

PATIENT DISCHARGE INTIMATION FROM NURSING STATION

CLEARANCE FOR DRUGS AND DISPOSABLES BILLING

GUC-00072743 IP18-00036559
Name of the Patient: Mrs VYSHNAJA VIJAYAN
26-11-1993 32 Y 7 M 28 D (F)
Dr. LUCETTA AMELIA DIAS

Date: 24/7/26

UHID No: 

Gender:

Ward: 6th Floor

Room No: 614

Certified that in respect of the above patient:

- ☐ a. There are no drugs for return
- ☐ b. Emergency cupboard issues have been replenished
- ☐ c. No pending indents are there against above patient
- ☐ d. Checked the bed side cupboard of the bed
- ☐ e. Checked by the patient's Mother / Father in the room

Patient Authorised Sign

Date:

Time:

Nurse Sign 

Date: 24/7/26

Time: 1000m

Pharmacy Sign 

Date:

Time:





Rainbow
Children's
Hospital

GUC-00072743 IP18-00036559
Mrs VYSHNAJA VIJAYAN
26-11-1993 32 Y 7 M 28 D (F)
Dr. LUCETTA AMELIA DIAS

HARGE TRACKING SHEET

NAME OF CONSULTANT-

UHID-



ACTIVITY	INTIME	OUT TIME	NAME & SIGNATURE	REMARKS	<To be filled by Admin>		
Activity Sheet update by Nursing	24/11/18		Dr. Lucetta				
Activity Sheet update by Pharmacy		10am					

[Handwritten signature]



ACTIVITY RECORD FOR BILLII

Name: MRS. VYSHNAJA VIJAYAN
 UHID No: 72743 IP No: 36559 Consultant: DR. LUCETTA Dept: LDR
 Date of Admission: 21/7/26 Time: Date of Discharge: Time:
 Room / Bed No: Ward: Suggested Billable bed type:

WARD TRANSFERS

Date	Time	From	To	Signature of Nurse
21/7/26	3:40pm	LDR	6th floor	Slot A. K. S. 01888

CROSS CONSULTATION VISIT

	Doctor Name	Date	Order No.	Signature
1.	DR. Krishnasdas	22/7/26	To be raised	Clara 018129
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

INVESTIGATIONS

[illegible]

9505EDUE

[illegible]

PROCEDURE

Date	Procedure	Quantity	Order No.	Signature
2/7/26	IV placement	① ✓	1730830	<i>[Signature]</i>
2/7/26	Dr placement	① ✓	32158	<i>[Signature]</i>
2/7/26	Use small parts	① ✓	9936	<i>[Signature]</i>

ANY OTHER INFORMATION:

Date: 2/7/26 Time: 10am Prepared By:

Staff Nurse <i>[Signature]</i>	Shift / Ward	Billing Assistant	Billing Supervisor
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DISCHARGE TRACKING SHEET

UHID-

FLOOR-

NAME OF CONSULTANT-

GUC-00072743

IP18-00036559

Mrs VYSHNAJA VIJAYAN

26-11-1993 32 Y 7 M 28 D (F)

Dr. LUCETTA AMELIA DIAS



ACTIVITY	TIME		NAME & SIGNATURE	REMARKS	<To be filled by Admin>
Discharge Announcement	27/7/2018 at 10am		<i>[Signature]</i>		
	INTIME	OUT TIME			
Arrangement of File by Nursing	27/7/2018 10am				
Preparation of Discharge Summary					
Finalization of discharge summary					
Transfer of file from Ward to Billing Dept					
Bill Processing					
Audit Clearance					
Billing Clearance					
Physical Clearance					



Patient Name	Mrs VYSHNAJA VIJAYAN	Patient Ph.No	9566091613
Age	32 Y 7 M 27 D	Requisition No	R2618-009936
Gender	Female	Collected on	23-07-2026 10:09 AM
IP / Bill No.	IP18-00036559	Received On	23-07-2026 10:26 AM
UHID No.	GUC-00072743	Reported On	23-07-2026 10:26 AM
Ref. Doctor	LUCETTA AMELIA DIAS	Ward / Bed No	

USG - PERI ANAL REGION**FINDINGS**

- Evidence of ill defined mixed echoic left peri anal collection ~ measuring around 29 x 28 x 21 mm - s/o abscess, Vol ~ 8.5 cc with a sinus tract seen extending into skin surface over a length of 22 mm, maximum thickness around 6.5 mm.
- Significant surrounding fat stranding noted.
- Right perianal region appear normal.

Suggested MRI perianal region / fistulogram for complete evaluation.

Dr. PRASANNA KUMARAVEL
MBBS, MDRD
Reg No: 92729

Print Date/Time : 23-07-2026 10:26 AM

Printed By : REVATHI S

Page: 1 of 1

Note: Clinically correlate , Kindly discuss if necessary

Rainbow Children's Medicare Limited
CHENNAI : No. 157 to 160, Anna Salai, Near Little
Mount Metro Station, Guindy, Tamil Nadu - 600015

SHOLINGANALLUR : No. 493/42A2B, OMR ECR
Link Road, Chennai, Tamilnadu - 600119

For Appointments call: 1800 2122

info@rainbowhospitals.in

www.rainbowhospitals.in

CIN : L85110TG1998PLC029914

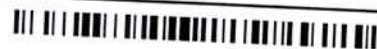
ADMISSION SHEET

Registration Details :

Admission No : IP18-00036559

Admit Date : 21-Jul-2026

Admit Time : 12:46 PM UHID : GUC-00072743



Patient Details :

Patient Name : Mrs VYSHNAJA VIJAYAN

Guardian : Mr PRASHATH

Gender : Female

Occupation :

Address (H) : Alandur Chennai Tamil Nadu INDIA 600016

Age : 32 Y 7 M 25 D

DOB : 26-11-1993

Religion :

Marital Status :

Phone No : 9566091613

E-mail : NO@GMAIL.COM

Admission Details :

Bed Type : MICU

Bed No : MICU 802

Ward Name : 8F-OT COMPLEX

Room No : MICU 802

Admission Type : First Visit

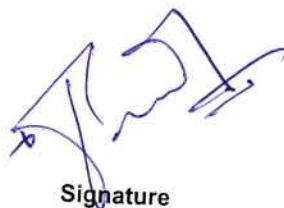
Contact Details :

Name : Mr PRASHATH

Relationship : Husband

Contact Address : Alandur Chennai Tamil Nadu INDIA 600016

Phone No : / 9566091613


Signature

Doctor Details :

Doctor Name : Dr. LUCETTA AMELIA DIAS

Specialisation : OBSTETRICS AND GYNECOLOGY

Referral Doctor : Self

Phone No :

Co-Consultant :

Payment Details :

Deposit Amount : 0.00

Payment Mode : Cash

Payor Name : SELFPAY

GENERAL CONSENT FOR TREATMENT

Patient Name: Mrs VYSHNAJA VIJAYAN

Age : 32 Y 7 M 25 D

IP No: IP18-00036559

Sex: Female

Consultant: Dr. LUCETTA AMELIA DIAS

Ward/Bed No: 8F-OT COMPLEX/MICU 802

The undersigned patient and I or responsible relative or person hereby consent to and authorize Rainbow Hospitals doctors and medical personnel to perform medical examinations, conduct routine investigations and administer medical treatments, outpatient procedures, minor dressings, vaccinations and immunizations during the course of the patient's care, as in patient.

Patient, be deemed advisable or necessary.

I understand that the confidentiality of all medical records shall be protected to the full extent of the Law. The undersigned also consent to the use of health related information/ audiovisuals of the patient for research & training purpose or for insurance coverage and while doing so confidentiality of the patient will be maintained at all times and this will not affect the care of the patient.

In giving my general consent to treatment, I understand that I retain the right to refuse any particular examinations, test, procedure, treatment, therapy or medication recommended or deemed medically necessary by treating doctors. I also understand that the practice of medicine is not an exact science and that no guarantee have been made to me as the results of my evaluation and I or treatment.

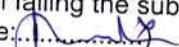
I understand that I shall not bring valuables to the Hospitals and that the Hospital will not be responsible for the loss, destruction or theft of my personal belongings. I assume full responsibility for all my personal items and release the Hospital from responsibility and liability for such personal items and valuables.

"I am aware that during the patient care it is inevitable that certain re-useable equipment shall be re-used after sterilization and disinfection. I am informed that the hospital assures maximum level of precaution and care in sterilizing and disinfecting the equipment and monitors the whole process as per evidence based guidelines".

Note:

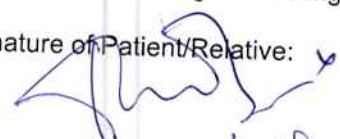
1 We do not allow use of medication brought from outside by the patient.

2 I have received attendant passes as per my room category. I understand that I have to return it back at the time of final bill clearance. In case of failing the submission, I will pay 200/- Rs.

(Receivers Signature: )

3 IP Guide book has been given to me and I have been explained about the Hospitals rules and policies.

4 Financial and billing counseling has been done to me.

Signature of Patient/Relative: 

Name: Mr. Prasheth

Relationship: Husband

Patient Address:

Alandur Chennai Tamil Nadu INDIA
600016

Date: 21/07/2026

Time: 12:46 PM

Witness Name: A. Sivasankari

Witness Signature: 

BILLING POLICY

- ▶ **Billing Cycle:** - Bed charges will be calculated based on 12PM to 12PM checkout. Settlement post 12PM, room rent will be charged for half day extra & post 6PM, it will be charged for full day. Less than 24 hours stay will be considered as one day.
- ▶ Room Rent inclusive of Bed, Nursing, Consultation Charges and all other charges, like Diet, Investigations, IP or OP Procedures, Equipment, Cross Consultations, Blood/ Blood Products, Implants, Ward Consumables, Infection Preventive Measure Charges, Pharmacy and Consumables will be charged extra.
- ▶ 5% GST Charges applicable on more than INR 5,000/- Bed Charges which was effective from 18.07.2022 as per the GST Council.
- ▶ As per the G.O.I. guidelines, we can collect Rs 1,99,999/- only in cash mode, balance patient can pay through Credit Card/ Debit Card/ NEFT / RTGS / Demand Draft and Online Payment.
- ▶ In the event of TPA / Cashless denial or approval not received due to any reason then hospital tariff will be applicable and any discount or special rates given to TPA's / Corporate won't be applicable.
- ▶ If the Surgery/ Procedures performed in emergency hours (8PM-6AM), Public Holiday and on Sunday will be charged 30% extra.
- ▶ Asst. Surgeon and Anesthetist Charges will be charged 30% on the Surgeon Charges.
- ▶ Admission will be done according to the ward category chosen by the patient; charges will be applicable as per the ward category. All charges vary as per Room category, except Pharmacy and consumables.
- ▶ Patient / Guardian Self Attested Government ID proof is mandatory to submit at the admission.
- ▶ TPA/Insurance Processing Fee applicable for all Insurance Cases.
- ▶ In our hospital there is "No Discounts Policy". Kindly co-operate.
- ▶ No Duplicate/ Second copy of OP or IP bill will be issued.
- ▶ In case the patient is shifted from lower category to higher category, all the charges like consultant visits, investigations, operations and procedures etc. from the date of admission will be charged according to the higher category.
- ▶ If the patient is shifted to the ICU, the attendant should vacate the room. If the attender occupies the room, it will be charged as per dual occupancy.
- ▶ Room eligibility is purely subject to TPA approval. Proportionate difference of the bill amount is applicable in case the patient opts for higher category higher than the TPA approved, which has to be paid by the patient and may not be reimbursed by the TPA / Insurance Company at later stage.
- ▶ For Non - Medicals, Disposables, Consumables, Infusion Pump, Taxes, Implants, HIV/ HbsAg, Medical Records, Insurance Processing Fee, Double Occupancy and Registration Charges, Etc., credit cannot be extended. These items are not payable to us as per insurance company norms (Depends on the TPA/Insurance Co. T&C).
- ▶ It takes time for cash discharge is a minimum 3-4hrs. and in the case of insurance, it will take a minimum 6-7hrs.
- ▶ Difference, if any between the final bill amount and amount permitted / approved by the TPA or total bill amount in case of denial from TPA, has to be paid by the patient.
- ▶ Two attendants are permitted with patients in Deluxe, Private Rooms and only one is permitted in the rest of the categories of rooms. No attendant is permitted in ICU's.
- ▶ All the refunds more than Rs.5,000/- will be refunded through NEFT within 7 Bank working days.
- ▶ Patient attendant can collect for Interim/provisional bill of the patient from the billing section on daily basis. Interim Bill shall be based on the acknowledged services in HIS. Final Bill of the patient may vary from the Interim bill based on actual update taken on the day of discharge. It is requested that patients/attendants enquire daily about the bill amount from billing section and pay the outstanding as on that day. You are requested to clear your outstanding amount on daily basis before 12 PM. **Patient bill outstanding should not be increase more than 10,000/-**

DECLARATION

I have attended the Financial Counselling desk & understood the expected costs & other conditions applicable. In this case, the TPA/Insurance Company rejects the claim for whatsoever reasons at any point of time after discharge. I promise to settle the claim with the hospital as per Hospital Cash Tariff.

