

DISCHARGE TRACKING SHEET

ID-

FLOOR-

NAME OF CONSULTANT-

ACTIVITY	INTIME	OUT TIME	NAME & SIGNATURE	REMARKS	<To be filled by Admin>		
Activity Sheet update by Nursing							
Activity Sheet update by Pharmacy							

ACTIVITY RECORD FOR BILLING

GUC-00047617 IP18-00036525
Mrs D KALAIVANI
21-09-1990 35 Y 9 M 28 D (F) S
Jr. LUCETTA AMELIA DIAS



Name: KALAIVANI
UHID No: 47617 IP No: 36525 Consultant: Dr. Lucetta Dept:
Date of Admission: 19/7/26 Time: 9:59am Date of Discharge: Time:
Room / Bed No: Ward: Suggested Billable bed type:

WARD TRANSFERS

Date	Time	From	To	Signature of Nurse
19/7/26	11:20pm	MLW	7th floor	Dani/olomw

CROSS CONSULTATION VISIT

	Doctor Name	Date	Order No.	Signature
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

INVESTIGATIONS

[illegible]

PROCEDURE

[illegible]

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Prepared By: Sul

Billing Supervisor

7th Nov

GUC-00047617 IP18-00036525
 Mrs D KALAVANI
 21-09-1990 35 Y 9 M 28 D (F)
 Dr. LUCETTA AMELIA DIAS



DISCHARGE TRACKING SHEET

FLOOR-

NAME OF CONSULTANT-

ACTIVITY	TIME		NAME & SIGNATURE	REMARKS	<To be filled by Admin>
Discharge Announcement	20/7/26 at 1 PM				
	INTIME	OUT TIME			
Arrangement of File by Nursing		20/7/26 1 PM	<i>[Signature]</i>		
Preparation of Discharge Summary					
Finalization of discharge summary					
Transfer of file from Ward to Billing Dept					
Bill Processing					
Audit Clearance					
Billing Clearance					
Physical Clearance					



ADMISSION SHEET

Registration Details :

Admission No : IP18-00036525

Admit Date : 19-Jul-2026

Admit Time : 09:59 AM UHID : GUC-00047617



Patient Details :

Patient Name : Mrs D KALAIVANI

Age : 35 Y 9 M 28 D

Guardian : MR T SURESHKUMAR

DOB : 21-09-1990

Gender : Female

Religion :

Occupation :

Martial Status :

Address (H) : 5/1, JAYARAMAN FLATS, 5TH STREET,
SAIDAPET, CHENNAI Chennai, Chennai Tamil
Nadu INDIA 110005

Phone No : 7639039878

E-mail : sureshkr1984@gmail.com

Admission Details :

Bed Type : MICU

Bed No : MICU 803

Ward Name : 8F-OT COMPLEX

Room No : MICU 803

Admission Type : First Visit

Contact Details :

Name : MR T SURESHKUMAR

Relationship : Husband

Contact Address : 5/1, JAYARAMAN FLATS, 5TH STREET,
SAIDAPET, CHENNAI Chennai, Chennai Tamil
Nadu INDIA 110005

Phone No : 8220738179

T. Suresh Kumar

Signature

Doctor Details :

Doctor Name : Dr. LUCETTA AMELIA DIAS

Specialisation : OBSTETRICS AND GYNECOLOGY

Referral Doctor : Dr. Lucetta Amelia Dias

Phone No :

Co-Consultant

Payment Details :

Payment Mode : Cash

Deposit Amount : 7000.00

Payor Name : SELF PAY

GENERAL CONSENT FOR TREATMENT

Patient Name: Mrs D KALAIVANI

Age : 35 Y 9 M 28 D

IP No: IP18-00036525

Sex: Female

Consultant: Dr. LUCETTA AMELIA DIAS

Ward/Bed No: 8F-OT COMPLEX/MICU 803

The undersigned patient and I or responsible relative or person hereby consent to and authorize Rainbow Hospitals doctors and medical personnel to perform medical examinations, conduct routine investigations and administer medical treatments, outpatient procedures, minor dressings, vaccinations and immunizations during the course of the patient's care, as in patient.

Patient, be deemed advisable or necessary.

I understand that the confidentiality of all medical records shall be protected to the full extent of the Law. The undersigned also consent to the use of health related information/ audiovisuals of the patient for research & training purpose or for insurance coverage and while doing so confidentiality of the patient will be maintained at all times and this will not affect the care of the patient.

In giving my general consent to treatment, I understand that I retain the right to refuse any particular examinations, test, procedure, treatment, therapy or medication recommended or deemed medically necessary by treating doctors. I also understand that the practice of medicine is not an exact science and that no guarantee have been made to me as the results of my evaluation and I or treatment.

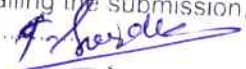
I understand that I shall not bring valuables to the Hospitals and that the Hospital will not be responsible for the loss, destruction or theft of my personal belongings. I assume full responsibility for all my personal items and release the Hospital from responsibility and liability for such personal items and valuables.

"I am aware that during the patient care it is inevitable that certain re-useable equipment shall be re-used after sterilization and disinfection. I am informed that the hospital assures maximum level of precaution and care in sterilizing and disinfecting the equipment and monitors the whole process as per evidence based guidelines".

Note:

1 We do not allow use of medication brought from outside by the patient.

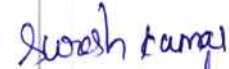
2 I have received attendant passes as per my room category. I understand that I have to return it back at the time of final bill clearance. In case of failing the submission, I will pay 200/- Rs.

(Patient's Signature: )

3 IP Guide book has been given to me and I have been explained about the Hospitals rules and policies.

4 Financial and billing counseling has been done to me.

Signature of Patient/Relative: 

Name: 

Relationship: Husband

Date: 19/07/2026

Witness Name: Joevitha

Witness Signature: 

Patient Address:

5/1, JAYARAMAN FLATS, 5TH STREET,
SAIDAPET, CHENNAI Chennai, Chennai
Tamil Nadu INDIA 110005

