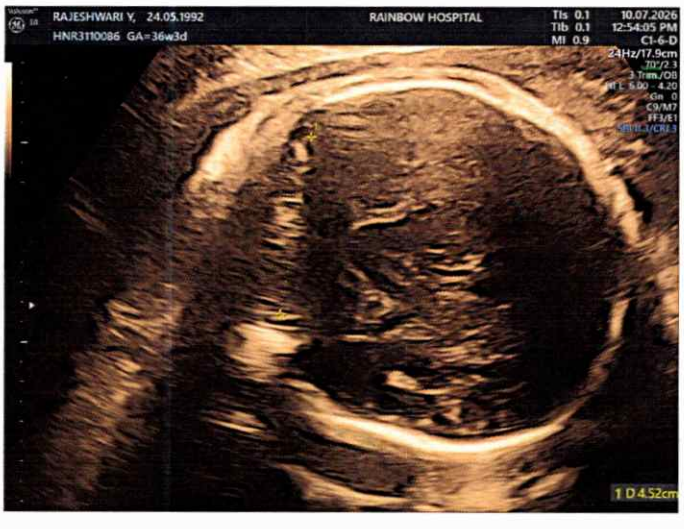
Dr. Padmaja
Regd. No - 52427
Referring Consultant

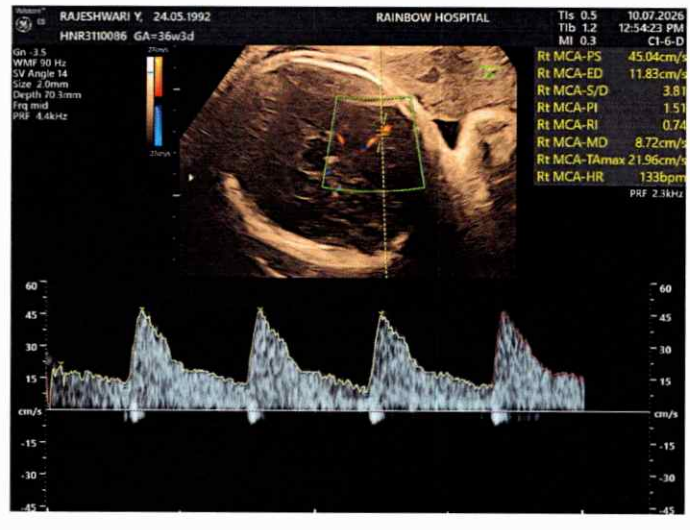
Dr Mythreyi K

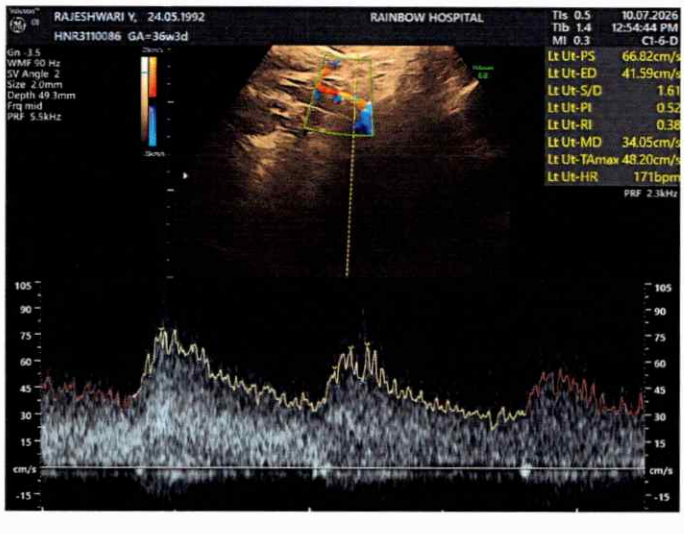
Performing Physician

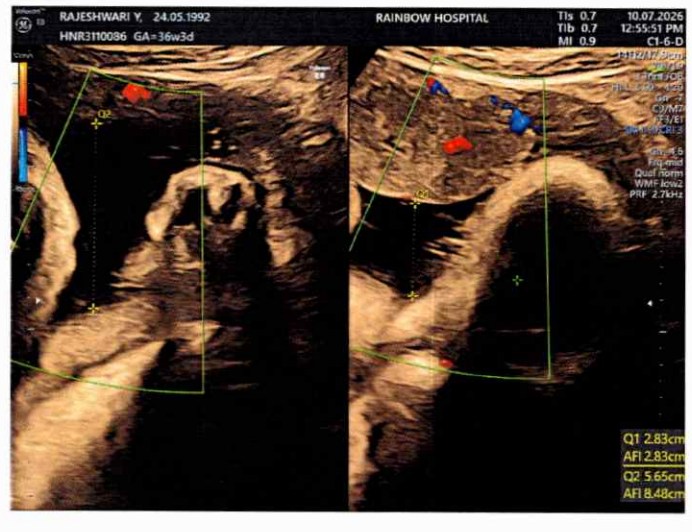

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
10.07.2026
12:53:13 PM