Patient Name : <u>Mrs. Vyshnaja Vijayan</u>	UHID Number : <u>AVC-00072743</u>
Self/Attendant Name : <u>PRASANTH</u>	Relation : <u>Husband</u>
Self/Attendant Signature : <u>[Signature]</u> Phone Number : <u>[Blank]</u>	Name & Signature of Financial Counselor : <u>A. [Signature]</u>



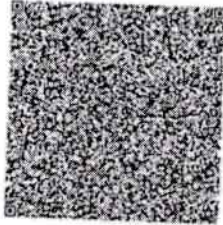
இந்திய அரசாங்கம்
Government of India

இந்திய தனிப்பட்ட அடையாள ஆணைய அமைப்பு
Unique Identification Authority of India

பதிவேட்டு எண் / Enrolment No.: 0000/00453/94885

To
வையாஜா விஜயன்
Vyshnaja Vijayan
W/O PRASANTH,
NO 4,
1ST FLOOR RAJA STREET 5TH LANE,
ALANDUR,
VTC: Alandur,
PO: Alandur,
District: Kancheepuram,
State: Tamil Nadu,
PIN Code: 600016,
Mobile: 9566091613

Signature Not Verified
Digitally signed by Unique
Identification Authority of India
Date: 2024.10.16 16:37:12
GMT+05:30



உங்கள் ஆதார் எண் / Your Aadhaar No. :

9983 6842 1853

VID : 9161 4269 5253 0482

எனது ஆதார். எனது அடையாளம்



இந்திய அரசாங்கம்
Government of India



Aadhaar no. issued: 31/05/2016



வையாஜா விஜயன்
Vyshnaja Vijayan
பிறந்த நாள்/DOB: 26/11/1993
பெண்/FEMALE

ஆதார் என்பது அடையாளத்திற்கான சான்றாகும், குடியுரிமை, அல்லது பிறந்த தேதிகளை சான்றல்ல. இது சரிபார்க்கப்பட மட்டுமே பயன்படுத்தப்பட வேண்டும். ஆன்லைன் அங்கீகாரம் அல்லது QR குறியீட்டை ஸ்கேன் செய்தல் ஆன்லைன் அங்கீகாரம்.
Aadhaar is proof of identity, not of citizenship or date of birth. It should be used with verification (online authentication, or scanning of QR code / offline XML).

9983 6842 1853

எனது ஆதார். எனது அடையாளம்



இந்திய அரசு
Government of India



தகவல் / INFORMATION

- ஆதார் என்பது அடையாளத்திற்கான சான்றாகும், குடியுரிமை அல்லது பிறந்த தேதிகளை சான்றல்ல. பிறந்த தேதி என்பது ஆதார் எண் வைத்திருப்பவரால் சமர்ப்பிக்கப்பட்ட விதிமுறைகளில் குறிப்பிடப்பட்டுள்ள பிறந்த தேதி ஆவணத்தின் ஆதாரம் மூலம் ஆதரிக்கப்படும் தகவலின் அடிப்படையில் அமைந்துள்ளது.
- இந்த ஆதார் கடிதத்தை UIDAI நியமித்த அங்கீகார நிறுவனத்தால் ஆன்லைன் அங்கீகாரம் அல்லது ஆப் ஸ்கேனரில் கிடைக்கும் எம் ஆதார் அல்லது ஆதார் QR ஸ்கேனர் செயலியை பயன்படுத்தி QR குறியீடு ஸ்கேனிங் அல்லது www.uidai.gov.in ல் கிடைக்கும் பாதுகாப்பான QR குறியீடு ரீட்டர் செயலியை பயன்படுத்தி சரிபார்க்க வேண்டும்.
- ஆதார் தனித்துவமானது மற்றும் பாதுகாப்பானது.
- ஆதார் பதிவு செய்யப்பட்ட நாளிலிருந்து ஒவ்வொரு 10 வருடங்களுக்குப் பிறகும் ஆதாரில் அடையாளம் மற்றும் முகவரிக்கான ஆவணங்கள் புதுப்பிக்கப்பட வேண்டும்.
- பல்வேறு அரசு மற்றும் அரசு சாரா பலன்கள் / சேவைகளைப் பெற ஆதார் உங்களுக்கு உதவுகிறது.
- உங்கள் மொபைல் எண் மற்றும் மின்னஞ்சல் ஐடியை ஆதாரில் புதுப்பிக்கவும்.
- ஆதார் சேவைகளைப் பெற mAadhaar செயலியை பதிவிறக்கவும்.
- ஆதார்பயோமெட்ரிக்ஸ் பயன்படுத்தாதபோது பாதுகாப்பை உறுதிசெய்ய, ஆதார்பயோமெட்ரிக்ஸ் லாக்-அன்லாக் அம்சத்தைப் பயன்படுத்தவும்.
- ஆதார் கோரும் நிறுவனங்கள் ஒப்புதலைப் பெற வேண்டிய கட்டாயம் உள்ளது.
- Aadhaar is proof of identity, not of citizenship or date of birth (DOB). DOB is based on information supported by proof of DOB document specified in regulations, submitted by Aadhaar number holder.
- This Aadhaar letter should be verified through either online authentication by UIDAI-appointed authentication agency or QR code scanning using mAadhaar or Aadhaar QR Scanner app available in app stores or using secure QR code reader app available on www.uidai.gov.in.
- Aadhaar is unique and secure.
- Documents to support identity and address should be updated in Aadhaar after every 10 years from date of enrolment for Aadhaar.
- Aadhaar helps you avail of various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app to avail of Aadhaar services.
- Use the feature of Lock/Unlock Aadhaar/biometrics to ensure security when not using Aadhaar/biometrics.
- Entities seeking Aadhaar are obligated to seek consent.



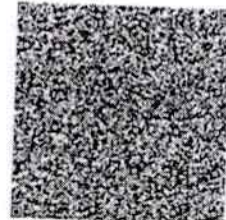
இந்திய தனிப்பட்ட அடையாள ஆணைய அமைப்பு
Unique Identification Authority of India



முகவரி:

க/பெ பிரசாந்த், எண் 4, முதல் தளம் ராஜா தெரு ஹதாவது லேன், ஆலந்தூர், ஆலந்தூர், தமிழ்நாடு - 600016

Address:
W/O PRASANTH, NO 4, 1ST FLOOR RAJA STREET 5TH LANE, ALANDUR, Alandur, PO: Alandur, DIST: Kancheepuram, Tamil Nadu - 600016



9983 6842 1853

VID : 9161 4269 5253 0482

1947 | help@uidai.gov.in | www.uidai.gov.in

GUC-00072743
Mrs VYSHNAJA VIJAYAN
26-11-1993 32 Y 7 M 26 D (F)
Dr. LUCETTA AMELIA DIAS



FORM

Rainbow[®]
Children's
Hospital
It takes a lot to treat the little.

BirthRight[™]
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

Doctor Name: Date: Time:

Diagnosis:

Hospital:

Referred for: ☐ Opinion ☐ Co-Management ☐ Transfer of care

Type of Referral :

☐ Emergency

☐ Urgent

☐ Non Urgent

Reason for Referral: If for concurrent care specify the particular need, especially in the absence of a second diagnosis:

Signature:

Findings and Recommendations :

19/15
22/1/20

SR 1/2/20

Paroxysmal fever with chills / rigors
Antipyretic Lefemoveran
Painful abdomen -> low drain
if consistent with Peri-anal abscess related fever.
Cultures report pending
- General review opinion.
- Piptag 4-5g (not TDS)
- Lefemoveran if possible.
- CBC, CRP, PCT tomorrow.
- Pelvic / Perineal ultrasound -> if inconclusive, MRE may be useful.

Consultant :

Name : Signature : Date & Time :

[illegible]

2329

N HEROPHEN +
N Vancom cin.
N gent. med.
N H₂O₂ cover!

x ysgarso (nag 37 m)

→ The pur. / AFB - Spacing
(Beurteilung)

Chen & Culham

- TB gave X-pod
- If no improvement

Patient Stick



Rainbow Children's Hospital
It takes a lot to trust the little.

BirthRight
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

IP ADMISSION SHEET FOR OBSTETRICS

Presenting Complaints

* At came with clo fever 1 episode yesterday
* clo pain over anal region
* clo constipation on 2 off * No clo burning micturition

LMP: 10/12/2025

EDD:

GA: 30 weeks + 3 days

Obstetric Formula:

G₂ A₁

Menstrual History: Regular: ☐ Yes ☒ No

Obstetric History:

Obstetric Examination

G₁ - missed miscarriage @, @ & done Fundal Height: At 30 week

M/S - 5 years, NCM

G₂ - Spontaneous conception

Present Pregnancy Record:

Booked and Immunised, NT scan - NT - 5mm
Amniocentesis - QFPCR, Microarray - N study
Anomaly Scan - Normal

Ut. Activity: ☒ Relaxed ☐ Mild ☐ Mod ☐ Severe

Liquor: ☒ Adequate ☐ Oligo ☐ Poly

☐ Cephalic ☐ Breech Others _____

Head Fifts Palpable: _____

FHS: ☒ Normal ☐ Tachy ☐ Brady ☐ Absent

RISK FACTORS:

Perianal Abscess

Per Speculum Examination

Draining: ☐ Present ☐ Absent ☐ Bleeding

Colour of Liquor: ☐ Clear ☐ Meconium ☐ Blood Stained

VE -> White discharge ⊕

Vaginal Examination

Cervix: ☐ Long ☐ Partially effaced ☐ Effaced

Os: Closed _____ Dilated _____

Membranes: ☐ Present ☐ Absent

Liquor: ☐ Clear ☐ Meconium ☐ Blood Stained

Presenting Part: ☐ Vertex ☐ Breech ☐ Others

Sutton: ☐ -3 ☐ -2 ☐ -1 ☐ 0 ☐ +1 ☐ +2

Pelvis: ☐ Adequate ☐ Doubtful

Height: 163.6 cm

Weight: 66.1 kg

Allergies: Nil

Breast: ☒ Normal ☐ Abnormal

General Examination:

Consciousness: Conscious Pallor: No

Icterus: No Edema: No

Temp: 98 °F PR: 110/min

BP: 90/60 mmHg DTR: ↑

CVS: S1 S2 ⊕ RS B/L NVBS ⊕

Liver/Spleen: Urine Output:

DIAGNOSIS

G₂ A₁

LMP - 10/12/2025

GA - 30 weeks + 3 days

A₁ - Negative

EDD - 16/09/2026

Fever for Evaluation

M/S - 5 yrs
NCM

IRMP

Perianal Abscess



Family History: Nil	Surgical History: * D & C done 2022 * Perianal abscess (IED) was done @ 9 weeks
Medical History: * Hypothyroid since conception * OI done 4 cycles	Medication History: T. THYRONORM 12.5mcg od
Plan of Care: <u>C/O/B for Lucetta.</u> - Admission - Inj Piptaz 4.5g 2x 1-1-1 (A70) - CTG Monitoring. - Consoft CL daily night for 7 nights. - Temp chart hourly monitoring. - Iv Paracetamol 1g sos	Investigations: - CBC - CRP - Pus from (E) perianal abscess site (Swab).