Time: 9:59

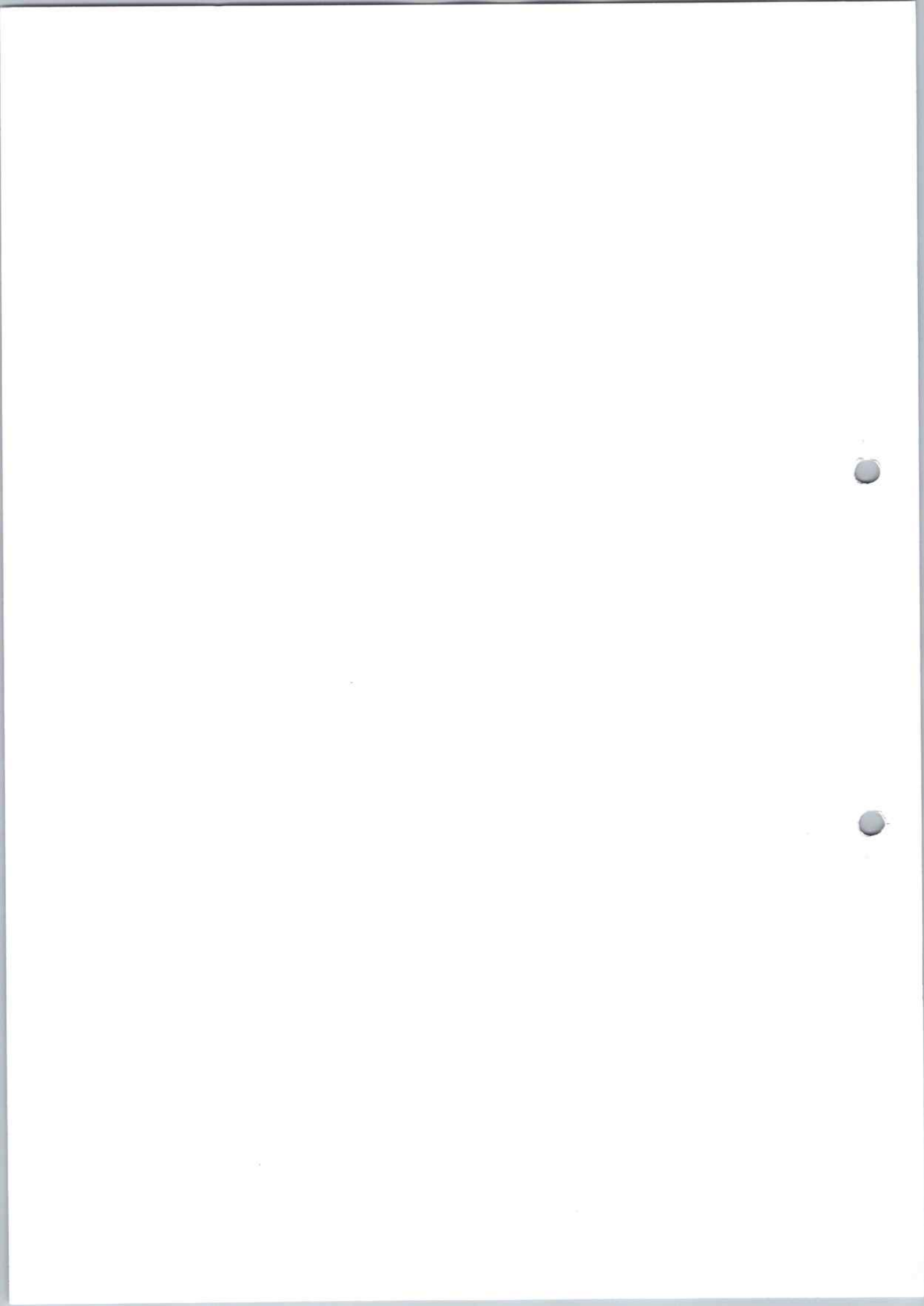
BILLING POLICY

- ▶ **Billing Cycle:** - Bed charges will be calculated based on 12PM to 12PM checkout. Settlement post 12PM, room rent will be charged for half day extra & post 6PM, it will be charged for full day. Less than 24 hours stay will be considered as one day.
- ▶ Room Rent inclusive of Bed, Nursing, Consultation Charges and all other charges, like Diet, Investigations, IP or OP Procedures, Equipment, Cross Consultations, Blood/ Blood Products, Implants, Ward Consumables, Infection Preventive Measure Charges, Pharmacy and Consumables will be charged extra.
- ▶ 5% GST Charges applicable on more than INR 5,000/- Bed Charges which was effective from 18.07.2022 as per the GST Council.
- ▶ As per the G.O.I. guidelines, we can collect Rs 1,99,999/- only in cash mode, balance patient can pay through Credit Card/ Debit Card/ NEFT / RTGS / Demand Draft and Online Payment.
- ▶ In the event of TPA / Cashless denial or approval not received due to any reason then hospital tariff will be applicable and any discount or special rates given to TPA's / Corporate won't be applicable.
- ▶ If the Surgery/ Procedures performed in emergency hours (8PM-6AM), Public Holiday and on Sunday will be charged 30% extra.
- ▶ Asst. Surgeon and Anesthetist Charges will be charged 30% on the Surgeon Charges.
- ▶ Admission will be done according to the ward category chosen by the patient; charges will be applicable as per the ward category. All charges vary as per Room category, except Pharmacy and consumables.
- ▶ Patient / Guardian Self Attested Government ID proof is mandatory to submit at the admission.
- ▶ TPA Insurance Processing Fee applicable for all Insurance Cases.
- ▶ In our hospital there is "No Discounts Policy". Kindly co-operate.
- ▶ No Duplicate/ Second copy of OP or IP bill will be issued.
- ▶ In case the patient is shifted from lower category to higher category, all the charges like consultant visits, investigations, operations and procedures etc. from the date of admission will be charged according to the higher category.
- ▶ If the patient is shifted to the ICU, the attendant should vacate the room. If the attender occupies the room, it will be charged as per dual occupancy.
- ▶ Room eligibility is purely subject to TPA approval. Proportionate difference of the bill amount is applicable in case the patient opts for higher category higher than the TPA approved, which has to be paid by the patient and may not be reimbursed by the TPA / Insurance Company at later stage.
- ▶ For Non - Medicals, Disposables, Consumables, Infusion Pump, Taxes, Implants, HIV/ HbsAg, Medical Records, Insurance Processing Fee, Double Occupancy and Registration Charges, Etc., credit cannot be extended. These items are not payable to us as per insurance company norms (Depends on the TPA/Insurance Co. T&C).
- ▶ It takes time for cash discharge is a minimum 3-4hrs. and in the case of insurance, it will take a minimum 6-7hrs.
- ▶ Difference, if any between the final bill amount and amount permitted / approved by the TPA or total bill amount in case of denial from TPA, has to be paid by the patient.
- ▶ Two attendants are permitted with patients in Deluxe, Private Rooms and only one is permitted in the rest of the categories of rooms. No attendant is permitted in ICU's.
- ▶ All the refunds more than Rs.5,000/- will be refunded through NEFT within 7 Bank working days.
- ▶ Patient attendant can collect for Interim/provisional bill of the patient from the billing section on daily basis. Interim Bill shall be based on the acknowledged services in HIS. Final Bill of the patient may vary from the Interim bill based on actual update taken on the day of discharge. It is requested that patients/attendants enquire daily about the bill amount from billing section and pay the outstanding as on that day. You are requested to clear your outstanding amount on daily basis before 12 PM. **Patient bill outstanding should not be increase more than 10,000/-**

DECLARATION

I have attended the Financial Counselling desk & understood the expected costs & other conditions applicable. In this case, the TPA/Insurance Company rejects the claim for whatsoever reasons at any point of time after discharge, I promise to settle the claim with the hospital as per Hospital Cash Tariff.

Patient Name : <u>Kabirai</u>	UHID Number : <u>Gu-00047617</u>
Self/Attendant Name : <u>Suresh Kumar</u>	Relation : <u>Husband</u>
Self/Attendant Signature : <u>T. Suresh Kumar</u> Phone Number : <u>7639039878</u>	Name & Signature of Financial Counselor : <u>PT</u>





Name :

GUC No.:

Date : 19/7/20

[illegible]

VITAL SIGNS RECORD

Date :

Name :

GUC No.:

[illegible]

IP18-00036525

21-09-1990

35 Y 9 M 28 D

(F)

Dr. LUCETTA AMELIA DIAS



**Rainbow®
Children's
Hospital**
It takes a lot to treat the little.



BirthRight™

BY RAINBOW HOSPITALS

Your Right to a Safe Delivery

RBS CHART.

own ships.

Date	Time	RBS (mg/dl)	IVF %	Signature
19/7/26	10.30am	155mg/dl	Dr. Lucetta	Ph 016808
19/7/26	2pm	130 mg/dl	Dr. Lucetta	ben 10/10/20
19/7/26	4.30pm	151 mg/dl	Dr. Lucetta	Dr. Lucetta
19/7/26	9.10pm	128 mg/dl	Dr. Vinsky	Dr. Vinsky
20/7/26	12 AM	197 mg/dl	Dr. Vinsky	Dr. Vinsky
20/7/26	6 AM	109 mg/dl	Dr. Vinsky	Dr. Vinsky
20/7/26	10.30AM	144 mg/dl	Dr. Vinsky	Dr. Vinsky
20/7/26	1 pm	94 mg/dl	Dr. Vinsky	Dr. Vinsky

IP ADMISSION SHEET FOR OBSTETRICS

Presenting Complaints

40 abdomen pain on & off

Obstetric Formula:

G₃A₂

Obstetric History:

G₁: 2021 ; 8w ; Spont expulsion

G₂: 2023 ; 12w ; Spont expulsion

Present Pregnancy Record:

RISK FACTORS:

Chronic HTN

T₂DM on OHA

Height: 165 cm

Weight: 102.7 kg

Allergies: Nil

Breast: ☒ Normal ☐ Abnormal

General Examination:

Consciousness: conscious Pallor: ☐

Icterus: ☐ Edema: ☐

Temp: Afebrile PR: ☐

BP: ☐ DTR: ☐

CVS: S1S2 @ RS NVBS

Liver/Spleen: ☐ Urine Output: ☐

LMP:

13/11/25

EDD: 20/8/26

Corrected EDD:

GA: 35w3d

Menstrual History: Regular ☒ Yes ☐ No

Obstetric Examination

Maternal H: 5 yrs

Fundal Height:

36w;

Ut. Activity: ☐ Relaxed ☒ Mild ☐ Mod ☐ Severe

Liquor: ☐ Adequate ☐ Oligo ☐ Poly

PP: ☐ Cephalic ☐ Breech Others ☐

Head Fifths Palpable:

FHS: ☒ Normal ☐ Tachy ☐ Brady ☐ Absent

Per Speculum Examination

Draining: ☐ Present ☒ Absent ☐ Bleeding

Colour of Liquor: ☐ Clear ☐ Meconium ☐ Blood Stained

Vaginal Examination

Cervix: ☐ Long ☐ Partially effaced ☐ Effaced

Os: Closed Dilated

Membranes: ☐ Present ☐ Absent

Liquor: ☐ Clear ☐ Meconium ☐ Blood Stained

Presenting Part: ☐ Vertex ☐ Breech ☐ Others

Sutton: ☐ -3 ☐ -2 ☐ -1 ☐ 0 ☐ +1 ☐ +2

Pelvis: ☐ Adequate ☐ Doubtful

DIAGNOSIS

G₃A₂ / 35w3d / Chronic HTN / T₂DM on OHA
Abdomen pain ? Preterm labour.