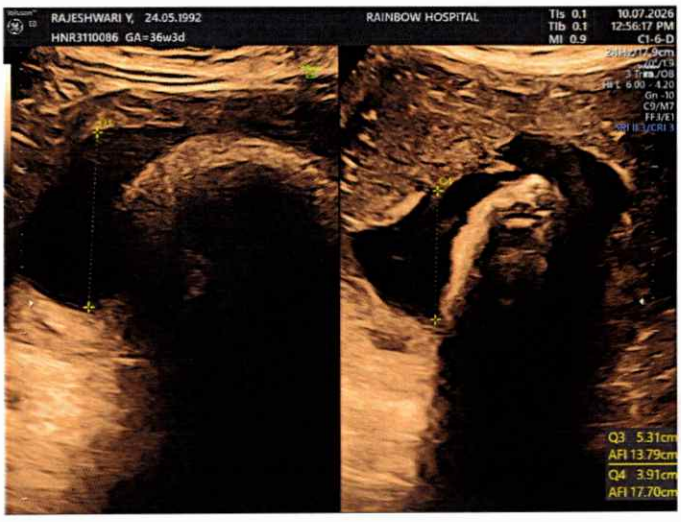

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
10.07.2026
12:53:25 PM
BPD 9.28cm
GA 37w5d 89.3%
OFD 11.12cm
GA 37w1d 62.4%
HC* 32.11cm
GA 36w2d 17.9%
CI (BPD/OFD) 83%
3 D 0.54cm

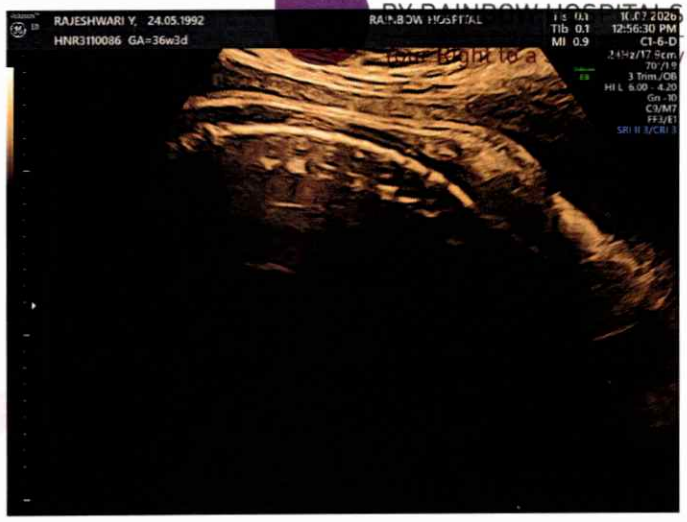

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
10.07.2026
12:54:05 PM
1 D 4.52cm