Doctor Name: Dr. Parithra / Dr. Shreedevi

Signature: Dr 2217

Date & Time: 21/07/2026

Consultant Name: Dr. Lucetta

Signature: For 2217

Date & Time: 21/07/2026

Pati

GUC-00072743 IP18-00036559
 Mrs VYSHNAJA VIJAYAN
 26-11-1993 32 Y 7 M 25 D (F)
 Dr. LUCETTA AMELIA DIAS



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RESULT SHEET

Date	2/7	21/6/26	21/7	23/7/26	
Time					
Hb					A - NEGATIVE
PCV		10.5	10.9	10.1	
RBC		31		30	
WBC		3.53		3.46	HBsAg
N/L		8,280	18,700	8,670	HIV 1 & 2
Platelets		69/22		68/21	HCV
CRP		2.86	2.75	2.21	Non-Reactive
ESR	22		22	43	
PCT					ICT - Negative
RBS					TSH - 3.08
Na					FT4 - 1.36
K					FT3 - 3.06
Cl					
Ca/Mg					
Phosphate					ECG
Urea					ECHO
Creatinine					Normal
ALP					
SGPT					Procalcitonin - 2.3
SGOT					
T.Bill/Conj					
T.Protein					MP/MF - Negative
S.Albumin					Serum Typhus IgM - Negative
S.Globulin					Dengue NSI - Negative
A/G Ratio					Dengue IgM - Negative
Uric Acid					Dengue IgG - Positive
S.Amylase					
Sr.Lipase					Perianal Abscess c/s
Blood Lactate					
S.Cholesterol					Heavy growth of E. coli
PT/INR					
APTT					
CSF Protein / Sugar					
Cells					
N/L					

Patient Stic



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PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
21/7/26 2:45 PM	S/B Dr. Vinithe Pt reviewed; No 40 DIE: GC fair; Afebrile P° IPE° P/A: UT 30w; Relaxed; FH good	Dr. Shree Devi Adv: C/D/W Dr. Lucetta • FHR monitoring Q1H • CTG at 8pm • Vitals monitoring • Temp chart hourly monitoring • Follow drug chart • Consoft CL HS x 7 nights • Shift to ward • Inform SOS
21/7/26 9 PM	S/B Dr. Ananthanarayanan pt-reviewed Able to PFM well. No fever spike today Advise - Monitor FHR till 12 AM then 4 AM 6 AM then Q1H. - CTG Next 6pm - Temp monitoring Strictly Q2H. - Inform SOS	30 ⁺ weeks T- 98.3°F P- 94/min BP 10/64 mmHg Cord: freely passed stool VE: NAD

CTG - 22
WBC - 18700
Hb - 10.9
Plt - 275

VIA
21/11/23

CTG
cord: freely
passed stool

15428

15600

PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
22/07/2021	C/S/B Dr. Jayaveena	Dr. Shreedev
7:30pm		
GA - 30wks + 7 days	PT reviewed, Nil C/O	<u>Advice</u>
	O/E PT GC fair, Afebrile	- Normal diet
T - 98.8 F	P / PEE	- Plenty of oral fluids
PR - 108/min	W/S / NAD	- vitals Monitoring
BP - 101/71 mmHg	RS	- Hourly FHR till 12pm &
	PlA - uterus @ 30wks	then 4am, 6am & 8am
CTG - Reactive	Relaxed	- Next CTG @ 10pm
	FHR - good	- Temperature monitoring
		Strictly to 2hrs
		- Inform (Ses)
		- To do USG Pelvis / Perianal
22/7/2021	S/R Dr. K. Vinodhini	
10:00pm		
	pt. Reviewed	<u>Adv.</u>
	No specific C/O	
	O/E - GC fair, Afebrile	1) To do CTG now
	No P / PEE	2) Rest follow the order
GA - 30wks today	W/S / NAD	
	PlA - Uterus ~ 30wks	
	Relaxed	
	FHR @ good.	
	CANDID - a vaginal	
	pervary kept pv.	



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PROGRESS NOTES AND DOCTOR'S ORDER

Date & Time	Progress Notes	Doctor's Order
23/7/26 11:45am	<u>S/S Dr. Lucetta</u> USG - Perianal region done - Evidence of ill defined mixed echogenic left perianal collection - measuring around 29x28x21 mm - No abscess, vol - 8.5 cc with sinus tract extending into skin surface over a length of 22 mm, max thickness 6.5 mm %D/w Dr. Harish.	
	 ↓ SAP, parts painted and draped ↓ Local anaesthesia, sinus tract orifice extended using artery forceps Pt withstood the procedure well	
		<u>Adv:</u> • Continue Inj. Piptaz • Temp charting • Inform SOS
	<u>Ward</u> 12/11/23	

Date & Time	Progress Notes	Doctor's Order
23/7/26 3pm	S/B Dr. Dnyalakshini / Dr. Shreedan	
30+5 weeks	pt reviewed nil c/o NO fever today able to ppm well.	
T-98°F PR-88/min BP-110/70 mmHg	O/E: pt AC fair, afebrile PO / PCO CVC / RS / NAD	Advice - ③0 dext - oral fluids - monitor vit - hourly q H - Temp. char - folic acid
	P/A: wt ~30-32 wks Relaxed cephalic FNS good.	<i>[Signature]</i> Kau26
	C/E: Absent day	
24/7/26 8:40am	pt reviewed	

Patient Sticker



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PROGRESS NOTES AND DOCTOR'S ORDER

[illegible]

Patient Sticker

PROGRESS NOTES AND DOCTOR'S ORDER

[illegible]

Patient Sticker

SUC-00072743 IP18-00036559

Mrs VYSHNAJA VIJAYAN

26-11-1993 32 Y 7 M 25 D (F)

Dr. LUCETTA AMELIA DIAS



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MEDICATION RECONCILIATION FORM

Drug Allergies:

☒ Not known any Drug Allergies

Medication Reconciliation will be done at the time of admission and also whenever there is change in the treating team or shifting from one unit to another unit.

(Example: at the time of admission shifting from ICU to Ward, or Ward to ICUs)

Shifting From: LDR

Shifted to:

S.No	MEDICATION NAME (GENERIC NAME CAPITAL LETTERS)	DOSE (mg, mcg)	ROUTE (PO, NG, SC, IV)	FREQUENCY	LAST DOSE Date / Time	ON ADMISSION / SHIFTING
1	T. FERRONOMIC PLUS	1 Tab	PO	OD		☐ C ☒ DC
2	Tab LIVOGEN	1 Tab	PO	BD		☒ C ☐ DC
3	Tab SUPRACAL 2000	1 Tab	PO	OD		☒ C ☐ DC
4	Tab - SUSTEN SR	200mg	PO	BD		☒ C ☐ DC
5						☐ C ☐ DC
6						☐ C ☐ DC
7						☐ C ☐ DC
8						☐ C ☐ DC
9						☐ C ☐ DC
10						☐ C ☐ DC

MEDICATION HISTORY RECORDED / VERIFIED BY

* C- Continue, DC - Discontinue

Doctor Name & Signature: Dr. Shreedevi 182217Date & Time: 21/07/2016Nurse Name & Signature: S.N. Tamsel 21/07/2016Date & Time: 21/7/26 at 12.50pm

Docu. No.: RCH / FRM / GENERAL / 090

1

Topic _____

DATE _____

Page No. _____

Page No. _____

Write the name of the subject in the box.

Page No. _____

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GUC-00072743 IP18-00036559
Mrs VYSHNAJA VIJAYAN
26-11-1993 32 Y 7 M 25 D (F)
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DRUG CHART

Date of Admission: 2/17/20 Drug Allergies: ☒ Not known any Drug Allergies

FOR THE SAFETY OF THE PATIENT

- Ensure that all patient details are entered above. **ONLY A DOCTOR SHALL WRITE MEDICATION ORDERS.**
 - Please use only approved abbreviations (refer to Hospital's approved list of abbreviations).
 - Use approved pharmaceutical names, **BLOCK LETTERS**, metric dosage. English instructions.
 - Any changes in drug therapy must be ordered by a **NEW PRESCRIPTION**. Do not alter existing instructions.
 - Discontinue a drug by drawing a line **I** through it and a similar line through subsequent recording panels.
 - The date and time of stopping the drug along with the doctors name and sign must be mentioned.
 - Only one chart should be in use at any one time. When the chart is full, a new supplement can be kept within this drug sheet folder.

NURSES

 - Nurses must follow strictly the **FIVE RIGHTS** before administration of medication.
 - 1) Right Patient 2) Right Drug 3) Right Dosage 4) Right Route 5) Right Time
 - **AVOID TAKING VERBAL ORDERS. NO VERBAL ORDERS FOR HIGH RISK/HIGH ALERT MEDICINES (EXCEPT FIRST DOSE OF EPINEPHRINE DURING CPR).** Follow Hospitals's Verbal Order Policy.

SOS / PRN (As Required Medication)

[illegible]

DRUG :				Date																			
Dose	Route	Frequency	Start Date	Time																			
Doctor's Signature		Valid Period	Pharm.																				
Additional Instructions:																							

[illegible]

VERIFIED BY : Name Signature

Weight. 66.7 kg Ward. LDK

Page: 2/4



Sheet No:

REGULAR PRESCRIPTIONS

Weight 66.1kg Ward 614

DRUG: <u>T. THYRONORM</u>				Date/Time				
Dose	Route	Frequency	Start Dt.	22/7	23/7	24/7		
12.5mcg PO		1-0-0	22/7	6 AM SL	8 AM SL	8 AM SL		
Name & Signature of the Doctor Starting the Drugs: <u>[Signature]</u> 156007								
Additional Instructions:								
Daily Doctor's Endorsement by a Sign								

DRUG: <u>CANSOFT CL</u>				Date/Time				
Dose	Route	Frequency	Start Dt.	21/7	22/7	23/7	24/7	
1cap	PO	0-0-1	21/7	9 PM SL	9 PM SL	9 PM SL		
Name & Signature of the Doctor Starting the Drugs: <u>[Signature]</u> 156007								
Additional Instructions:								
Daily Doctor's Endorsement by a Sign								

DRUG: <u>INJ. PIPTAZ</u>				Date/Time				
Dose	Route	Frequency	Start Dt.	22/7	23/7	24/7		
4.5g	IV	1-1-1	22/7	10 AM	12 PM	12 PM		
Name & Signature of the Doctor Starting the Drugs: <u>[Signature]</u> 121113								
Additional Instructions:								
Daily Doctor's Endorsement by a Sign								

DRUG: <u>T. LIVODGEN</u>				Date/Time				
Dose	Route	Frequency	Start Dt.	22/7	23/7			
1tab	PO	0-0-0-1	22/7					
Name & Signature of the Doctor Starting the Drugs: <u>[Signature]</u> 121113								
Additional Instructions:								
Daily Doctor's Endorsement by a Sign								

Patient Sticker

Sheet No:

REGULAR PRESCRIPTIONS

Weight Ward

Signature
VERIFIED BY : Name

DRUG :				Date Time
Dose	Route	Frequency	Start Dt.	
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				
DRUG :				Date Time
Dose	Route	Frequency	Start Dt.	
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				
DRUG :				Date Time
Dose	Route	Frequency	Start Dt.	
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				
DRUG :				Date Time
Dose	Route	Frequency	Start Dt.	
Name & Signature of the Doctor Starting the Drugs:				
Additional Instructions:				
Daily Doctor's Endorsement by a Sign				

VARIABLE		Time	Nurse Sig.	Nurse Sig.	Nurse Sig.	Nurse Sig.
DRUG :		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Route	Start Date	Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Name & Signature of the Doctor		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.
Additional Instructions:		Dose		Dose		Dose
		Dr. Sign.		Dr. Sign.		Dr. Sign.