Family History: Father - DM	Surgical History: Surgery for Lipoma in Both hands in 17th std.
Medical History: Chronic HTN diag in pregnancy T2DM diag. in pregnancy IBS	Medication History:
Plan of Care: <u>S/B Dr. Lucetta</u> - Admission - IV line - To give C. Depin Plain 10mg STAT - Inj. Duvadilan 10mg IM QID 1-0-1 C. Depin 10mg 1-0-1 - To continue T. Labetalol 150mg 6am 100mg 2pm - 100mg 10pm - Continue OHA - To do cervical length & Growth + Doppler 1 hour FHS 4 hly CTG 1 hr BP. 2hr pre lunch & post lunch CBG	Investigations: CTG CBC, CRP Urine routine Urine 4s CBG = 155

Doctor Name: Dr. VinitaSignature: [Signature]Date & Time: 12/11/3Consultant Name: Dr. LucettaSignature: (BOR) KAD

Date & Time: _____



PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
19/7/26 11 am	S/B Dr. Lucetta	
	Bed side scan	
	Cx: 3.2cm long ;	
	os closed	
	FHS: 150 bpm	
	Placenta - normal	
	Adv:	
	Follow drug chart	
	Shrict 1 hourly FHS, BP Q1H	
	CTG Q4H	
	Pre and 2 hrs post lunch CBG	
19/7/26 3 pm	S/B Dr. Vinitha	
	PT reviewed; No 40	
	O/E: GC fair; Afebrile	
	PIA: Ut 36w;	
	Relaxed	
	FH good	
	Pre lunch	
	CBG: 138mg/dl	
	Adv:	
	Shift to ward	
	CTG Q4H	
	FH Monitoring Q1H	
	BP 1 hourly monitoring	
	Wk abdomen pain; Bleeding P/v	
	Inform SOS	
	Vitals monitoring	
	Follow drug chart	
	Chr post lunch CBG @ 4:30 pm & inform	
VIA 12/11/3		

PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
20/01/2026 9AM	C/S/B Dr. Parvitha / Dr. Shreedevi	
GA- 35w+4d	Pt reviewed, Nil clo, NO imminent s/c, No s/c of Hypoglycemia	
	Able to PEM well	
T- (N)	No clo lower Abdominal Pain	Advice
PR- 98/min	OLE Pt GIC for Afebrile	- Diabetic diet
BP- 129/93mmHg	P° / P°	- Plenty of oral fluids
	CUS	- Strick FKC
	RS / NAD	- Vitals monitoring
	P/A - uterine @ 36 weeks	- Follow drug chart
	Relaxed	- CTG @ 4th hourly
	Cephalic	- Dphnally monitoring
	FHS - good	- WIF Pain abdomen / Bleeding or
		- Inform (SOS)
		- 6 point CBG profile + Inform
		- To do USG growth, chorion
		cervical length today

GUC-00047617
 Mrs D KALAIYANI 35 Y 9 M 28 D (F)
 21-09-1990
 Dr. LUCETTA AMELIA DIAS

IP18-00036525

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 Hospital
 It takes a lot to treat the little.

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 Your Right to a Safe Delivery

RESULT SHEET

Date	19/7/26				
Time					
Hb	10.7			Bl grp: B positive	
PCV	32			ICT Neg	
RBC					
WBC					
N/L					
Platelets	468			FT4: 1.31	
CRP	31			FT3: 2.82	
ESR				TSH: 2.24	
PCT					
RBS					
Na				ECG - Normal	
K					
Cl				HbA1c: 6.2	
Ca/Mg					
Phosphate				HIV	
Urea	11/7/26 7.9			HbS2g	N R
Creatinine	0.6			HCV	
ALP	87				
SGPT	8			PCR: 0.17	
SGOT	14				
T.Bill/Conj	0.32 p13			Urea: 11	
T.Protein				Creat 0.57	
S.Albumin					
S.Globulin					
A/G Ratio					
Uric Acid					
S.Amylase					
Sr.Lipase					
Blood Lactate					
S.Cholesterol					
PT/INR					
APTT					
CSF Protein / Sugar					
Cells					
N/L					

GUC-00047617

IP18-00036525

Mrs D KALAIYANI

21-09-1990

35 Y 9 M 28 D

(F)

Dr. LUCETTA AMELIA DIAS



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MEDICATION RECONCILIATION FORM

Drug Allergies:

☒ Not known any Drug Allergies

Medication Reconciliation will be done at the time of admission and also whenever there is change in the treating team or shifting from one unit to another unit.

(Example: at the time of admission shifting from ICU to Ward, or Ward to ICUs)

Shifting From: LDP

Shifted to:

S.No	MEDICATION NAME (GENERIC NAME CAPITAL LETTERS)	DOSE (mg, mcg)	ROUTE (PO, NG, SC, IV)	FREQUENCY	LAST DOSE Date / Time	ON ADMISSION / SHIFTING
1						☐ C ☐ DC
2						☐ C ☐ DC
3						☐ C ☐ DC
4						☐ C ☐ DC
5						☐ C ☐ DC
6						☐ C ☐ DC
7						☐ C ☐ DC
8						☐ C ☐ DC
9						☐ C ☐ DC
10						☐ C ☐ DC

* C- Continue, DC - Discontinue

MEDICATION HISTORY RECORDED / VERIFIED BY

Doctor Name & Signature:

Date & Time:

Nurse Name & Signature: S. N. Akala SA 01800Date & Time: 19/7/2021 at 9 AM

Docu. No. : RCH / FRM / GENERAL / 090

Page 1 of 1

17

11/12/11

11/12/11

11/12/11

11/12/11

11/12/11

11/12/11

11/12/11

SN	GENERIC NAME	DATE	TIME	DOSE	ROUTE	STATUS
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

11/12/11

11/12/11

11/12/11

11/12/11

11/12/11

11/12/11

11/12/11



REGULAR PRESCRIPTIONS

Weight. 102.76 lb Ward. DR

DRUG : T-LABETALOL				Date
Dose	Route	Frequency	Start Date	Time
150mg	P/O	1-0-0	19/7	6am / 12/7
Name & Signature of the Doctor Starting the Drugs:				
WJH 121113				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

DRUG : T-LABETALOL				Date
Dose	Route	Frequency	Start Date	Time
100mg	P/O	0-1-1	19/7	11/7 12/7
Name & Signature of the Doctor Starting the Drugs:				
WJH 121113				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

DRUG : C-DEPIN				Date
Dose	Route	Frequency	Start Date	Time
10mg	P/O	1-0-1	19/7	8am / 12/7
Name & Signature of the Doctor Starting the Drugs:				
WJH 121113				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

DRUG : INT-DUVADILON				Date
Dose	Route	Frequency	Start Date	Time
10mg	IM	1-0-1	19/7	9am / 12/7
Name & Signature of the Doctor Starting the Drugs:				
WJH 121113				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

GUC-00047617 IP18-00036525
 Mrs D KALAJVANI
 21-09-1990 35 Y 9 M 28 D (F)
 Dr. LUCETTA AMELIA DIAS



Weight 102.719 Ward. LDR

DRUG :

Route

Start Date

Name & Signature of the Doctor

Additional Instructions:

Date > Time	Nurse Sig.	Nurse Sig.	Nurse Sig.	Nurse Sig.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.

VARIABLE DOSE

DRUG :

Route

Start Date

Name & Signature of the Doctor

Additional Instructions:

Date > Time	Nurse Sig.	Nurse Sig.	Nurse Sig.	Nurse Sig.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.
Dose		Dose		Dose
Dr. Sign.		Dr. Sign.		Dr. Sign.

STAT / ONCE ONLY DRUGS

Date	Time	Medication	Dosage & Other Instructions	Route	Signature	Nurses
19/7/2019	10:00 AM	T-DEPIN	10mg	P/O	A 12/11/3	SA SP
19/7/2019	10:30 AM	INJ. DUVADILON	10mg	IM	A 12/11/3	SA SP
19/7	7:20 PM	T-DEPIN	10mg	P/O	A 12/11/3	SA AP
19/7	9 PM	INJ. EMESET	4mg	IV	A 12/11/3	SA AP

Mrs D KALAIYANI

21-09-1990

35 Y 9 M 28 D

(F)

Dr. LUCETTA AMELIA DIAS



I.V. FLUIDS CHART

Weight. 102.7kg Ward. LDP

[illegible]



Sheet No:

REGULAR PRESCRIPTIONS

Weight 102.7 kg Ward LDR

DRUG :				Date
Dose	Route	Frequency	Start Dt.	Time
500mg	P/O	1-1-0	19/7	8pm
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

DRUG :				Date
Dose	Route	Frequency	Start Dt.	Time
850mg	P/O	0-0-1	19/7	
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

DRUG :				Date
Dose	Route	Frequency	Start Dt.	Time
1 tab	P/O	1-0-1	19/7	8pm
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

DRUG :				Date
Dose	Route	Frequency	Start Dt.	Time
1 tab	P/O	0-1-0	19/7	
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				



Sheet No:

REGULAR PRESCRIPTIONS

Weight 10.2 kg Ward

DRUG : T. DYDROGEST				Date Time 19/7																
Dose 10mg	Route P/O	Frequency 1-0-1	Start Dt. 19/7	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	
Name & Signature of the Doctor Starting the Drugs: <u>UAD</u> 12/11/3																				
Additional Instructions:																				
Daily Doctor's Endorsement by a Sign																				
DRUG : T. MARTIFUR				Date Time 19/7																
Dose 100mg	Route P/O	Frequency 1-0-1	Start Dt. 19/7	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	
Name & Signature of the Doctor Starting the Drugs: <u>UAD</u> 12/11/3																				
Additional Instructions:																				
Daily Doctor's Endorsement by a Sign																				
DRUG : SYP. CITRALKA				Date Time 19/7																
Dose 15ml	Route P/O	Frequency 1-1-1	Start Dt. 19/7	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	8am	8pm	
Name & Signature of the Doctor Starting the Drugs: <u>UAD</u> 12/11/3																				
Additional Instructions:																				
Daily Doctor's Endorsement by a Sign																				
DRUG :				Date Time																
Dose	Route	Frequency	Start Dt.																	
Name & Signature of the Doctor Starting the Drugs:																				
Additional Instructions:																				
Daily Doctor's Endorsement by a Sign																				

Signature
VERIFIED BY : Name



1

Early Warning Observation Score Chart - Obstetrics

CONTACT DOCTOR FOR EARLY INTERVENTION IF PATIENT
TRIGGERS ONE ORANGE OR TWO YELLOW SCORES AT ANY ONE TIME

17/7/20

Date	8	9	10	11	12	1	2	3	4	5	6	7
Time	8	9	10	11	12	1	2	3	4	5	6	7
RESP (write rate in corresp. box)	> 30											
	21 - 30											
	11 - 20	19	19	20	20	20	20	20	20	20	20	20
	0 - 10											
Saturations	94 - 100 %	100	100	99	99	98	98	98	98	98	98	98
	< 94 %											
Administered O ₂ (L/min.)		RA	RA	RA	RA	RA	RA	RA	RA	RA	RA	RA
Temp °C	40											
	39											
	38											
	37	38.5	38.5	38.5	38.5	38.5	38.5	38.5	38.5	38.5	38.5	38.5
	36											
	35											
	< 35											
Heart Rate	170											
	160											
	150											
	140											
	130											
	120											
	110											
	100	89	80	90	92	90	90	90	90	90	90	90
	90											
	80											
	70											
	60											
	50											
	40											
Systolic Blood Pressure	190											
	180											
	170											
	160											
	150											
	140											
	130	120	132	130	130	130	130	130	130	130	130	130
	120											
	110											
	100											
	90											
	80											
	70											
	60											
	50											
	40											
Diastolic Blood Pressure	130											
	120											
	110											
	100											
	90											
	80											
	70											
	60											
	50											
	40											
NEURO RESPONSE [✓]	Alert											
	Voice											
	Pain											
	Unresponsive											
URINE mls / hour	> 30											
	< 30											
Proteinuria	Protein ++											
	Protein > ++											
Lochia	Normal											
	Heavy / Foul											
Liquor	Clear / Pink											
	Green											
TOTAL YELLOW SCORES		2	2	2	2	2	2	2	2	2	2	2
TOTAL ORANGE SCORES												
Nurse Initial												

DATE

TIME

FHR

~~10pm~~

19/7/26

12pm - 152 bpm

1pm - 138 bpm

2pm - CVU

3pm - 152 bpm

4pm - 150 bpm

6pm - 148 bpm

7pm - 150 bpm.

FHR

11pm - 158 bpm

3 Am - 148 bpm



FLUID CHART

Sheet No. : 1

1. All measurements in ml.
2. Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

Date	Time	Intake			Output					IV Site Thrombo- phlebitis Score	Sign. Nurse	
		Nature of Fluid	Route		NG	Diarrhoea	Vomit	Drainage	Urine			
			Mouth	I.V	N.G							
	08:00 am									0		
	09:00 am									0		
	10:00 am	H ₂ O	100						200	0	SA	
	11:00 am									0	SA	
	12:00 pm	H ₂ O	100						200	0	SA	
	01:00 pm	H ₂ O	100							0	SA	
Total Intake : 300ml					Total Output : 400ml							
	02:00 pm											
	03:00 pm	H ₂ O	200ml						250	0	SA	
	04:00 pm											
	05:00 pm	H ₂ O	100ml							0	SA	
	06:00 pm	H ₂ O	100ml						250ml			
	07:00 pm									0	SA	
Total Intake : 400ml					Total Output : 500ml							
	08:00 pm									0	SA	
	09:00 pm	H ₂ O	100ml							0	SA	
	10:00 pm	H ₂ O	50ml							0	SA	
	11:00 pm	H ₂ O	100ml						250ml	0	SA	
	12:00 am									0	SA	
	01:00 am									0	SA	
Total Intake : 250ml					Total Output : 250ml							
	02:00 am									0	SA	
	03:00 am									0	SA	
	04:00 am									0	SA	
	05:00 am									0	SA	
	06:00 am	H ₂ O	100ml						300ml	0	SA	
	07:00 am	H ₂ O	50ml							0	SA	
Total Intake : 150ml					Total Output : 300ml							
Total 24 hrs. Intake		1100ml										
Total 24 hrs. Output		1450ml										

23





NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
19/7/26	8.30 am	ADMISSION NOTES: Patient admission on 19/7/26. patient complaints of abdomen pain. patient general condition fair. vitals are checked & recorded. patient voided. csgt connected. PHE good. Dr. Lucetta saw the patient checked contraction 1 contraction in 10 min. patient ^{medical history of} diagnosis of chronic HIN in pregnancy. P2DM diagnosis in pregnancy. RBS. patient past surgical history of surgery for lipoma in both hands. patient diagnosis G13A2 / GA 35w+3d / Chronic HIN / P2DM on OHA / Abdomen pain. part preparation done. P. Depin 10mg p/o given. RBS - 155mg/dl Informed to Dr. Vinitha.	
	10am	Inj: Duvadilan 10mg Im given. There is no complaints of pain.	S/parameswari 016808
	10.30 am	↓ stat, IV line stat in left metacarpal vein. IV line patent.	S/parameswari 016808
			S/parameswari 016808

NOTE : DO NOT WRITE OUTSIDE THE MARGINS

GUC-00047617

IP18-00036525

Mrs D KALAIYANI

21-09-1990

Dr. LUCETTA AMELIA DIAS

35 Y 9 M 28 D

(F)



NURSES NOTES

Rainbow
Children's
Hospital
It takes a lot to treat the little.

BirthRight™
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

□ Drug Allergies
□ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
19/7/26	11:30 am	Dr. Lucetta saw the patient checked scan. advised to C-Depin, Inj: Duvelon, continue OHA, To do cervical length & Growth & doppler. hourly FHR, 4th hly CTG, hourly BP, pre lunch & post lunch h CTG.	S/param 016808
	12 pm	patient general condition fair. vitals are checked & recorded. FHR hourly monitor.	S/param 016808
	1 pm	patient voided. CTG connected. FHR good. fetal movements well.	S/param 016808
	2 pm	Dr. Lucetta advised to. Stopped CTG FHR is good & provided comfortable position	Atallys 01805
	2:30 pm	I checked for pre dinner CBU 138 mg/dl Informed Dr. Lucetta advised to see Lunch CBU check. then informed	Atallys 01805
	3 pm	I checked for vital signs. observed patient was stable checked for FHR is good & FHR is stable	Atallys 01805
	4 pm	FHR is good & stable PT vital are stable 9/30/90 mmHg	Atallys 01805

NOTE : DO NOT WRITE OUTSIDE THE MARGINS



NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
		Receiving Notes.	
19/12/20	4.20pm	Handover received from LDR staff. Patient is active and alert. IV line present. Post lunch RBB - 15mg/dl. Inform Dr. Vinitha mam.	Gouff Dion
		BP, FHR, PR hourly.	
		CTB - 4th hourly. Diabetic diet patient. T-mantique 100mg adl.	
	5pm	Measured vital signs and recorded. BP - 140/92 (100).	
	5.30pm	Recheck BP - 147/97 (108). Inform Dr. Vinitha mam.	
	6.30pm	BP - 160/110 mmHg Inform Dr. Vinitha mam. T-dipin 10mg given as per chart.	
	6.40pm	Dr. Vinitha mam came and given the patient advice to BP - 100mm once, see dinner and post dinner. ECG need to checked.	
		6pm. T-mantique 100mg given. Dr. Lucetta mam orderly - Inj duvadice 8pm need to give.	
	7pm	checked BP - 160/104 (117). Dr. Vinitha mam advice to give	