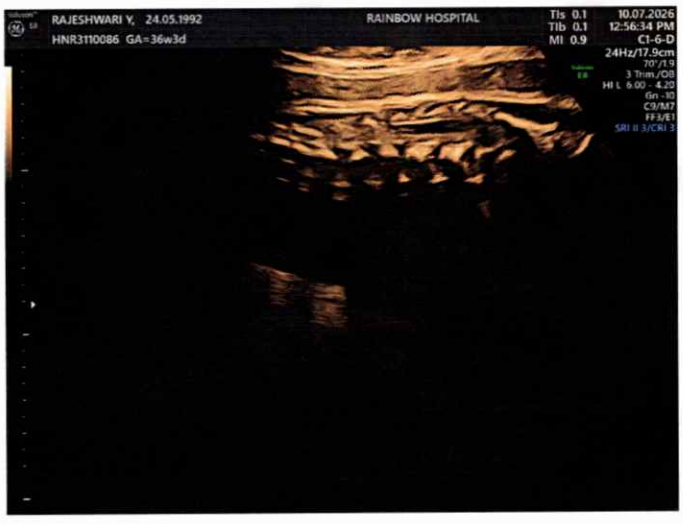

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
10.07.2026
12:54:23 PM
Rt MCA-PS 45.04cm/s
Rt MCA-ED 11.83cm/s
Rt MCA-S/D 3.81
Rt MCA-PI 1.51
Rt MCA-RI 0.74
Rt MCA-MD 8.72cm/s
Rt MCA-TAmax 21.96cm/s
Rt MCA-HR 133bpm
PRF 2.3kHz
cm/s

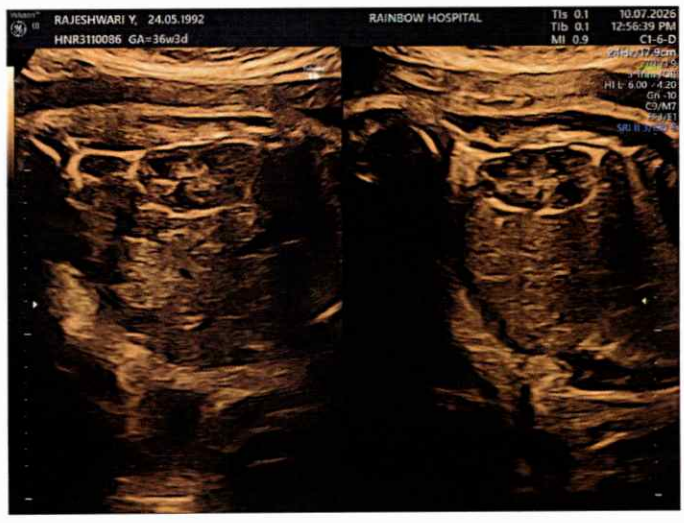

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
10.07.2026
12:54:44 PM
Lt Ut-PS 66.82cm/s
Lt Ut-ED 41.59cm/s
Lt Ut-S/D 1.61
Lt Ut-PI 0.52
Lt Ut-RI 0.38
Lt Ut-MD 34.05cm/s
Lt Ut-TAmax 48.20cm/s
Lt Ut-HR 171bpm
PRF 2.3kHz
cm/s