VARIABLE DOSE		Date > Time									
		Nurse Sig.		Nurse Sig.		Nurse Sig.		Nurse Sig.			
DRUG :			Dose		Dose		Dose		Dose		
			Dr. Sign.		Dr. Sign.		Dr. Sign.		Dr. Sign.		
Route	Start Date		Dose		Dose		Dose		Dose		
			Dr. Sign.		Dr. Sign.		Dr. Sign.		Dr. Sign.		
Name & Signature of the Doctor			Dose		Dose		Dose		Dose		
			Dr. Sign.		Dr. Sign.		Dr. Sign.		Dr. Sign.		
Additional Instructions:			Dose		Dose		Dose		Dose		
			Dr. Sign.		Dr. Sign.		Dr. Sign.		Dr. Sign.		

[illegible]

7. LUCETTA AMELIA DIAS

GUC-00072743

GUC-00072743
M. VYSHNAJA VIJAYAN

Mrs V. S. S. S. S.
26-11-1993

32 Y 7 M 25 D

(F)

Weight. Ward.

[illegible]

Page: 4/4

22/7/86
FHR.

4.15pm - 152 b/m.

8pm - 150 b/m.

9pm - 160 b/m.

23/7/86
12am - 150 b/m

6am - 148 b/m

7am - 150 b/m

Temperature.

4pm - 98.7°F.

8pm - 98.1°F

9pm - 97.4°F.

12pm - 98.3°F

12am - 98.1°F

4am - 98.4°F

6am - 97.7°F.



Warning Observation Score Chart - Obstetrics

CONTACT DOCTOR FOR EARLY INTERVENTION IF PATIENT
TRIGGERS ONE ORANGE OR TWO YELLOW SCORES AT ANY ONE TIME

22/1/26

Date		8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	
Time		8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	
RESP (write rate in corresp. box)	> 30																									
	21 - 30																									
	11 - 20	20b/r				20b/r				25b/r				20b/r				20b/r					20b/r			
	0 - 10																									
Saturations	94 - 100 %	98r				98r				98r				100r				100r					100r			
	< 94 %																									
Administered O ₂ (L/min.)		0				0				0				0				0					0			
Temp ^c	40																									
	39																									
	38																									
	37																									
	36	99.8r				99.8r				99.4r								99.1r					98.2r			
	35																									
	34																									
	< 35																									
Heart Rate	170																									
	160																									
	150																									
	140																									
	130																									
	120																									
	110																									
	100																									
	90	90b/r				92b/r				90b/r				90b/r				90b/r					92b/r			
	80																									
	70																									
	60																									
	50																									
	40																									
	Systolic Blood Pressure	190																								
		180																								
170																										
160																										
150																										
140																										
130																										
120																										
110																										
100																										
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70																										
60																										
50																										
Diastolic Blood Pressure		130																								
	120																									
	110																									
	100																									
	90																									
	80																									
	70																									
	60																									
	50																									
	40																									
	NEURO RESPONSE [✓]	Alert	✓				✓				✓				✓				✓				✓			
		Voice																								
		Pain																								
		Unresponsive																								
	URINE mls / hour	> 30	✓				✓				✓				✓				✓				✓			
		< 30																								
Proteinuria	Protein ++																									
	Protein > ++																									
Lochia	Normal	✓				✓				✓				✓				✓				✓				
	Heavy / Foul																									
Liquor	Clear / Pink																									
	Green																									
TOTAL YELLOW SCORES		0				0				0				0				0				0				
TOTAL ORANGE SCORES		0				0				0				0				0				0				
Nurse Initial		AS				AS				AS				AS				AS				AS				

23/7/26.

FHR

8pm. - 158 b/m

9pm. - 145 b/m.

12am - 156 b/m.

6am - 150 b/m.

7am - 155 b/m



CONTACT DOCTOR FOR EARLY INTERVENTION IF PATIENT TRIGGERS ONE ORANGE OR TWO YELLOW SCORES AT ANY ONE TIME

[illegible]

Patient Stick



FLUID CHART

Sheet No. : ①

1. All measurements in ml.
2. Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

Date		Time	Nature of Fluid	Route			Output					IV Site Thrombophlebitis Score	Sign. Nurse
				Mouth	I.V	N.G	NG	Diarrhoea	Vomit	Drainage	Urine		
21/7/20		08:00 am											
		09:00 am											
		10:00 am											
		11:00 am											
		12:00 pm											
		01:00 pm	H ₂ O 150								200	0	Two
Total Intake :			150ml				Total Output :			200			
		02:00 pm										0	SA
		03:00 pm	H ₂ O 200ml								✓	0	SA
		04:00 pm										0	M-M
		05:00 pm	H ₂ O 150ml								✓	0	M-M
		06:00 pm	H ₂ O 100ml								✓	0	M-M
		07:00 pm	H ₂ O 100ml									0	M-M
Total Intake :			550ml				Total Output :			3 times			
		08:00 pm										0	200ml
		09:00 pm	H ₂ O 200ml								✓	0	200ml
		10:00 pm										0	200ml
		11:00 pm	H ₂ O 300ml								✓	0	200ml
		12:00 am	H ₂ O 200ml									0	200ml
		01:00 am	H ₂ O 100ml									0	200ml
Total Intake :			800ml + 300ml				Total Output :			④ times			
		02:00 am										0	200ml
		03:00 am	H ₂ O 100ml									0	200ml
		04:00 am									✓	0	200ml
		05:00 am	H ₂ O 200ml									0	200ml
		06:00 am										0	200ml
		07:00 am	H ₂ O 200ml								✓	0	200ml
Total Intake :			500ml + 200ml				Total Output :			⑤ times			
Total 24 hrs. Intake			2400ml				Total 24 hrs. Output			200ml	⑦ times		

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 Mrs VYSHNAJA VIJAYAN
 26-11-1993 32 Y 7 M 26 D (F)
 Dr. LUCETTA AMELIA DIAS



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FLUID CHART

Sheet No. : 5

1. All measurements in ml.
2. Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

Date	Time	Nature of Fluid	Intake			NG	Output				IV Site Thrombophlebitis Score	Sign. Nurse
			Mouth	I.V	N.G		Diarrhoea	Vomit	Drainage	Urine		
24/11/26	08:00 am	H2O 100ml									0	MPL
	09:00 am	H2O 150ml				✓				✓	0	
	10:00 am	Soup 100ml									0	
	11:00 am									✓	0	
	12:00 pm	H2O 100ml								✓	0	
	01:00 pm	H2O 150ml								✓	0	
Total Intake :			600ml			Total Output :			3 Times			
	02:00 pm										0	Pulc
	03:00 pm	H2O 125ml									0	
	04:00 pm	H2O 125ml									0	
	05:00 pm	H2O 125ml									0	
	06:00 pm	Tea 200ml								200ml	0	
	07:00 pm									200ml	0	
Total Intake :			585ml			Total Output :			990ml			
	08:00 pm										0	Sufamox
	09:00 pm	H2O 200									0	
	10:00 pm									300	0	
	11:00 pm	H2O 200									0	
	12:00 am										0	
	01:00 am										0	
Total Intake :			400ml			Total Output :			300ml			
	02:00 am										0	Sufamox
	03:00 am										0	
	04:00 am	H2O 200								300	0	
	05:00 am										0	
	06:00 am	H2O 200ml								125	0	
	07:00 am										0	
Total Intake :			400ml			Total Output :			425ml			
Total 24 hrs. Intake		1985 ml										
Total 24 hrs. Output		1615 ml										

10/10/2020
 10/10/2020
 10/10/2020

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10/10/2020

10/10/2020



FLUID CHART

Sheet No. : 3

- All measurements in ml.
- Add up each column separately. Make additions across the page to obtain 24 hrs. total of intake and output.

23/7/26		Intake				Output					IV Site Thrombo- phlebitis Score	Sign. Nurse
Date	Time	Nature of Fluid	Route			NG	Motion Diarrhoea	Vomit	Drainage	Urine		
			Mouth	I.V	N.G							
	08:00 am	H ₂ O	250ml							300ml	0	He
	09:00 am	Tea	200ml							250ml		He
	10:00 am										0	He
	11:00 am	H ₂ O	250ml							220ml		He
	12:00 pm	H ₂ O	200ml								0	He
	01:00 pm									250ml		He
Total Intake :			1000 ml.			Total Output :			1020 ml.			
	02:00 pm											
	03:00 pm	H ₂ O	100ml							200	0	He
	04:00 pm	Milk	100ml				✓					
	05:00 pm	H ₂ O	100ml							200	0	He
	06:00 pm											
	07:00 pm	H ₂ O	100ml							100	0	He
Total Intake :			400 ml			Total Output :			500 ml M-1			
	08:00 pm	soup	50ml									
	09:00 pm	H ₂ O	100ml								0	He
	10:00 pm	H ₂ O	200ml				✓			200ml		
	11:00 pm	H ₂ O	100ml								0	He
	12:00 am									300ml		
	01:00 am	H ₂ O	50ml								0	He
Total Intake :			300 ml			Total Output :			500 ml M-1			
	02:00 am											
	03:00 am	H ₂ O	100ml							100ml	0	He
	04:00 am	H ₂ O	100ml				✓					
	05:00 am									200ml	0	He
	06:00 am	H ₂ O	100ml									
	07:00 am	milk	100ml							50ml	0	He
Total Intake :			330 ml			Total Output :			350 ml M-1			
Total 24 hrs. Intake		2830 ml										
Total 24 hrs. Output		2550 ml										



NURSING CARE RECORD

Date: 21/7/26

Goals

- ☐ Maintain Airway and Oxygenation
- ☒ Relieve Pain & Discomfort
- ☐ Maintain Fluid Balance
- ☐ Improve Activity Tolerance
- ☐ Maintain Good Nutritional Status
- ☐ Maintain Skin Integrity
- ☐ Identify Potential Complications
- ☐ Prevent Infection
- ☐ Meet Elimination Needs
- ☐ Ensure Safety
- ☐ Early Ambulation Reduce Anxiety
- ☐ Patient & Family Education
- ☐ Any Others. Specify.....

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning	12.30 pm	- Achieve acceptable pain control and	1 pm	* Assess pain by using pain scale * position comfortably * Administer analgesic	Reduced pain to some extent	Reassessment Done	Amal 01/6/26
Afternoon	2 pm	Achieve acceptable pain controls & discomfort	2:30 pm	Assess pain by using pain scale position comfortably Administer Analgesic	Reduced pain to some extent	Reassessment was Done	Amal 01/8/26
Night	8 pm	Promote cleanliness and Comforts		Assess the daily bath, oral care maintain hand hygiene.	monitored intake & output charts	Reassessment was done	Amal 21/7/26



NURSING CARE RECORD

Date: 22/7/2026

Goals

- ☐ Maintain Airway and Oxygenation
- ☐ Maintain Personal Hygiene
- ☐ Identify Potential Complications

- ☒ Relieve Pain & Discomfort
- ☐ Prevent Infection
- ☐ Any Others. Specify.....