NOTE : DO NOT WRITE OUTSIDE THE MARGINS

NURSES NOTES

- ☒ No Known Drug Allergies
☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
		T- dipin long given. Dr. Vinitha mam Present Tab. dipin long given. 10min after BP checked 100. c74 connected to patient	
	7.30pm	Handover given to night duty staff	
		Night duty on 19/07/20	
	7.30pm	patient detail handing over taken from evening duty staff patient conscious and oriented patient iv line patent.	
	8pm	patient on diabetic diet —→ vital signs checked and Recorded —→	Ph
	8.30pm	C74 reactive and good. Send to Dr. Vinitha advised by stop C74 —→	Ph
	9pm	patient have vomiting informed Dr. Vinitha man advised by Dr. Suresh 4mg given to patient. Dr. Suresh 4mg given to patient Dr. Duraidhara long given IM Route →	Ph
	9.10pm	pre dinner 12mg 128mg ¹ informed Dr. Vinitha man advised by give 1. Glycomet 850mg —→ 1 Glycomet 850mg given to patient. —→	Ph Ph

NOTE : DO NOT WRITE OUTSIDE THE MARGINS



LABOUR AND DELIVERY NURSING ASSESSMENT

Date of Admission: 19/7/26

Baseline Information:

Admission From: ☐ ER ☐ OPD ☐ Admission Desk ☐ Others: specify LDp

Primary Language: ☐ Telugu ☐ English ☐ Hindi ☒ Others Tamil

Do you require an interpreter? ☐ Yes ☒ No

Source of Information: ☒ Patient ☐ Family ☐ Others

Personal belonging if any: ☒ Jewelry ☐ Nose Ring ☐ Bangles ☐ Anklets ☐ Finger Ring ☐ Bracelets

handed over to Husband

Allergies: ☐ Yes ☒ No ☐ Medications ☐ Blood Transfusion ☐ Food ☐ Other:

If yes, identify

Chief Complaints: patient complaints lower abdomen pain

Doctor Notified on Admission: ☒ Yes ☐ No

Name of the Doctor: Dr. Vinita

Time Notified: 2.30am

Past Medical History: Obtained From ☒ Patient ☐ Family Member ☐ Medical Record ☐ Other (specify)

Past Medical History	Past Surgical History	Previous Hospital Admission
<u>Chronic HTN</u> <u>T2DM</u>	<u>surgery for lipoma in both hand</u>	

Blood Group: B positive LMP: 13/11/25 EDD: 20/8/26 Gestational age during admission: 35w3d

Contractions: 1 contraction Vaginal Discharge: -

Obstetric History: G 3 P - L - A 2 Previous LSCS -

Height: 165 Weight: 102.7 BMI: -

Temp: 98°F HR: 90bpm RR: 20bpm BP: 130/80mmHg SpO₂: 99%

High Risk Factors: (Please select by ticking (✓) the box as applicable)

☐ Hypothyroidism	☐ Rh Incompatibility	☐ Fertility Treatment
☐ Hyperthyroidism	☐ Previous LSCS	☐ Preterm Labour
☐ Hypertension	☒ Gestational Hypertension	☐ Others: (Specify)
☐ Diabetes	☐ Bad Obstetric History	<u>Chronic HTN</u>
☐ Anemia	☐ Obesity (BMI)	<u>T2DM</u>
	☐ Twins / Multiple Pregnancy	

Patient Sticker

Family History: ☐ No Abnormalities Detected

☐ Heart Disease ☐ Hypertension ☐ Diabetes ☐ Stroke ☐ Seizures ☐ Kidney disease
☐ Liver disease ☐ Other *Fracture - Dht*

Pain Assessment: Pain: ☒ Yes ☐ No (If Yes, complete the Pain Assessment / Reassessment Form)

Fall Assessment: ☐ Yes ☒ No Score 35 (complete the Morse Fall Risk Assessment Sheet)

Risk of Pressure Sore: ☒ Yes ☐ No Score... 27 (complete the Braden Q Sheet)

FUNCTIONAL SCREENING: If a patient needs assistance with any of the following inform consultant

☐ Mobility problem ☐ Walking Problem ☒ No Abnormality Detected

☐ Developmental Delay ☐ Musculoskeletal Congenital Abnormality

Inform consultant for positive criteria

NUTRITIONAL SCREENING:

☒ Overweight
☐ Under Weight
☐ Poor Appetite > 3 Days
☐ Diabetes Mellitus
☐ Needs Therapeutic Diet.
☐ No Abnormality Detected

Inform consultant for positive criteria

PSYCHOLOGICAL SCREENING:

☒ Calm & Cooperative ☐ Restless ☐ Depressed ☐ Agitated ☐ Confused

☐ Others _____

Inform consultant for positive criteria

SOCIAL SCREENING:

1. Marital Status: ☐ Single ☒ Married ☐ Divorced ☐ Widow

2. Special Habits: Smoker: ☐ Yes ☒ No Alcohol Abuse: ☐ Yes ☒ No Drug Abuse: ☐ Yes ☒ No

Social History: Lives With Husband

Orientation has been given regarding the following aspects:

Call Bell in Reach: ☒ Yes ☐ No

Infusion Pump : ☒ Yes ☐ No

Above information given to mrs. kalaivani

Name of Person Orientation was given to: Mrs. Kalavani

Orientation not given Reason:

Nurse Signature: _____

Nurse Name:

Date & Time:



OBSTETRIC TRIAGE ASSESSMENT FORM

Date: 19/7/26 Time of Arrival: 8:30am Time Seen by Nurse: 8:30am

1) Level of Consciousness: ☒ Conscious ☐ Semi-Conscious ☐ Unconscious

2) Chief Complaint (Reason for Visit): (Circle the item as appropriate)

- ☐ Severe Pain / Moderate Pain ☐ Preterm rupture of Membranes / Leaking Water PV
☐ Bleeding PV: Slight / Heavy ☐ Preterm Labor/ Labor
☐ Decreased Fetal Movement ☐ Spontaneous Rupture of Membrane / Leaking Water PV
☐ No Fetal Movement ☐ Other Reason:

3) Vital Signs: Temperature: 98°F Pulse: 90bpm RR: 20bpm SpO₂: 99% BP: 130/80mmHg Weight: 119

4) Gestational Criteria:

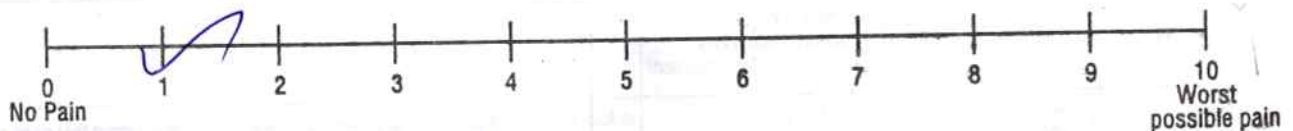
Gravida:	G <u>3</u>	P <u>—</u>	L <u>—</u>	A <u>2</u>
----------	------------	------------	------------	------------

LMP: 13/11/25 EDD: 20/8/26 Gestational Age: 35w+3d

Uterine Contraction	☒ Yes ☐ No ☐ NA	Onset	Time	Frequency:
Membrane Rupture	☐ Yes ☒ No ☐ NA	Onset	Time	Fluid Color:
Vaginal bleeding	☐ Yes ☒ No ☐ NA	Onset	Time	Amount:
Pre Eclampsia Symptoms	☐ Yes ☒ No ☐ NA	If Yes specify: Headache / Visual Symptoms / Pain Abdomen / Vomiting		
Good fetal Movement	☒ Yes ☐ No ☐ NA	If No specify:		

5) Pain Screening:

Numerical Pain Scale (NPS)



- ① Location: lower abdomen pain
② Duration: 1 Days / Weeks / Months (Strike out which is not applicable)
③ Character: mild pain
④ Frequency: 1 time once
⑤ Interventions: provide comfortable position

6) Past History:

- a) Surgeries: Surgey for lipoma in both hands in 11th std
b) Medical: chronic HTN / T2DM

7) Allergy: ☐ Yes ☒ No, If Yes :

8) Current Medications: ☐ Prenatal Vitamin ☐ None ☐ Others: chronic HDN, T2DM

9) Prenatal Medical History:

- ☐ None ☒ Chronic Hypertension ☐ Gestational Diabetes
☐ Gestational Hypertension ☐ Low placenta
☐ Diabetes ☐ Others if yes, specify T2DM

Triage Category: (Please tick on the category)

Refer to OBSTETRICAL TRIAGE ACUITY SCALE (OTAS)

- ☐ Category I: Resuscitative (Time to Physician: Immediate & Reassessment: Continuous nursing care)
☐ Category II: Emergent (Time to Physician: ≤ 15 minutes & Reassessment: Every 15 minutes)
☒ Category III: Urgent (Time to Physician: ≤ 30 minutes & Reassessment: Every 15 minutes)
☐ Category IV: Less Urgent (Time to Physician: ≤ 60 minutes & Reassessment: Every 30 minutes)
☐ Category V: Non Urgent (Time to Physician: ≤ 120 minutes & Reassessment: Every 60 minutes)

OBCU Obstetrical Triage Acuity Scale (OTAS)