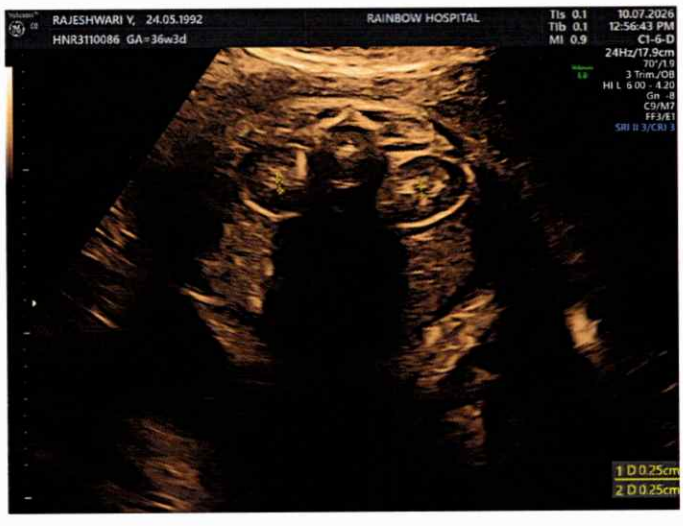

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
10.07.2026
12:55:51 PM
Q1 2.83cm
AFI 2.83cm
Q2 5.65cm
AFI 8.48cm

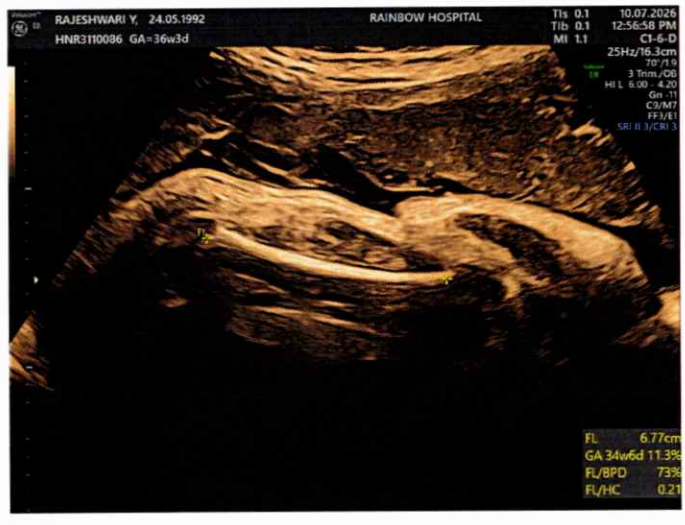

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
Q3 5.31cm
AFI 13.79cm
Q4 3.91cm
AFI 17.70cm