- ☐ Maintain Fluid Balance
- ☐ Meet Elimination Needs

- ☐ Improve Activity Tolerance
- ☐ Ensure Safety

- ☐ Maintain Good Nutritional Status
- ☐ Early Ambulation Reduce Anxiety

- ☐ Maintain Skin Integrity
- ☐ Patient & Family Education

	Time	Plan of Care	Time	Implementation	Evaluation	Re-Assessment	Nurse Name & Signature
Morning	8am	Assess the patient. Monitor vital's Maintain D/o Administer medication.	1pm	-> Assessed Patient general condition -> Administered medications as per doctor's order.	Maintained I/O Chart for the patient.	Patient was Stable.	myll 2026/7/26
Afternoon	2pm	Achieve acceptable pain, comfort and discomfort.		Assess pain using by pain Scale regularly.	To reduce pain Comfortable position.	Patient was clinically Normal	Free son
Night	8 pm	* Assess the patient condition * Monitor vital sign * Monitor D/o chart * Administer medication as per doctor's order.		* Assessed the patient condition * Monitored vital sign * Monitored D/o chart * Administer medication as per doctor's order.	Patient vital sign are stable.	Patient was stable.	Free son

Patient

GUC-00072743 IP18-00036559

Mrs VYSHNAJA VIJAYAN

26-11-1993

32 Y 7 M 25 D

(F)

Dr. LUCETTA AMELIA DIAS



IRSES NOTES

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☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
21/7/26	12pm	ADMISSION NOTES: patient Admission on 21/7/26. patient clo fever & chills 1 episode yesterday clo pain over anal region clo constipation. patient's general condition fair. vitals are checked & recorded. patient diagnosis G ₂ P ₁ / G ₁ A 30w+3d / fever for Evaluation.	
	12:30pm	Dr. Lucetta saw the patient advised to CBC, CRP, Pus from ① perianal abscess site (Swab). sample collected op basis sendd. CTG connected.	sp/paramesh 016808
	12:40pm	IV cannulation Done by S/N. Anusya 18G vonflon in Left Metacarpal IV cannula Observed. Ruj. paraj by IV given as per doctor order	sp/paramesh 016808
	12:50pm	Ruj. piptaz 0.1ml 20 given as per doctor order. Maintained Flo. No any other complaints CTG disconnected. FHR Monitored Xerox CTG at 1:45pm	J. The 016808

NOTE : DO NOT WRITE OUTSIDE THE MARGINS



NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
21/7/20	1:30pm	patient doesn't have any allergic reaction after Pij. piptaz 0.1ml ID. Pij. piptaz 4.5g IV given as per doctor order	J. The 01/6/20
	1:35pm	patient care Handling over given to Evening duty staff Evening duty	J. The 01/6/20
	1:35 pm	patient care hand over taken from morning duty staff nurse patient was stable conscious & oriented vital signs present & pattern FHR is good & patient general condition fair	
	2pm	CIV was connected as per doctor order FHR is good & patient was stable no allergic reaction No complaints	J. The 01/6/20
	2:30 pm	Stopped CIV as per doctor order FHR is good & reaction Advised to PT shifted toward	J. The 01/6/20
	3:30 pm	PT shifted toward PT care hand over given to 6th floor staff nurse Nerya at 8pm / hr FHR monitor	J. The 01/6/20

NOTE : DO NOT WRITE OUTSIDE THE MARGINS



NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
21/1/22	3:40pm	Receiving notes. Patient received from LOR. to 8 th floor. patient details. hand over taken from LOR. Staff: Patient was conscious and oriented.	Racena 0208pm
		Patient fr line pattern is healthy and observed. Patient HR and temperature is hourly.	Racena 0208pm
	4pm	Patient vitals checked and recorded. Vitals Normal.	Racena 0208pm
	5pm	Dr. Lucetta Amelia man seen the patient advice to continue. high temperature and HR	Racena 0208pm
	7pm	maintained intakes and output chart	Racena 0208pm
	7:30pm	Hand over given from Night duty staff	Racena 0208pm
		Night Duty Notes	
21/1/22	7:30pm	patient details hand over taken from Evening duty staff patient active and oriented In line	
	8pm	healthy patient in Normal diet had urine vitals checked and recorded CTG started at 8pm ended at 9pm	Jey 010413

NOTE: DO NOT WRITE OUTSIDE THE MARGINS

NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
21/7	9pm	Dr. Divya mam seen the patient advised to check after 12am 4hrly FHR and 2nd Temp	
	10pm	Temp 99.6°F Informed to Dr. Anusara mam advised to run	Jey
	10.30pm	gave 1st para 1g IV given	
	11pm	Temp re-checked 99.4°F	
22/7/20	12am	Vitals checked and recorded IV line healthy FHR 156b/min informed to Dr. Divya mam	Jey 01/09/23
	1am	Temp rechecked 97.4°F	
	4.30am	Temp 99.2°F Informed to Dr. Divya mam advised to give depot Sponging and check perine inform	Jey 01/09/23
	5.45am	Dr. Divya mam advised to do Verru P/E, Dengue Nt IgG, IgM scrub Typhus IgM and mpaud MF done has Per doctor order	Jey 01/09/23
	6am	CTG started Temp 97.4°F	
	7Am	Dr. Anusara mam checked pus Vaginal 2-3ml with beclatone	Jey 01/09/23
	7.30am	patient taken bath. after Breakfast to put CTG advised by Dr. Anusara mam	
	8Am	1st para given to Morning duty staff	Jey 01/09/23

NOTE : DO NOT WRITE OUTSIDE THE MARGINS



3

NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies *all*

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
		Morning duty 22/7/26	
22/7/26	8 AM	Handing over taken From Night duty staff. patient conscious & oriented vital's checked and recorded vital's are stable above. IV line present. BP monitoring hourly. Continue the same treatment.	<i>[Signature]</i> 06/26
	9 AM	Morning medications given as per as doctor's order.	<i>[Signature]</i> 06/26
	10 AM	Patient had no complaints. Patient Sleep well.	
	11 AM	Dr. Lucetta has seen the patient. In PPIAZ 4-5gm b/w hourly.	<i>[Signature]</i> 06/26
	12 PM	Vitals checked and recorded. T-checked no fever. FHR is good	
	1 PM	Maintained no chart recorded. Dr. Lucetta has seen the patient. Pus drained. IV Paracetamol/ (505). Continue ^{IV} PPIAZ. C/O 8 PM took	<i>[Signature]</i> 06/26
	1.30 PM	Handing over given to evening duty S/N.	

NOTE : DO NOT WRITE OUTSIDE THE MARGINS

NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
		Evening duty notes.	
22/1/20	1.30pm	patient details hand over taken from morning duty staff. patient was conscious and oriented.	→ <u>Paul</u>
	2pm	patient ECG line pattern is healthy and observed due medication given as per drug chart.	→ <u>Praveen</u>
	2.30pm	Dr. Irinika mam phone call advice to if fever means inform to immediately.	→ <u>Praveen</u>
	3pm	patient temperature and HR checked and recorded.	→ <u>Praveen</u>
	4pm	patient vitals checked and recorded. Patient T 99.4° informed LDR doctor mam Advice to give paracetamol - 1g After. Start CRG. and physician opinion.	→ <u>Praveen</u>
	5pm	patient Temp is reduced 98.8°F CRG is connected.	→ <u>Praveen</u>
	6.30pm	Dr. Krishnakumar sir seen the patient Advice from inj Pictor 6m h over Ams and to do CBC, CRP, Procalcitonin.	→ <u>Praveen</u>

NOTE : DO NOT WRITE OUTSIDE THE MARGINS



(4)

NURSES NOTES

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☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
22/7/26		tomorrow and pelvic ultrasound if need mean MRF and gene x post & APB stain if no improvement escalate to change plan for metoprolol and verapamil - cin.	Rachel Oros
	4pm	maintained intake and output chart	Rachel Oros
	7:30pm	Hand over given from Night duty staff	Rachael Oros
Night duty 22/7/26			
22/7/26	7:30pm	→ Patient handover taken by evening duty S/N	Cathy Oros
		→ Patient clinically stable	
	8pm	→ Provide health education	
		→ Provide comfortable bed position	Cathy Oros
		→ Checked vital signs	
		→ Patient vital is stable	
		→ Checked FHR also 150b/min	
		Monitored and recorded	
	10pm	→ connected CTG, 1 hour going after that stop	Cathy Oros
		→ attendees asking for	
		Don't check full rect Temp and FHR, informed fo	

NOTE: DO NOT WRITE OUTSIDE THE MARGINS

NURSES NOTES

☐ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
22/7/26		DR. Vinodhini mum. doctor advice, ok no need to check, again morning need to check FHR and temp. <u>Cathy</u> → gene x-part and AFE stain <u>08/29</u> not raised in old sample, that one informed to DR. Vinodhini mum. doctor advice wait I will ask DR. Lucetta mum, after that need to rise that sample. <u>Cathy</u> → <u>08/29</u>	
23/7/26	12am	→ checked vital signs of patient vitals is stable. <u>Cathy</u> → administered IV medicine and administered oral medicine @ 9pm as per drug chart order. <u>08/29</u> → FHR is 150bpm. Monitored and documented. <u>Cathy</u> → <u>08/29</u>	
	4am	→ again checked vital signs of patient vitals is stable. <u>Cathy</u> → Monitored intake and output chart. <u>08/29</u> → Patient clinically stable. <u>Cathy</u> → patient IV line is healthy. <u>08/29</u>	
5:15am		→ sent sample CBC & CRP procalcitonin sent to Lab	

NOTE : DO NOT WRITE OUTSIDE THE MARGINS

GUC-00072743
Mrs VYSHNAJA VIJAYAN
26-11-1993 32 Y 7 M 26 D
Dr. LUCETTA AMELIA DIAS (F)

NURSES NOTES

Rainbow Children's Hospital
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☐ No Known Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
23/9/26	6am	→ administered medications as per drug chart orders → Checked FHR - 155 bpm and temperature also checked 97.8°F, marked & recorded	08/10/26
	9am	→ Checked FHR - 150 bpm marked and recorded → Patient Clinically Stable → patient details	
	7:30 AM	handovers given tomorrow duty staff	
23/9/26		Morning duty notes	
	7:30 AM	Patient details handed over taken from night duty SIN. VUNDU, temperature and hwy, FHR however, CTU - 8am, Normal diet.	08/10/26
	8am	Vitals checked and recorded CTU connected. FHR good well Normal. Due medication given as per doctor order.	08/10/26
	8:45 AM	CTU Photos send to Dr. LDR CM. advise CTU - STOP.	
	9 AM	Perineal SCLIP well. No complaints.	
	11 AM	Dr. Lucetta mom seen the pt if she has no fever. tomorrow discharge	

NOTE : DO NOT WRITE OUTSIDE THE MARGINS

NURSES NOTES

☒ No Known Drug Allergies

☐ Drug Allergies

DATE	TIME	(ALL ENTRIES MUST BE SIGNED, DATED AND TIMED)	SIGNATURE
23/1/26	11 AM	Room 400 Procedure to do exam AUS. and local anesthesia given.	
	12 PM	Dr. Lucetta room advisory for trauma 1gm fentanyl NS given. gauze dressing done.	Jey
	10:30 PM	Dr. Vinita room Gauze removal NO Suture. Bleeding NO.	Jey
	1 PM	Duo medication given as per Dr. Schwartz orders.	
	1:30 PM	Handing over given to evening duty SN.	Jey
Evening Duty Notes			
23/1/26	1:30 PM	patient details hand over taken from Morning duty staff patient active and oriented In line healthy.	Jey
	2 PM	patient had lunch tolerably well for foods.	over
	3 PM	Due drugs given as per orders patient sleeping comfortable no any complaints.	Jey
	4 PM	vitals checked and recorded FHR hourly Monitored baby FHR 152 bpm recorded	over
	6 PM	Due drugs given as per orders SpO2 chart maintained & recorded	Jey
	7:30 PM	Hand over given to night duty staff	over

NOTE : DO NOT WRITE OUTSIDE THE MARGINS



PAIN ASSESSMENT FORM

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Date	Time	Pain Score (0/10)	Location	Duration	Acuity	Character	Modifying Factors	Patient / Family Educated	Intervention	Sign
21/7/26	6pm	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	Nil	Pavel 0203
21/7/26	9pm	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	Nil	Sh 0211
22/7/26	3Am	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No	Nil	Sh 0211
22/7/26	8Am	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☐ Yes ☐ No	Nil	Sh 0162
22/7/26	2pm	1/10	-	☐ Continuous ☒ Intermittent	☒ Acute ☐ Chronic	☐ Sharp ☒ Dull ☐ Aching ☐ Burning	☐ Increasing ☒ Decreasing	☒ Yes ☐ No	Comfortable Position	Pr-nurse 0203
22/7/26	8pm	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	Nil	Sh 21
23/7/26	3Am	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	Nil	Sh 21
23/7/26	11Am	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	Nil	Sh 21
23/7/26	4pm	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	Nil	Sh 0141
23/7/26	10Am	0/10	-	☐ Continuous ☐ Intermittent	☐ Acute ☐ Chronic	☐ Sharp ☐ Dull ☐ Aching ☐ Burning	☐ Increasing ☐ Decreasing	☒ Yes ☐ No	Nil	Sh 0141

Re-assessment Frequency:

- Every eight hours for all hospitalized patients.
- For post-surgical patients, patients with chronic pain, patient with severe pain:
 - At least every 2 hours for the first 24 hours
 - Then every 4 hours.
 - Prior to pain relieving intervention.
 - Within 30 - 60 minutes after pain relief intervention.