OTAS	Level 1 (Resuscitative)	Level 2 (Emergent)	Level 3 (Urgent)	Level 4 (Less Urgent)	Level 5 (Non Urgent)
Level 1 (Resuscitative)	Immediate	≤ 15 minutes	≤ 30 minutes	≤ 60 minutes	≤ 120 minutes (2 Hours)
Re-Assessment	Continuous Nursing Care	Every 15 Minutes	Every 15 Minutes	Every 30 Minutes	Every 60 Minutes
Labour / Fluid	Imminent Birth	Suspected Pre-term Labour / PPROM < 37 Weeks	Signs of Active Labour > 37 weeks	Signs of Early Labour/ SROM > 37 weeks	Discomforts of Pregnancy
Bleeding	Active Vaginal bleeding with/ without abdominal pain	Bleeding associated with cramping (< spotting) < 37 weeks	Bleeding associated with cramping (> spotting) > 37 weeks	Spotting	
Hypertension	Seizure activity	Hypertension > 160/110 and / or headache, visual disturbance, RUQ pain	Mild hypertension > 140/90 with/without associated signs and symptoms		
Fetal Assessment	Abnormal FHR tracing Non-Fetal Movement	Atypical FHR tracing, abnormal dopplers Diseased fetal movement			
Others	● Acute onsite severe abdominal pain ● Altered level of consciousness ● Cord prolapse ● Severe respiratory distress ● Suspected sepsis	● Major trauma ● Shortness of breath ● Unplanned and unattended birth	● Abdominal/back pain greater than expected in pregnancy ● Flank pain / hematuria ● Nausea / vomiting and / or diarrhea with suspected dehydration	● Ongoing assessment from out patient clinic (for hypertension, blood work) ● Minor trauma (minor MVC/fall) ● Nausea/Vomiting and / or diarrhea ● Signs of infection (ie dysuria, cough, fever, chills)	● Anything that does not seem to pose threat to mother or fetus ● Cervical ripening ● Out patient placenta previa protocols ● Pre-booked visits (ie Rh and progesterone injections, NST) ● Assessment for version ● Rashes

Time seen by Doctor: 8:30am

Nurse Name: Sp. Parameswari Nurse Signature: [Signature]

Date: 19/7/26 Time: 8:45am



RISK ASSESSMENT TOOL FOR DEEP VEIN THROMBOSIS

POSTNATAL ASSESSMENT AND MANAGEMENT (TO BE ASSESSED ON DELIVERY SUITE)

Date: 19/7/26

Pre - Existing Risk Factors	Tick	Score
Previous VTE (except a single event related to major surgery)		4
Previous VTE provoked by major surgery		3
Known high-risk thrombophilia		3
Medical comorbidities e.g. cancer, heart failure; active systemic lupus erythematosus, inflammatory polyarthropathy or inflammatory bowel disease; nephrotic syndrome; type I diabetes mellitus with nephropathy; sickle cell disease; current intravenous drug user		3
Family history of unprovoked or estrogen-related VTE in first-degree relative		1
Known low-risk thrombophilia (no VTE)		1
Age (≥35 years)		1
Obesity	☒	1 or 2
Parity ≥ 3		1
Smoker		1
Gross varicose veins		1
Obstetric Risk Factors		
Pre-eclampsia in current pregnancy		1
ART/IVF (antenatal only)		1
Multiple pregnancy		1
Caesarean section in labour		2
Elective caesarean section		1
Mid-cavity or rotational operative delivery		1
Prolonged labour (24 hours)		1
PPH (1 litre or transfusion)		1
Preterm birth 37 ⁺ weeks in current pregnancy	☒	1
Stillbirth in current pregnancy		1
Transient Risk Factors		
Any surgical procedure in pregnancy or puerperium except immediate repair of the perineum, e.g. appendectomy, postpartum sterilization		3
Hyperemesis		3
OHSS (first trimester only)		4
Current systemic infection		1
Immobility, dehydration		1
Total		02
Signature of the Nurse		
<i>S/r paramed</i> <i>01/08/26</i>		
Action Plan		

RISK ASSESSMENT FOR VENOUS THROMBOEMBOLISM (VTE)

- ✓ If total score ≥ 4 antenatally, consider thromboprophylaxis from the first trimester.
- ✓ If total score 3 antenatally, consider thromboprophylaxis from 28 weeks.
- ✓ If total score ≥ 2 postnatally, consider thromboprophylaxis for at least 10 days.
- ✓ If admitted to hospital antenatally consider thromboprophylaxis.
- ✓ If prolonged admission (≥ 3 days) or readmission to hospital within the puerperium consider thromboprophylaxis.

For patient with an identified bleeding risk, the balance of risks of bleeding and thrombosis should be discussed in consultation with a haematologist with expertise in thrombosis and bleeding in pregnancy.



BRADEN Q SCALE

Mobility	1. Completely immobile: Does not make even slight changes in body or extremity position without assistance.	2. Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.	3. Slightly limited: Makes frequent through slight changes in body or extremity position independently.	4. No limitations: Makes major and frequent changes in position without assistance.
Activity The degree of physical activity	1. Bedfast: Confined to bed	2. Chairfast: Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.	3. Walks occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. All patients too young to ambulate: OR walks frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during walking hours.
Sensory Perception	1. Completely limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation, OR, limited ability to feel pain over most of the body surface.	2. Very limited: Responds to only painful stimuli, cannot communicate discomfort except by moaning or restlessness, OR, has sensory impairment that limits the ability to feel pain or discomfort over half of body.	3. Slightly limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned, OR, has some sensory impairment that limits ability to feel pain, or discomfort in one or two extremities.	4. No impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.
Moisture Degree to which skin is exposed to moisture	1. Constantly moist: Skin is kept moist almost constantly by perspiration, urine, drainage, etc. Dampness is detected every time patient is moved or turned.	2. Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.	3. Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.	4. Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.
FRICION-SHEAR Friction: Occurs when skin moves against support surfaces Shear Occurs when skin and adjacent bony surface slide across one another	1. Significant problem: Spasticity, contracture, itching, or agitation leads to almost constant thrashing and friction.	2. Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.	3. Potential problem: Moves freely or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints, or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.	4. No apparent problem: Able to completely lift patient during position change, moves in bed and in chair independently and has sufficient muscle strength to life up completely during move. Maintains good position in bed or chair at all times.
Nutritional Usual food intake pattern	1. Very Poor: NPO/or maintained on clear liquids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings or meal or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement.	2. Inadequate: Is on liquid diet or tube feedings/TPN, which provides inadequate calories and minerals for age OR albumin < 3 mg/dl OR rarely eats a complete meal and generally eats only about half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.	3. Adequate: Is on tube feedings or TPN, which provide adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered.	4. Excellent: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.
Tissue Perfusion & Oxygenation	1. Extremely compromised: Hypotensive (MAP < 50 mm Hg; < 40 in a newborn) or the patient does not physiologically tolerate position changes.	2. Compromised: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is < 7.40.	3. Adequate: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be 2 seconds; serum pH is normal.	4. Excellent: Normotensive, oxygen saturation > 95%; normal hgb; capillary refill < 2 seconds.

Severe Risk : less than 9 | High Risk : 10-12 | Moderate Risk : 13-14 | Mild Risk : 15-18 | Not at Risk: 19-23
 Docu. No. : RCH /RM / CLINICAL / 119

TOTAL SCORE		27	28	24	22
Evaluator's Name		Dr. Lucetta Amelia Dias	Dr. Lucetta Amelia Dias	Dr. Lucetta Amelia Dias	Dr. Lucetta Amelia Dias

Risk Score	Category	Action	Support Surfaces (Please Note: Only required for children who are deemed at risk due to altered mobility, consider occupation therapy referral for advice)
15-18	At Risk	⑩ Regular Turning Schedule ⑩ Enable as much activity as possible ⑩ Protect the heels ⑩ Use pressure redistribution surfaces ⑩ Manage moisture, friction and shear ⑩ Advance to a higher level of risk if other major risk factors are present	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
13-14	Moderate Risk	⑩ Use the Same Protocol as for "At Risk" Patients ⑩ Position patient at 30 degree lateral incline using foam wedges	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
10-12	High Risk	⑩ Follow the same protocol as for "Moderate Risk" Patients ⑩ In addition to regular turning schedule ⑩ Make small shifts in their position frequently	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
Less than 9	Severe Risk	⑩ Use same protocol as for "High Risk" Patients ⑩ Add a pressure redistribution surface for patients with severe pain or with additional risk factors.	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay

GUC-00047617
Mrs D KALAIYANI
21-09-1990
Dr. LUCETTA AMELIA DIAS

IP18-00036525

35 Y 9 M 28 D (F)



BRADEN 'Q' SCALE

Rainbow
Children's
Hospital
It takes a lot to treat the little

BirthRight
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

					Date :				
					Time :				
Mobility	1. Completely immobile: Does not make even slight changes in body or extremity position without assistance.	2. Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.	3. Slightly limited: Makes frequent through slight changes in body or extremity position independently.	4. No limitations: Makes major and frequent changes in position without assistance.					
Activity The degree of physical activity	1. Bedfast : Confined to bed	2. Chairfast : Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.	3. Walks occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. All patients too young to ambulate; OR walks frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during walking hours.					
Sensory Perception	1. Completely limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation, OR, limited ability to feel pain over most of the body surface.	2. Very limited: responds to only painful stimuli, cannot communicate discomfort except by moaning or restlessness; OR, has sensory impairment that limits the ability to feel pain or discomfort over half of body.	3. Slightly limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned; OR, has some sensory impairment that limits ability to feel pain, or discomfort in one or two extremities.	4. No impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.					
Moisture Degree to which skin is exposed to moisture	1. Constantly moist: Skin is kept moist almost constantly by perspiration, urine, drainage, etc. Dampness is detected every time patient is moved or turned.	2. Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.	3. Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.	4. Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.					
FRICION-SHEAR Friction. Occurs when Skin moves against support surfaces Shear Occurs when skin and adjacent bony surface slide across one another	1. Significant problem: Spasticity, contracture, itching, or agitation leads to almost constant thrashing and friction.	2. Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.	3. Potential problem: Moves freely or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints, or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.	4. No apparent problem: Able to completely lift patient during position change, moves in bed and in chair independently and has sufficient muscle strength to life up completely during move. Maintains good position in bed or chair at all times.					
Nutritional Usual food intake pattern	1. Very Poor: NPO/or maintained on clear liquids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings or meat or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement.	2. Inadequate: Is on liquid diet or tube feedings/TPN, which provides inadequate calories and minerals for age OR albumin < 3 mg/dl OR rarely eats a complete meal and generally eats only about half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.	3. Adequate: Is on tube feedings or TPN, which provide adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered.	4. Excellent: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.					
Tissue Perfusion & Oxygenation	1. Extremely compromised: Hypotensive (MAP < 50 mm Hg; < 40 in a newborn) or the patient does not physiologically tolerate position changes.	2. Compromised: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is < 7.40.	3. Adequate: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be 2 seconds; serum pH is normal.	4. Excellent: Normotensive, oxygen saturation > 95%; normal hgb; capillary refill < 2 seconds.					
TOTAL SCORE									
Evaluator's Name									

Severe Risk : less than 9 | High Risk : 10-12 | Moderate Risk : 13-14 | Mild Risk : 15-18 | Not at Risk: 19-23

BRADEN Q SCALE

Risk Score	Category	Action	Support Surfaces (Please Note: Only required for children who are deemed at risk due to altered mobility, consider occupation therapy referral for advice)
15-18	At Risk	⑩ Regular Turning Schedule ⑩ Enable as much activity as possible ⑩ Protect the heels ⑩ Use pressure redistribution surfaces ⑩ Manage moisture, friction and shear ⑩ Advance to a higher level of risk if other major risk factors are present	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
13-14	Moderate Risk	⑩ Use the Same Protocol as for "At Risk" Patients ⑩ Position patient at 30 degree lateral incline using foam wedges	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
10-12	High Risk	⑩ Follow the same protocol as for "Moderate Risk" Patients ⑩ In addition to regular turning schedule ⑩ Make small shifts in their position frequently	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
Less than 9	Severe Risk	⑩ Use same protocol as for "High Risk" Patients ⑩ Add a pressure redistribution surface for patients with severe pain or with additional risk factors.	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay

PAIN ASSESSMENT FORM

Date	Time	Pain Score (0/10)	Location	Duration	Acuity	Character	Modifying Factors	Patient / Family Educated	Intervention	Sign
19/7/26	9am	1/10	lower abdomen pain	☐ Continuous ☐ Intermittent	☒ Acute ☐ Chronic	☐ Sharp ☐ Dull ☒ Aching ☐ Burning	☒ Increasing ☐ Decreasing	☒ Yes ☐ No	provide comfortable position	for 01/6/2026
19/7/26	12pm	0/10	nil	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	No pain	for 01/6/2026
19/7/26	6pm	0/10	nil	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☒ No	nil	for 01/6/2026
19/7/26	8pm	0/10	nil	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	nil	for 01/6/2026
20/7/26	2pm	0/10	nil	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	nil	for 01/6/2026
20/7/26	8Am	0/10	nil	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	nil	for 01/6/2026
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		
				☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No		

Re-assessment Frequency:

- Every eight hours for all hospitalized patients.
- For post-surgical patients, patients with chronic pain, patient with severe pain:
 - At least every 2 hours for the first 24 hours
 - Then every 4 hours.
 - Prior to pain pain-relieving intervention.
 - Within 30 - 60 minutes after pain relief intervention.

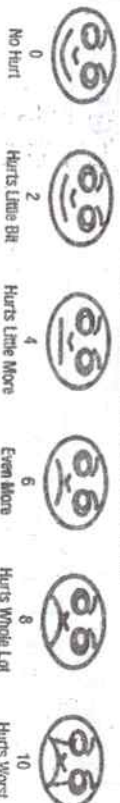
PAIN ASSESSMENT TOOLS

FLACC PAIN ASSESSMENT SCALE (1 Month to 7 Years)

CATEGORY	SCORING		
	0	1	2
Face	No Particular expression or smile	Occasional Grimace or Frown, withdrawn, Disoriented	Frequent to constant frown, quivering chin, clenched jaw
Legs	Normal Position or Relaxed	Uneasy, restless, tense	Kicking, or legs drawn up
Activity	Laying quietly normal position, moves easily	Squirming shifting back and forth, tense	Arched, rigid, or jerking
Cry	No Cry (Awake or asleep)	Moans or whimpers occasional complaint	Crying steadily, screams of sobs, frequent complaints
Consolability	Content, relaxed	Reassured by occasional touching, hugging, or being talked to, distractible	Difficult to console or comfort



Wong - Baker (Pediatrics) Above 7 Years



Neonatal Pain, Agitation and Sedation Scale (up to 1 Month)

Assessment Criteria	Sedation		Normal	1	Pain / Agitation	
	-2	-1			2	
Crying Irritability	No Cry with painful stimuli	Moans or cries minimally with painful stimuli	Appropriate crying Not irritable	Irritable or crying at intervals consolable	High-pitched or silent-continuous cry Inconsolable	
Behavior State	No arousal to any stimuli	Arouses minimally to stimuli	Appropriate for gestational age	Restless, squirming Awakens frequently	Arching, kicking constantly awake or Arouses minimally / no movement (not sedated)	
Facial Expression	Mouth is lax No expression	Minimal expression with stimuli	Relaxed Appropriate	Any pain expression intermittent	Any pain expression continual	
Extremities Tone	No grasp reflex Flaccid tone	Weak grasp reflex decreased muscle tone	Relaxed hands and feet Normal tone	Intermittent clenched toes, fists or finger splay Body is not tense	Continual clenched toes, fists, or finger splay Body is tense	
Vital Signs HR, RR, BP, SaO ₂	No variability with stimuli Hyperventilation or apnea	Less than 10% variability from baseline with stimuli	Within baseline or normal for gestational age	Increase 10-20% from baseline SaO ₂ , 76-85% with stimulation - quick recovery	Increase greater than 20% from baseline, SaO ₂ less than or equal to 75% with stimulation - slow recovery Out of sync or fighting ventilator	



Morse Fall Risk Assessment Form

Choose Highest Applicable Score from each Category		Date / Time	19/7/26	19/7/26	19/7/26	Fall Risk Grading		
		Score	35	35	35	Risk Level	Morse Fall Score (MFS)	Action
History of Falling (immediately or w/in 3 months)	Yes	25				Low Risk	0 - 24	Standard Fall Precaution
	No	0	0	0	0			
Secondary Diagnosis (more than one diagnosis)	Yes	15	15	15	15			
	No	0	0					
Ambulatory Aid	Furniture	30				High Risk	≥ 51	Implement High Risk Fall Prevention Intervention
	Crutches, Cane(S), Walker	15						
	None /Bed Rest /Nurse Assist	0	0	0	0			
IV / Heparin Lock or Saline	Yes	20	20	20	20	High Risk	≥ 51	Implement High Risk Fall Prevention Intervention
	No	0						
GAIT / Transferring	Impaired	20						
	Weak (uses touch for balance)	10						
	Normal /On Bed Rest /Immobile	0	0	0	0			
Mental Status	Forgets limitations	15				High Risk	≥ 51	Implement High Risk Fall Prevention Intervention
	Oriented to own ability	0	0	0	0			
Total Morse Fall Scale Score:			35	35	35			
		Signature	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>			

Tick (✓) whichever precaution taken.

Risk Level and Interventions

Low Risk (0 - 24) (Standard Falls Precautions)

- ☐ Ensure patients use their prescribed eye glasses if any, in the hospital
- ☐ Use chairs with arm rests
- ☐ Use safety straps on stretchers and wheelchairs while transporting patients

Moderate Risk (25-50) Apply all low risk intervention and

- ☐ Assist and/or supervise ambulation. Reinforce to always call for assistance
- ☐ Hourly safety check
- ☐ Assess patient after visitors, leave to ensure safety measures in place

High Risk (≥ 51) Apply all low and moderate risk interventions, and.