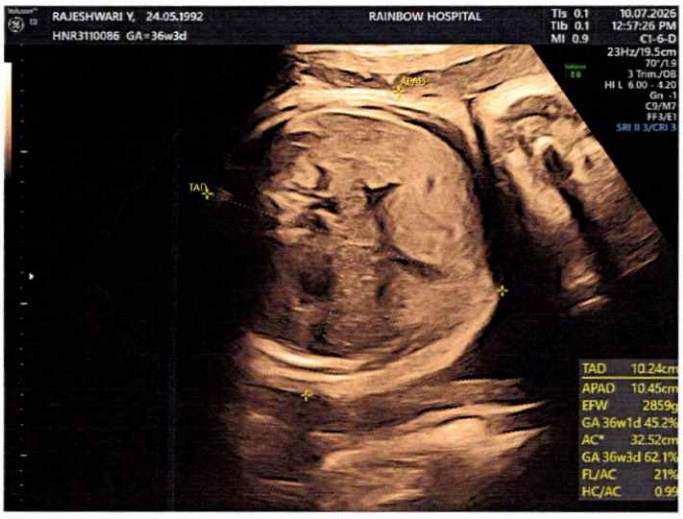

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d

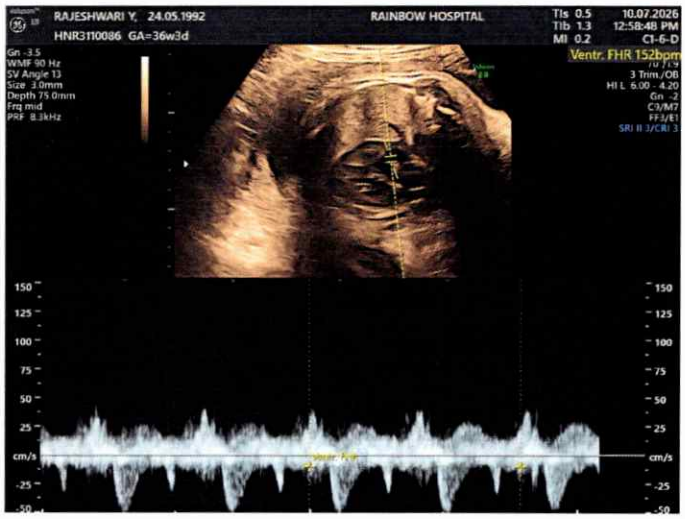

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL

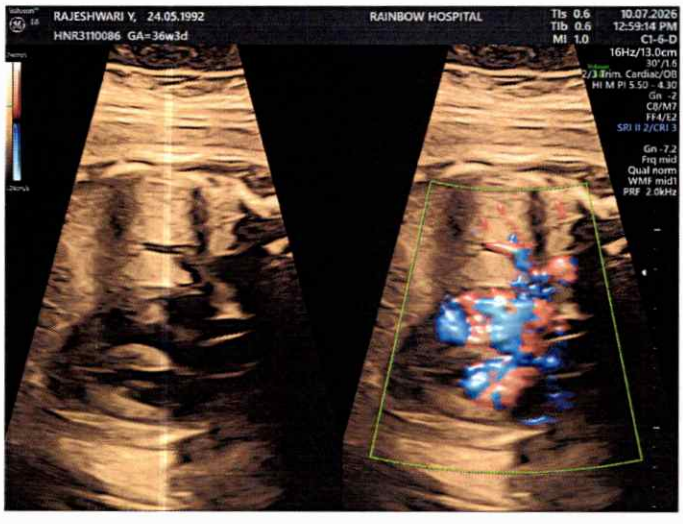

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL

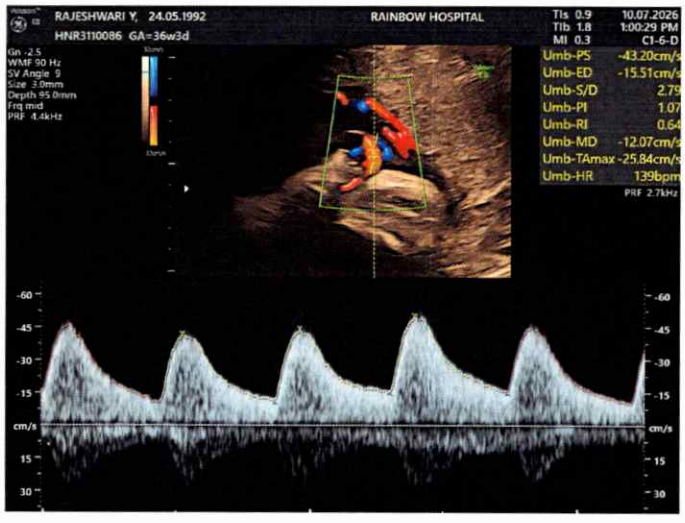

RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
1 D 0.25cm
2 D 0.25cm


RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
FL 6.77cm
GA 34w6d
FL/BPD
FL/HC


RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
TAD 10.24cm
APAD 10.45cm
EFW 2859g
GA 36w1d 45.2%
AC* 32.52cm
GA 36w3d 62.1%
FL/AC 21%
HC/AC 0.99


RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
Ventr. FHR 152bpm


RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL


RAJESHWARI Y, 24.05.1992
HNR3110086 GA=36w3d
RAINBOW HOSPITAL
Umb-PS -43.20cm/s
Umb-ED -15.51cm/s
Umb-S/D 2.79
Umb-PI 1.07
Umb-RI 0.64
Umb-MD -12.07cm/s
Umb-TAmax -25.84cm/s
Umb-HR 139bpm