PAIN ASSESSMENT TOOLS

F1 ACC PAIN ASSESSMENT SCALE (1 Month to 7 Years)



CATEGORY	SCORING		
	0	1	2
Face	No Particular expression or smile	Occasional Grimace or Frown, withdraw, Disoriented	Frequent to constant frown, quivering chin, clenched jaw
Legs	Normal Position or Relaxed	Uneasy, restless, tense	Kicking, or legs drawn up
Activity	Laying quietly normal position, moves easily	Squirming shifting back and forth, tense	Arched, rigid, or jerking
Cry	No Cry (Awake or asleep)	Moans or whimpers occasional complaint	Crying steadily, screams of sobs, frequent complaints
Consolability	Content, relaxed	Reassured by occasional touching, hugging, or being talked to, distractible	Difficult to console or comfort

Neonatal Pain, Agitation and Sedation Scale (up to 1 Month)

Assessment Criteria	Sedation		Normal	Pain / Agitation	
	-2	-1		1	2
Crying Irritability	No Cry with painful stimuli	Moans or cries minimally with painful stimuli	Appropriate crying Not Irritable	Irritable or crying at intervals consolable	High-pitched or silent-continuous cry inconsolable
Behavior State	No arousal to any stimuli No spontaneous movement	Arouses minimally to stimuli Little spontaneous movement	Appropriate for gestational age	Restless, squirming Awakens frequently	Arching, kicking constantly awake or Arouses minimally / no movement (not sedated)
Facial Expression	Mouth is lax No expression	Minimal expression with stimuli	Relaxed Appropriate	Any pain expression Intermittent	Any pain expression Constant
Extremities Tone	No grasp reflex Flaccid tone	Weak grasp reflex decreased muscle tone	Relaxed hands and feet Normal Tone	Intermittent clenched toes, fists or finger splay Body is not tense	Constant clenched toes, fists, or finger splay Body is tense
Vital Signs HR, RR, BP, SaO ₂	No variability with stimuli Hyperventilation or apnea	Less than 10% variability from baseline with stimuli	Within baseline or normal for gestational age	Increase 10-20% from baseline SaO ₂ 76-85% with stimulation - quick recovery	Increase greater than 20% from baseline, SaO ₂ less than or equal to 75% with stimulation - slow recovery Out of sync or fighting ventilator

Wong - Baker (Pediatrics) Above 7 Years



IP-18-00036559
 GUC-00072743
 M's VYSHNAJA VIJAYAN
 32 Y 7 M 25 D (F)
 26-11-1993
 Dr. LUCETTA AMELIA DIAS

BRADEN Q SCALE



					Date : 21/11/2019 Time : 12pm			
Mobility	1. Completely immobile: Does not make even slight changes in body or extremity position without assistance.	2. Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.	3. Slightly limited: Makes frequent through slight changes in body or extremity position independently.	4. No limitations: Makes major and frequent changes in position without assistance.	4	4	4	4
Activity The degree of physical activity	1. Bedfast : Confined to bed	2. Chairfast : Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.	3. Walks occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. All patients too young to ambulate; OR walks frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during waking hours.	3	3	3	3
Sensory Perception	1. Completely limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation, OR, limited ability to feel pain over most of the body surface.	2. Very limited: responds to only painful stimuli, cannot communicate discomfort except by moaning or restlessness; OR, has sensory impairment that limits the ability to feel pain or discomfort over half of body.	3. Slightly limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned; OR, has some sensory impairment that limits ability to feel pain, or discomfort in one or two extremities.	4. No Impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.	4	4	4	4
Moisture Degree to which skin is exposed to moisture	1. Constantly moist: Skin is kept moist almost constantly by perspiration, urine, drainage, etc. Dampness is detected every time patient is moved or turned.	2. Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.	3. Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.	4. Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.	4	4	4	4
Friction-Shear Friction: Occurs when skin moves against support surfaces Shear: Occurs when skin and adjacent bony surface slide across one another	1. Significant problem: Spasticity, contracture, itching, or agitation leads to almost constant thrashing and friction.	2. Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.	3. Potential problem: Moves freely or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints, or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.	4. No apparent problem: Able to completely lift patient during position change, moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair at all times.	4	4	4	4
Nutritional Usual food intake pattern	1. Very Poor: NPO/or maintained on clear liquids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings of meat or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement.	2. Inadequate: Is on liquid diet or tube feedings/TPN, which provides inadequate calories and minerals for age OR albumin < 3 mg/dl OR rarely eats a complete meal and generally eats only about half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.	3. Adequate: Is on tube feedings or TPN, which provide adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered.	4. Excellent: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.	4	4	4	4
Tissue Perfusion & Oxygenation	1. Extremely compromised: Hypotensive (MAP < 50 mm Hg; < 40 in a newborn) or the patient does not physiologically tolerate position changes.	2. Compromised: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is < 7.40.	3. Adequate: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is normal.	4. Excellent: Normotensive, oxygen saturation > 95%; normal hgb; capillary refill < 2 seconds.	4	4	4	4

Severe Risk : less than 9 | High Risk : 10-12 | Moderate Risk : 13-14 | Mild Risk : 15-18 | Not at Risk: 19-23
 Docu. No. : RCH /FRM / CLINICAL / 119

TOTAL SCORE		27	27	28	28
Evaluator's Name		J. J. J.	J. J. J.	J. J. J.	J. J. J.

Risk Score	Category	Action	Support Surfaces (Please Note: Only required for children who are deemed at risk due to altered mobility, consider occupation therapy referral for advice)
15-18	At Risk	⑩ Regular Turning Schedule ⑩ Enable as much activity as possible ⑩ Protect the heels ⑩ Use pressure redistribution surfaces ⑩ Manage moisture, friction and shear ⑩ Advance to a higher level of risk if other major risk factors are present	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
13-14	Moderate Risk	⑩ Use the Same Protocol as for "At Risk" Patients ⑩ Position patient at 30 degree lateral incline using foam wedges	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
10-12	High Risk	⑩ Follow the same protocol as for "Moderate Risk" Patients ⑩ In addition to regular turning schedule ⑩ Make small shifts in their position frequently	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
Less than 9	Severe Risk	⑩ Use same protocol as for "High Risk" Patients ⑩ Add a pressure redistribution surface for patients with severe pain or with additional risk factors.	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay

GUC-00072743 IP18-00036559

Mrs VYSHNAJA VJAYAN

26-11-1993 32 Y 7 M 26 D (F)

Dr. LUCETTA AMELIA DIAS



BRADEN 'Q' SCALE

②



Rainbow Children's Hospital

BirthRight

BY RAINBOW HOSPITALS

Right to a Safe Delivery

Date: 22/7/2017 23:17
Time: 23:17

Mobility	1. Completely immobile: Does not make even slight changes in body or extremity position without assistance.	2. Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.	3. Slightly limited: Makes frequent through slight changes in body or extremity position independently.	4. No limitations: Makes major and frequent changes in position without assistance.	4	4	4	4
*Activity The degree of physical activity	1. Bedfast: Confined to bed	2. Chairfast: Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.	3. Walks occasionally: Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. All patients too young to ambulate; OR walks frequently: Walks outside the room at least twice a day and inside room at least once every 2 hours during walking hours.	4	4	4	4
Sensory Perception	1. Completely limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation, OR, limited ability to feel pain over most of the body surface.	2. Very limited: Responds to only painful stimuli, cannot communicate discomfort except by moaning or restlessness; OR, has sensory impairment that limits the ability to feel pain or discomfort over half of body.	3. Slightly limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned; OR, has some sensory impairment that limits ability to feel pain, or discomfort in one or two extremities.	4. No impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort.	4	4	4	4
Moisture Degree to which skin is exposed to moisture	1. Constantly moist: Skin is kept moist almost constantly by perspiration, urine, drainage, etc. Dampness is detected every time patient is moved or turned.	2. Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.	3. Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.	4. Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.	4	4	4	4
FRICITION-SHEAR Friction: Occurs when skin moves against support surfaces Shear: Occurs when skin and adjacent bony surface slide across one another	1. Significant problem: Spasticity, contracture, itching, or agitation leads to almost constant thrashing and friction.	2. Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.	3. Potential problem: Moves freely or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints, or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.	4. No apparent problem: Able to completely lift patient during position change, moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair at all times.	4	4	4	4
Nutritional Usual food intake pattern	1. Very Poor: NPO/or maintained on clear liquids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings of meat or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement.	2. Inadequate: Is on liquid diet or tube feedings/TPN, which provides inadequate calories and minerals for age OR albumin < 3 mg/dl OR rarely eats a complete meal and generally eats only about half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.	3. Adequate: Is on tube feedings or TPN, which provide adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally will refuse a meal, but will usually take a supplement if offered.	4. Excellent: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.	4	4	4	4
Tissue Perfusion & Oxygenation	1. Extremely compromised: Hypotensive (MAP < 50 mm Hg; < 40 in a newborn) or the patient does not physiologically tolerate position changes.	2. Compromised: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be > 2 seconds; serum pH is < 7.40.	3. Adequate: Normotensive oxygen saturation may be < 95%; hemoglobin may be < 10 mg/dl; capillary refill may be 2 seconds; serum pH is normal.	4. Excellent: Normotensive, oxygen saturation > 95%; normal hgb; capillary refill < 2 seconds.	4	4	4	4
TOTAL SCORE					28	28	28	28
Evaluator's Name					Dr. L. A. Dias	Dr. L. A. Dias	Dr. L. A. Dias	Dr. L. A. Dias

Severe Risk : less than 9 | High Risk : 10-12 | Moderate Risk : 13-14 | Mild Risk : 15-18 | Not at Risk: 19-23

Docu. No. : RCH /FRM / CLINICAL / 119

Risk Score	Category	Action	Support Surfaces (Please Note: Only required for children who are deemed at risk due to altered mobility, consider occupation therapy referral for advice)
15-18	At Risk	⑩ Regular Turning Schedule ⑩ Enable as much activity as possible ⑩ Protect the heels ⑩ Use pressure redistribution surfaces ⑩ Manage moisture, friction and shear ⑩ Advance to a higher level of risk if other major risk factors are present	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
13-14	Moderate Risk	⑩ Use the Same Protocol as for "At Risk" Patients ⑩ Position patient at 30 degree lateral incline using foam wedges	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
10-12	High Risk	⑩ Follow the same protocol as for "Moderate Risk" Patients ⑩ In addition to regular turning schedule ⑩ Make small shifts in their position frequently	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay
Less than 9	Severe Risk	⑩ Use same protocol as for "High Risk" Patients ⑩ Add a pressure redistribution surface for patients with severe pain or with additional risk factors.	High density foam mattress Gel pads for high-risk areas Alternating pressure mattress overlay



Morse Fall Risk Assessment Form

Choose Highest Applicable Score from each Category		Date / Time	M	E	N	Fall Risk Grading		
		Score	21/7/26	21/7/26	21/7/26			
History of Falling (immediately or w/in 3 months)	Yes	25				Risk Level	Morse Fall Score (MFS)	Action
	No	0	0	0	0			
Secondary Diagnosis (more than one diagnosis)	Yes	15				Low Risk	0 - 24	Standard Fall Precaution
	No	0	0	0	0			
Ambulatory Aid	Furniture	30		0	0	Moderate Risk	25 - 50	Implement Moderate Fall Prevention Intervention
	Crutches, Cane(S), Walker	15						
	None /Bed Rest /Nurse Assist	0	0	0	0			
IV / Heparin Lock or Saline	Yes	20	20	20	20	High Risk	≥ 51	Implement High Risk Fall Prevention Intervention
	No	0						
GAIT / Transferring	Impaired	20				High Risk	≥ 51	Implement High Risk Fall Prevention Intervention
	Weak (uses touch for balance)	10						
	Normal /On Bed Rest /Immobile	0	0	0	0			
Mental Status	Forgets limitations	15				High Risk	≥ 51	Implement High Risk Fall Prevention Intervention
	Oriented to own ability	0	0	0	0			
Total Morse Fall Scale Score:			20	20	20			
Signature			<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>			

Tick (✓) whichever precaution taken.