- ☐ Initiate constant observation by healthcare provider as appropriate to patient's needs

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 10/10/10

Doc. No. : RCH / GDY / FRM / CLINICAL / 137

PHLEBITIS ASSESSMENT AND MANAGEMENT RECORD

CANNULA 3

Time:

Time:

Time:

Time:

CANNULA 4

Time:

Time:

Time:

Time:

[illegible]

Cannula removed : ☐Yes ☐No, if yes date and time :
RX any initiated : ☐Yes ☐No ☐NA If Yes specify-
Phlebitis score:

[illegible]

Cannula removed : ☐Yes ☐No, if yes date and time :
RX any initiated : ☐Yes ☐No ☐NA If Yes specify-
Phlebitis score:

NOTE : * To be assessed within 30 minutes of insertion.
* Every 2 hours if on fluid infusion.
* Every 4 hours if only on IV medication.

V.I.P. SCORE (VISUAL INFUSION PHLEBITIS SCORE)

0	1	2	3	4	5
IV site appears healthy	ONE of the following is evident: * Slight pain near I.V. site or slight redness near I.V. site	TWO of the following is evident: * Pain near I.V. Site * Erythema * Induration	ALL of the following is evident: * Pain along path of cannula * Erythema * Induration	ALL of the following is evident and extensive: * Pain along path of cannula * Erythema * Induration * Palpable venous cord	ALL of the following is evident and extensive: * Pain along path of cannula * Erythema * Induration * Palpable venous cord * Pyrexia
OBSERVE CANNULA	OBSERVE CANNULA	RESITE / REMOVE CANNULA	RESITE / REMOVE CANNULA CONSIDER TREATMENT	RESITE / REMOVE CANNULA CONSIDER TREATMENT	INITIATE TRETMENT RESITE / REMOVE CANNULA

INTERDISCIPLINARY PATIENT / FAMILY EDUCATION RECORD

GUC-00047617

IP18-00036525

Mrs D KALAJVANI

21-09-1990

35 Y 9 M 28 D

(F)

Dr. LUCETTA AMELIA DIAS



Part - I.

Patient's / Learner Language: Tamil Patient / Learner Literacy: ☐ Read ☐ Write ☐ Speak Willingness to Learn: Yes ☒ No Healthcare Literacy: Yes ☒ No

Identified Education Needs:

- | | | |
|--|---------------------------------|---|
| 1. <u>G13 P2/3 SWT 3P</u> Plan | 6. Discharge Medication | 10. Fall Risk Education |
| 2. Treatment and Care | 7. Infection Control Measures | 11. Safe use of Medical Equipment / Implantable Devices |
| 3. Pain Management | 8. Diagnostic Test / Procedures | Safety |
| 4. Informed Consent | 9. Nutrition / Diet | 12. Patient's / Family Rights |
| 5. Medication / Therapy (safety, effects/ side effect, interactions) | | 13. Risk / Safety |

Part - II

Date	Time	Need Identified	Information Taught	Use codes from the list in part III					Comments	Designation / Signature
				Person Taught	Learning Barriers	Teaching Tools	Mechanism/s to overcome barrier/s	Understanding		
4/9/17	10am	yes	Educate & Inform about plan of treatment	Patient	None	oral	none	yes	good	[Signature]
20/7	8am	yes	educate & inform about plan of treatment	Patient	None	oral	none	yes	good	[Signature]

Part - III: CODES

Who was taught: PT: <u>Patient</u>		F: Father	M: Mother	S: Spouse	Sn: Son	D: Daughter	C: Caregiver	O: Other (Specify)
Learning Barriers:								
1. No Learning Barriers	4. Language Barrier	7. Impaired Thought Process/Cognitive limitations		10. Financial Difficulties		13. Cultural/Religion Practice		
2. Physical Impairment	5. Educational Level	8. Responsibilities at Home		11. Beliefs and Values		14. Others (Specify)		
3. Emotional Barriers	6. Desire / Motivate to Learn	9. Cultural Differences		12. Impaired Vision/ or Hearing				
Teaching Tools Used: A: Audio D: Demonstration V: Video O: <u>Oral</u> P: Printed								
Mechanism/s to overcome barrier/s:								
1. None	3. Reassurance & Support	5. Respect values & beliefs		7. Other, Specify				
2. Obtain translator	4. Teach Family / Others	6. Respect Cultural / Religion Preference						
Understanding: 1. <u>Verbalizes Understanding</u> 2. Demonstrates Understanding 3. Needs Review								

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ԲԱԿԻՆ	ԵՐԵՎԱՆ	ԵՐԵՎԱՆ	1980	ԵՐԵՎԱՆ	1234567890	1234567890	Ծննդյան վկայական	1234567890	Ծննդյան վկայական	1234567890	Ծննդյան վկայական
ԲԱԿԻՆ	ԵՐԵՎԱՆ	ԵՐԵՎԱՆ	1980	ԵՐԵՎԱՆ	1234567890	1234567890	Ծննդյան վկայական	1234567890	Ծննդյան վկայական	1234567890	Ծննդյան վկայական

PATIENT TRANSFER FORM

①

Rainbow Children's Hospital
It takes a lot to treat the little.

BirthRight
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

GUC-00047617 IP18-00036525
Mrs D KALAIYANI
21-09-1990 35 Y 9 M 28 D (F)
Dr. LUCETTA AMELIA DIAS



0.	Date & Time of Admission 19/7/26 at 9:59 AM	Date & Time of Transfer Order 19/7/26 at 4:20 PM
Treating Consultant Name Dr: Lucetta	Transfer Ordered by Dr: Lucetta	Reason for Transfer Observation
From Unit LDR	To Unit ITU floor	Information to Attendant Yes ☒ No ☐
Number of Sheets in Clinical File Whole TP files	Number of Imaging Films CTU - ②	Personal belongings including clinical documents. If any handed over to attendant Yes ☐ No ☒ If yes, what?

Medications / Consumables / Surgicals / Hand over

Sl.No.	Item Name	Quantity
1.		
2.		
3.		
4.		
5.		

Shifting Summary / Notes Written by Doctor : Yes ☒ No ☐
As shifted to ward

Name & Signature of Person who is Transferring S/A Akalya 01825	Name of Person Ordered Transfer Dr: Lucetta
---	--

Patient & Clinical Records Received by :
Haini
19/7/26 @ 4:20 PM

Date & Time of Patient Received :
Haini
19/7/26 @ 4:20 PM

If the transfer order time & Completion time is more than 30 minutes, please tick the reason mentioned below :

☐ Unavailable Bed

☐ Nurse not Available

☐ Available Bed not ready

GUC-00047617 IP18-00036525
Mrs D KALAIVANI
21-09-1990 36 Y 9 M 28 D (F)
Dr. LUCETTA AMELIA DIAS



Rainbow®
Children's
Hospital
It takes a lot to treat the little.

BirthRight™
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

NUTRITIONAL ASSESSMENT FOR OBSTETRICS PATIENTS

Date: 20/07/2026

Time: 12:10 PM

Origin: _____

Height: 165 cm

Weight: 102.7 kg

BMI: ☐ ~ 26 kg/m²
☐ ~ 28 kg/m²
☒ ~ 30 kg/m²

Food Allergies: NIL

Diagnosis:

G3A2 / 35 w3d / chronic HTN / T2DM on OHA / Abdomen Pain / Preterm Labour

Type of Diet: ☐ Liquid

☐ Soft

☐ Normal

☒ Vegetarian

☐ Non-Vegetarian

☒ Diabetic

☐ Vegan

• Chronic HTN diag in pregnancy

• T2DM diag in pregnancy

• IBS

Diet Advised:

Liquid Diet – ORS/ Coconut Water/ Butter Milk/ Barley Water/ Soups

Normal Diet – Rice, Rotis, Dal and Soft Cooked Vegetables and Curd

Soft Diet – Soft Rice, Dal and Vegetable Curries Soft Cooked, Curd

Diabetic Diet – Brown Rice/ Oats/ Dahlia/ Rotis, Dal and Vegetables and Curd (Avoid Roots/ Tubers)

Patient's / Attendant's

Signature:

[Signature]

Name:

D. Kalaivani

Date & Time:

20/07/26 @ 12:10 PM

Dietician's

Signature:

[Signature] (018336)

Name:

A. Sadiya Farheen

Date & Time:

20/07/26 @ 12:10 PM

DIETARY NOTES

Date	Time	Notes	Sign
20/07/26	12:15 PM.	- Patient is on Diabetic Diet - Patient is stable - Oral intake is Adequate - - Advised to take Well-Balanced Protein rich diet. <u>RDA-Values</u> - Energy - +350 kcal. - Protein - +23g/d. - Consume small-frequent meals. - Choose high fibre carbohydrates, Protein - Iron rich foods. - Avoid sweets, sugar, fruit Juices, soft drinks, Bakery Items etc * Include whole grains, Protein, vegetables, fruits - low G.I, healthy fats. - Stool not passed.	A.N (018336)