Risk Level and Interventions

Low Risk (0 – 24) (Standard Falls Precautions)

- ☐ Ensure patients use their prescribed eye glasses if any, in the hospital
- ☐ Use chairs with arm rests
- ☐ Use safety straps on stretchers and wheelchairs while transporting patients

Moderate Risk (25-50) Apply all low risk intervention and

- ☐ Assist and/or supervise ambulation. Reinforce to always call for assistance
- ☐ Hourly safety check
- ☐ Assess patient after visitors, leave to ensure safety measures in place

High Risk (≥ 51) Apply all low and moderate risk interventions, and.

- ☐ Initiate constant observation by healthcare provider as appropriate to patient's needs

More Fall Risk Assessment Form

1

1. Name: _____

2. Date: _____

3. Time: _____

4. Location: _____

5. Activity: _____

6. Observer: _____

7. Risk Level: _____

8. Notes: _____

9. Signature: _____

10. Date: _____

11. Time: _____

12. Location: _____

13. _____

14. _____

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67. _____

68. _____

Mrs. VYSHNAJA VIJAYAN

Patient Sticker

2

**Rainbow®
Children's
Hospital**
It takes a lot to treat the little.

BirthRight™
BY RAINBOW HOSPITALS
Your Right to a Safe Delivery

Morse Fall Risk Assessment Form

Choose Highest Applicable Score from each Category		Date / Time	M	E	N	Fall Risk Grading		
		Score				Risk Level	Morse Fall Score (MFS)	Action
History of Falling (immediately or w/in 3 months)	Yes	25						
	No	0	0	0	0			
Secondary Diagnosis (more than one diagnosis)	Yes	15						
	No	0	0	0	0			
Ambulatory Aid	Furniture	30				Low Risk	0 - 24	Standard Fall Precaution
	Crutches, Cane(S), Walker	15						
	None /Bed Rest /Nurse Assist	0	0	0	0			
IV / Heparin Lock or Saline	Yes	20	20	20	20	Moderate Risk	25 - 50	Implement Moderate Fall Prevention Intervention
	No	0						
GAIT / Transferring	Impaired	20						
	Weak (uses touch for balance)	10						
	Normal /On Bed Rest /Immobile	0	0	0	0			
Mental Status	Forgets limitations	15				High Risk	≥ 51	Implement High Risk Fall Prevention Intervention
	Oriented to own ability	0	0	0	0			
Total Morse Fall Scale Score:			20	20	20			
Signature			<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>			

Tick (✓) whichever precaution taken.

Risk Level and Interventions

Low Risk (0 - 24) (Standard Falls Precautions)

- ☐ Ensure patients use their prescribed eye glasses if any, in the hospital
- ☐ Use chairs with arm rests
- ☐ Use safety straps on stretchers and wheelchairs while transporting patients

Moderate Risk (25-50) Apply all low risk intervention and

- ☐ Assist and/or supervise ambulation. Reinforce to always call for assistance
- ☐ Hourly safety check
- ☐ Assess patient after visitors, leave to ensure safety measures in place

High Risk (≥ 51) Apply all low and moderate risk interventions, and.

- ☐ Initiate constant observation by healthcare provider as appropriate to patient's needs



INTEGRITY IN SERVICE

with U.S. Air Force

27th Air Force

1950-1951

1952-1953

1954-1955

INTEGRITY IN SERVICE



Morse Fall Risk Assessment Form

Choose Highest Applicable Score from each Category			Date / Time	M	E	N	Fall Risk Grading		
			Score						
History of Falling (immediately or w/in 3 months)	Yes	25				Risk Level	Morse Fall Score (MFS)	Action	
	No	0	0	0	0				
Secondary Diagnosis (more than one diagnosis)	Yes	15				Low Risk	0 - 24	Standard Fall Precaution	
	No	0	0	0	0				
Ambulatory Aid	Furniture	30							Moderate Risk
	Crutches, Cane(S), Walker	15							
	None /Bed Rest /Nurse Assist	0	0	0	0				
IV / Heparin Lock or Saline	Yes	20	20	20	20	High Risk	≥ 51	Implement High Risk Fall Prevention Intervention	
	No	0							
GAIT / Transferring	Impaired	20				High Risk	≥ 51	Implement High Risk Fall Prevention Intervention	
	Weak (uses touch for balance)	10		10	10				
	Normal /On Bed Rest /Immobile	0	0						
Mental Status	Forgets limitations	15				High Risk	≥ 51	Implement High Risk Fall Prevention Intervention	
	Oriented to own ability	0	0	0	0				
Total Morse Fall Scale Score:				30	30	30			
Signature				Signature	Signature				

Tick (✓) whichever precaution taken.

Risk Level and Interventions

Low Risk (0 - 24) (Standard Falls Precautions)

- ☐ Ensure patients use their prescribed eye glasses if any, in the hospital
- ☐ Use chairs with arm rests
- ☐ Use safety straps on stretchers and wheelchairs while transporting patients

Moderate Risk (25-50) Apply all low risk intervention and

- ☐ Assist and/or supervise ambulation. Reinforce to always call for assistance
- ☐ Hourly safety check
- ☐ Assess patient after visitors, leave to ensure safety measures in place

High Risk (≥ 51) Apply all low and moderate risk interventions, and.

- ☐ Initiate constant observation by healthcare provider as appropriate to patient's needs

PATIENT TRANSFER FORM

GUC-00072743 IP18-00036559

Mrs VYSHNAJA VIJAYAN

26-11-1993 32 Y 7 M 25 D (F)

Dr. LUCETTA AMELIA DIAS



O.		Date & Time of Admission 21/7/2016 at 10:20pm	Date & Time of Transfer Order 21/7/2016 at 3:40pm
Treating Consultant name Dr. Lucetta		Transfer Ordered by Dr. Vinitha	Reason for Transfer Observation
From Unit LDR	To Unit 6th floor	Information to Attendant Yes ☒ No ☐	
Number of Sheets in Clinical File Whole IP FHS	Number of Imaging Films CTU → 2	Personal belongings including clinical documents. If any handed over to attendant Yes ☐ No ☒ If yes, what ?	
Medications / Consumables / Surgicals / Hand over			
Sl.No.	Item Name	Quantity	
1.			
2.			
3.			
4.			
5.			
Shifting Summary / Notes Written by Doctor : Yes ☒ No ☐ PT shifted to ward			
Name & Signature of Person who is Transferring S. Alencar 01800		Name of Person Ordered Transfer Dr. Vinitha	
Patient & Clinical Records Received by : Rauwara 020547			
Date & Time of Patient Received : 21/7/2016 @ 3:40pm			
If the transfer order time & Completion time is more than 30 minutes, please tick the reason mentioned below :			

☐ Unavailable Bed

☐ Nurse not Available

☐ Available Bed not ready

PATIENT TRANSFER FORM

Patient Name: <u>Mr. J. Smith</u> Room: <u>101</u>	
Date: <u>10/10/19</u> Time: <u>10:00 AM</u>	From Unit: <u>ICU</u> To Unit: <u>Med/Surg</u>
Reason for Transfer: <u>Discharge to Home</u>	
Transfer Order: <u>10/10/19 10:00 AM</u>	
Signature of Nurse: <u>[Signature]</u> Signature of Doctor: <u>[Signature]</u>	
Date & Time of Transfer: <u>10/10/19 10:00 AM</u>	
If the transfer order time is different from the time of transfer, please indicate the time of transfer here: <u>10/10/19 10:00 AM</u>	
Date & Time of Patient Return: <u>10/10/19 10:00 AM</u>	
Signature of Nurse: <u>[Signature]</u> Signature of Doctor: <u>[Signature]</u>	
Date & Time of Patient Return: <u>10/10/19 10:00 AM</u>	
If the transfer order time is different from the time of transfer, please indicate the time of transfer here: <u>10/10/19 10:00 AM</u>	

☐ Transfer to Bed

ICU No. 1001/1002/1003



LABOUR AND DELIVERY NURSING ASSESSMENT

Date of Admission: 21/7/26

Baseline Information:

Admission From: ☐ ER ☐ OPD ☐ Admission Desk ☐ Others: specify JDP

Primary Language: ☐ Telugu ☐ English ☐ Hindi ☒ Others Tamil

Do you require an interpreter? ☐ Yes ☒ No

Source of Information: ☒ Patient ☐ Family ☐ Others

Personal belonging if any: ☒ Jewelry ☐ Nose Ring ☐ Bangles ☐ Anklets ☐ Finger Ring ☐ Bracelets

handed over to Husband

Allergies: ☐ Yes ☒ No ☐ Medications ☐ Blood Transfusion ☐ Food ☐ Other:

If yes, identify

Chief Complaints: Complaints of
fever & chills / clo pain over
anal region / clo constipation

Doctor Notified on Admission: ☐ Yes ☒ No

Name of the Doctor: Dr. pavithra

Time Notified: 12pm

Past Medical History: Obtained From ☒ Patient ☐ Family Member ☐ Medical Record ☐ Other (specify)

Past Medical History	Past Surgical History	Previous Hospital Admission
Hypothyroid	perianal Abscess drainage D & C - 2022	-

Blood Group: A, Negative LMP: 10/12/25 EDD: 16/9/25 Gestational age during admission: 30w+3d

Contractions: NIL Vaginal Discharge: (+)

Obstetric History: G2 P1 L1 A1 Previous LSCS

Height: 163.6cm Weight: 66.1kg BMI:

Temp: 98.9 HR: 110bpm RR: 20bpm BP: 90/60mmHg SpO2: 99%

High Risk Factors: (Please select by ticking (✓) the box as applicable)

☒ Hypothyroidism	☐ Rh Incompatibility	☐ Fertility Treatment
☐ Hyperthyroidism	☐ Previous LSCS	☐ Preterm Labour
☐ Hypertension	☐ Gestational Hypertension	☐ Others: (Specify)
☐ Diabetes	☐ Bad Obstetric History	
☐ Anemia	☒ Obesity (BMI)	
	☐ Twins / Multiple Pregnancy	

Patient Sticker

Family History: ☒ No Abnormalities Detected

☐ Heart Disease ☐ Hypertension ☐ Diabetes ☐ Stroke ☐ Seizures ☐ Kidney disease

☐ Liver disease ☐ Other

Pain Assessment: Pain: ☒ Yes ☐ No (If Yes, complete the Pain Assessment / Reassessment Form)

Fall Assessment: ☒ Yes ☐ No Score (complete the Morse Fall Risk Assessment Sheet)

Risk of Pressure Sore: ☒ Yes ☐ No Score 27 (complete the Braden Q Sheet)

FUNCTIONAL SCREENING: If a patient needs assistance with any of the following inform consultant

☐ Mobility problem ☐ Walking Problem ☒ No Abnormality Detected

☐ Developmental Delay ☐ Musculoskeletal Congenital Abnormality

Inform consultant for positive criteria

NUTRITIONAL SCREENING:

☒ Overweight ☐ Poor Appetite > 3 Days ☐ Needs Therapeutic Diet.
☐ Under Weight ☐ Diabetes Mellitus ☐ No Abnormality Detected

Inform consultant for positive criteria

PSYCHOLOGICAL SCREENING:

☒ Calm & Cooperative ☐ Restless ☐ Depressed ☐ Agitated ☐ Confused
☐ Others

Inform consultant for positive criteria

SOCIAL SCREENING:

1. Marital Status: ☐ Single ☒ Married ☐ Divorced ☐ Widow

2. Special Habits: Smoker: ☐ Yes ☒ No Alcohol Abuse: ☐ Yes ☒ No Drug Abuse: ☐ Yes ☒ No

Social History: Lives With Husband

Orientation has been given regarding the following aspects:

Call Bell in Reach : ☒ Yes ☐ No Waste Disposal Explained: ☒ Yes ☐ No

Infusion Pump : ☐ Yes ☒ No Hand hygiene Explained: ☒ Yes ☐ No ☐ Others

Above information given to M/S. Vijayan & Vijayan

Name of Person Orientation was given to: Mrs. Vinchona Villafan

Orientation not given Reason:

Nurse Signature: [Signature]

Nurse Name: St. Margaret

Date & Time: 21/7/24 @ 12:15h.

OBSTETRIC TRIAGE ASSESSMENT FORM

Date: 21/7/26 Time of Arrival: 12pm Time Seen by Nurse: 12:09pm

1) Level of Consciousness: ☒ Conscious ☐ Semi-Conscious ☐ Unconscious

2) Chief Complaint (Reason for Visit): (Circle the item as appropriate)

☐ Severe Pain / Moderate Pain

☐ Preterm rupture of Membranes / Leaking Water PV

☐ Bleeding PV: Slight / Heavy

☐ Preterm Labor/ Labor

☐ Decreased Fetal Movement

☐ Spontaneous Rupture of Membrane / Leaking Water PV

☐ No Fetal Movement

☐ Other Reason: clo fever / chills, constipation

3) Vital Signs: Temperature: 98°F Pulse: 110bpm RR: 20bpm SpO₂: 99% BP: 90/60mmHg Weight: 66.1kg

4) Gestational Criteria:

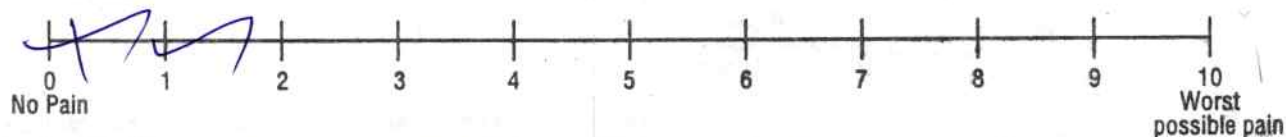
Gravida: G 2 P: 1 L: - A: 1

LMP: 10/12/25 EDD: 16/9/25 Gestational Age: 30w+3d

Uterine Contraction	☐ Yes ☒ No ☐ NA	Onset	Time	Frequency:
Membrane Rupture	☐ Yes ☒ No ☐ NA	Onset	Time	Fluid Color:
Vaginal bleeding	☐ Yes ☒ No ☐ NA	Onset	Time	Amount:
Pre Eclampsia Symptoms	☐ Yes ☒ No ☐ NA	If Yes specify: Headache / Visual Symptoms / Pain Abdomen / Vomiting		
Good fetal Movement	☒ Yes ☐ No ☐ NA	If No specify:		

5) Pain Screening:

Numerical Pain Scale (NPS)



⑩ Location: lower abd perineal region

⑩ Duration: 2 Days / Weeks / Months (Strike out which is not applicable)

⑩ Character: moderate pain

⑩ Frequency: intermittent

⑩ Interventions: provide comfortable position

6) Past History:

a) Surgeries: D & C / perianal drainage

b) Medical: Hypothyroidism

7) Allergy: ☐ Yes ☒ No, If Yes :8) Current Medications: ☐ Prenatal Vitamin ☐ None ☒ Others: 1. Thysonorm 12.5

9) Prenatal Medical History:

☐ None☐ Chronic Hypertension☐ Gestational Hypertension☐ Diabetes☐ Gestational Diabetes☐ Low placenta☒ Others if yes, specify Hypothyroidism

Triage Category: (Please tick on the category)

Refer to **OBSTETRICAL TRIAGE ACUITY SCALE (OTAS)**☐ **Category I:** Resuscitative (Time to Physician: Immediate & Reassessment: Continuous nursing care)☐ **Category II:** Emergent (Time to Physician: ≤ 15 minutes & Reassessment: Every 15 minutes)☒ **Category III:** Urgent (Time to Physician: ≤ 30 minutes & Reassessment: Every 15 minutes)☐ **Category IV:** Less Urgent (Time to Physician: ≤ 60 minutes & Reassessment: Every 30 minutes)☐ **Category V:** Non Urgent (Time to Physician: ≤ 120 minutes & Reassessment: Every 60 minutes)

OBCU Obstetrical Triage Acuity Scale (OTAS)

OTAS	Level 1 (Resuscitative)	Level 2 (Emergent)	Level 3 (Urgent)	Level 4 (Less Urgent)	Level 5 (Non Urgent)
Level 1 (Resuscitative)	Immediate	≤ 15 minutes	≤ 30 minutes	≤ 60 minutes	≤ 120 minutes (2 Hours)
Re-Assessment	Continuous Nursing Care	Every 15 Minutes	Every 15 Minutes	Every 30 Minutes	Every 60 Minutes
Labour / Fluid	Imminent Birth	Suspected Pre-term Labour / PPROM < 37 Weeks	Signs of Active Labour > 37 weeks	Signs of Early Labour/ SROM > 37 weeks	Discomforts of Pregnancy
Bleeding	Active Vaginal bleeding with/ without abdominal pain	Bleeding associated with cramping (<spotting) <37 weeks	Bleeding associated with cramping (>spotting) >37 weeks	Spotting	
Hypertension	Seizure activity	Hypertension > 160/110 and / or headache, visual disturbance, RUQ pain	Mild hypertension > 140/90 with/without associated signs and symptoms		
Fetal Assessment	Abnormal FHR tracing Non-Fetal Movement	Atypical FHR tracing, abnormal dopplers Diseased fetal movement			
Others	● Acute onsite severe abdominal pain ● Altered level of consciousness ● Cord prolapse ● Severe respiratory distress ● Suspected sepsis	● Major trauma ● Shortness of breath ● Unplanned and unattended birth	● Abdominal/back pain greater than expected in pregnancy ● Flank pain / hematuria ● Nausea /vomiting and /or diarrhea with suspected dehydration	● Ongoing assessment from out patient clinic (for hypertension, blood work) ● Minor trauma (minor MVC/fall) ● Nausea/Vomiting and /or diarrhea ● Signs of infection (ie dysuria ,cough, fever, chills)	● Anything that does not seem to pose threat to mother or fetus ● Cervical ripening ● Out patient placenta previa protocols ● Pre-booked visits (ie Rh and progesterone injections, NST ● Assessment for version ● Rashes

Time seen by Doctor: 12pmNurse Name : S. Parameswari Nurse Signature: R. PalanDate: 21/3/26 Time: 12:25pm

GUC-00072743 IP18-00036559
 Mrs VYSHNAJA VIJAYAN
 26-11-1993 32 Y 7 M 25 D (F)
 Dr. LUCETTA AMELIA DIAS



ASSESSMENT TOOL FOR DEEP VEIN THROMBOSIS

POSTNATAL ASSESSMENT AND MANAGEMENT (TO BE ASSESSED ON DELIVERY SUITE)

Date: 21/7/26

Pre - Existing Risk Factors	Tick	Score
Previous VTE (except a single event related to major surgery)		4
Previous VTE provoked by major surgery		3
Known high-risk thrombophilia		3
Medical comorbidities e.g. cancer, heart failure; active systemic lupus erythematosus, inflammatory polyarthropathy or inflammatory bowel disease; nephrotic syndrome; type I diabetes mellitus with nephropathy; sickle cell disease; current intravenous drug user		3
Family history of unprovoked or estrogen-related VTE in first-degree relative		1
Known low-risk thrombophilia (no VTE)		1
Age (≥ 35 years)		1
Obesity	✓	1 or 2
Parity ≥ 3		1
Smoker		1
Gross varicose veins		1
Obstetric Risk Factors		
Pre-eclampsia in current pregnancy		1
ART/IVF (antenatal only)		1
Multiple pregnancy		1
Caesarean section in labour		2
Elective caesarean section		1
Mid-cavity or rotational operative delivery		1
Prolonged labour (24 hours)		1
PPH (1 litre or transfusion)		1
Preterm birth 37 ⁺ weeks in current pregnancy		1
Stillbirth in current pregnancy		1
Transient Risk Factors		
Any surgical procedure in pregnancy or puerperium except immediate repair of the perineum, e.g. appendectomy, postpartum sterilization		3
Hyperemesis		3
OHSS (first trimester only)		4
Current systemic infection		1
Immobility, dehydration		1
Total		01
Signature of the Nurse	s/n parameswari 016808	
Action Plan		

RISK ASSESSMENT FOR VENOUS THROMBOEMBOLISM (VTE)

- ✓ If total score ≥ 4 antenatally, consider thromboprophylaxis from the first trimester.
- ✓ If total score 3 antenatally, consider thromboprophylaxis from 28 weeks.
- ✓ If total score ≥ 2 postnatally, consider thromboprophylaxis for at least 10 days.
- ✓ If admitted to hospital antenatally consider thromboprophylaxis.
- ✓ If prolonged admission (≥ 3 days) or readmission to hospital within the puerperium consider thromboprophylaxis.

For patient with an identified bleeding risk, the balance of risks of bleeding and thrombosis should be discussed in consultation with a haematologist with expertise in thrombosis and bleeding in pregnancy.

NUTRITIONAL ASSESSMENT FOR OBSTETRICS PATIENTS

Date: 22/07/2026

Time: 12:35 PM

Origin: —

Height: 163.6 cm

Weight: 66.1 kg

BMI: ☒ ~26 kg/m²
☐ ~28 kg/m²
☐ ~30 kg/m²

Food Allergies: Milk

Diagnosis: G2A1 / G4A-30 weeks + 3 days / Fever for Evaluation / Perineal Abscess.

Type of Diet: ☐ Liquid ☒ Soft ☐ Normal
☐ Vegetarian ☒ Non-Vegetarian

☐ Diabetic
☐ Vegan

Hypothyroid since Conception

Diet Advised:

Liquid Diet – ORS/ Coconut Water / Butter Milk / Barley Water / Soups

Normal Diet – Rice, Rotis, Dal and Soft Cooked Vegetables and Curd

Soft Diet – Soft Rice, Dal and Vegetable Curries Soft Cooked, Curd

Diabetic Diet – Brown Rice / Oats/ Dahlia/ Rotis, Dal and Vegetables and Curd (Avoid Roots / Tubers)

Patient's / Attendant's

Signature: *Vyshnaja*

Name: VYSHNAJA VIJAYAN

Date & Time: 22/07/26 12:35 PM

Dietician's

Signature: *A. Sadigra Fazeen* (018336)

Name: A. Sadigra Fazeen

Date & Time: 22/07/26 12:35 PM

DIETARY NOTES

Date	Time	Notes	Sign
21/07/26	2:50 PM.	- Patient is on Soft Diet. - Patient is stable. Oral intake is Better. - Advised to take easy - digest foods. - Gavage small - frequent meals. - Plenty of fluids - 2.5-3 l/d.	A.M. (018336)
22/07/26	08:59 AM	- Patient on Soft Diet - - Tolerated liquids - - Patient is stable. Oral intake is Adequate. - Advised to take well-Balanced, easy - digest foods. - To include Protein - Rich foods. RDA: Values - Energy - +350 Kcal Protein - +23 g/d.	A.M. (018336)
23/07/26.	10 AM -	- Patient is on Soft - Normal Diet - Patient is stable. Oral intake is Adequate. - Advised to take Protein-Rich foods. - Plenty of fluids. - Stools passed.	A.M. (018336)